

Samaritan  Bethany

Arbor Terrace

March 2023



**HELLO! I'M ROXY!
AND, WERE PART OF
STEPHANIE'S PACK!**

**I'M BELLA!
HAPPY ST. PATTY'S
DAY EVERYONE!**

HEY! I'M BURT!



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~ A Message from the ~ Housing Community Leader



February was a special month and we had a whole lot of love in the air! We had a nice Valentine's Day Dinner which everyone enjoyed. There were even some secret admirer's who bought the ladies flowers and chocolates!

March is on track to be just as exciting as February! We have lots of events on the way. St. Patrick's Day is one of our favorite holiday's to celebrate. We have treats, green beer and lots of shenanigans that take place. We also have a fun outing to the Apache Mall coming up on March 29th!

March is also the month for advocacy and on the 13th we will be going to the Capitol! I hope to have some letters and videos from residents, staff, and families to share with our legislators. If you want your voice heard and are interested please come see me!

Warm Regards,

Rachael Maxfield



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UPDATES ON COVID-19



New COVID Cases

0 staff

0 resident

Flu Cases (confirmed)

0 staff

0 resident

- Outbreak testing will occur for residents exposed as well as staff identified through contact tracing.
 - Visitation for Arbor Terrace will continue.
 - Please make sure you are practicing good hand hygiene!
 - It is still a requirement to wear a mask when walking through Arbor Terrace in public spaces.
 - If you are in a closed space with individuals you feel comfortable around or eating you can remove your mask.
 - Mask wearing for visitors and staff is a requirement until the COVID transmission rate for Olmsted county is below the high level.
-

16th Annual

Samaritan  *Bethany*

GOLF CLASSIC

Monday, June 19, 2023

Somerby Golf Club

Registration opens March 15
samaritanbethany.com

SAVE
THE
DATE







MARCH HIGHLIGHTS

- ☘ March 1st Resident Forum @ 2:30pm
- ☘ March 8th Women's Breakfast at 9am on Heritage 3
- ☘ March 10th Food Forum at 9:30am in Community Room
- ☘ March 16th St. Patrick's Day Party at 2:30pm in IL Dining
- ☘ March 24th Men's Breakfast at 9am on Heritage 3
- ☘ March 29th Arbor Mall Outing 11am - 2pm

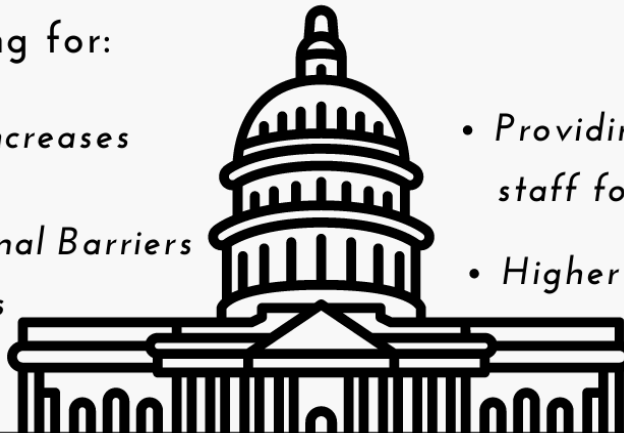
MARCH 13TH, 2023

DAY AT THE CAPITOL

You can make your voice heard at the Capitol by participating in a letter-writing campaign or by having a short video recorded with your message. They will be dropped off at the governor's office on advocacy day March 13th, 2023. If you would like to participate please see Rachael Maxfield before March 10th, 2023. We want to hear the voices of residents, families, and staff!

We are advocating for:

- *Staff Wage Increases*
- *Reducing Operational Barriers between transitions*
- *Providing services and more staff for seniors*
- *Higher Elderly Waiver Rates*



RESIDENT SPOTLIGHT

**Story Provided By
Sylvia V.**



Lutheran Airlines!

WE ARE PLEASED TO ANNOUNCE LUTHERAN AIRLINES IS NOW OPERATING IN MINNYSOTA! ALSO SERVING VISCONSIN, NORDERN MITCHIGEN, NORT & SOUT DAKOTA

If you are travelin soon, consider Lutran Air, the no-frills airline. You're all in da same boat on Lutran Air, here flyin is a upliftin experience.

Dair is no first class on any Lutran Air flight. Meals are potluck. Rows 1 tru 6, bring rolls; 7 tru 15, bring a salad; 16 tru 21, a hot dish, and 22-30, a dessert. Basses and tenors please sit in da rear of da aircraft. Everyone is responsible for his or her own baggage. All fares are by free will offering, and da plane will not land til da budget is met. Pay attention to your flight attendant, who vill acquaint you wit da safety system aboard dis Lutran Air.

Okay den, listen up; I'm only gonna say dis vonce: In da event of a sudden loss of cabin pressure, I am frankly gonna be real surprised and so vill Captain Olson, because ve fly right around two tousand feet, so loss of cabin pressure would probably mean da Second Coming or someting of dat nature, and I wouldn't bodder with doze liddle masks on da rubber tubes--you're gonna have bigger tings to worry about den dat.

Just stuff doze back up in dair liddle holes. Probably da masks fell out because of turbulence which, to be honest wit you, we're gonna have quite a bit of at two tousand feet, sorta like driving across a plowed field, but after a while you get used to it.

In da event of a water landing, I'd say forget it. Start saying da Lord's Prayer and just hope you get to da part about forgive us our sins as we forgive dose who sin against us, which some people say 'trespass against us,' which isn't right, but what can you do? Da use of cell phones on da plane is strictly forbidden, not because day may confuse da plane's navigation system, which is by da pants all da way. No, it's because cell phones are a pain in da wazoo, and if God had meant you to use a cell phone, He wudda put your mout on da side of your head.

We start lunch right about noon and it's buffet style wit da coffeepot up front.

Den we'll have da hymn sing; hymnals are in da seat pockets in front of you. Don't take yours wit you when you go or I am gonna be real upset and I am not kiddin!

Right now I'll say Grace: Come, Lord Jesus, be our guest and let deze gifts to us be blessed. Fader, Son, and Holy Ghost, May we land in Dulut or pretty close.

Meet the Staff

What's the weirdest thing you've seen someone else do?

Pick their nose and eat it!

What's the worst hairstyle you've ever had?
Bowl-cut bob.

If you were a car, which one would you be?

Big Body Benz.

What's the most embarrassing thing you've ever done in public?

Tripped right in front of somebody

If you had a superpower you could only use once a month, what would it be?
Invisibility.

If you got arrested, what would it most likely be for?
A high speed chase.

What bad smell do you hate the most?
Musty Feet.

What's the creepiest thing you could say to a perfect stranger?
I've been watching you.



Bella Smith

CNA-Assisted Living

S H A R E W H A T Y O U C A N
please help us keep the food pantry stocked!



**FOOD
DRIVE**

The month of March

**Drop off items at
the reception desk**

$$\text{Irish Flag} + \text{Clover} + \text{Clover} = 138$$

$$\text{Irish Flag} \div \text{Clover} = 1$$

$$\text{Clover} + \text{Leprechaun Hat} + \text{Leprechaun Hat} = 100$$

$$\text{Accordion} = 4 \times \text{Irish Flag} + 14$$

$$\text{Clover} + \text{Irish Flag} + \text{Leprechaun Hat} + \text{Accordion} = ?$$

The number in each square corresponds to a letter. The same number represents the same letter. Crack the code and fill the grid by determining which letter relates to which number. To help you get started three word entries have picture clues, and four letters are already in place.



ANSWER: 1-G, 2-R, 3-E, 4-N, 5-S, 6-M, 7-B, 8-T, 9-I, 10-O, 11-W, 12-D, 13-V, 14-C, 15-A, 16-H, 17-Y, 18-L, 19-U, 20-F, 21-P, 22-Z, 23-J, 24-K.

Friends of Arbor Terrace



Friends of Arbor Terrace is a page dedicated to the businesses and organizations that work with our residents so you are informed about the kindness and generosity of our local community.