

# Arbor Terrace

## May 2023



Hi! I am  
Maximus! I  
Christa's Pup!

Hello!  
I'm Queen Cleopatra.  
bow before my  
kitty-cute ways!



Samaritan  Bethany



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Leader

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Meet the Staff

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Campaign

Fun & Games

## ~ A Message from the ~ Housing Community Leader



Happy May!

The flowers are blooming and patio furniture is out for the season. We have turned a corner and I can feel the warm spring air coming just in time for all the fantastic holiday's in May.

May 1st - May Day

May 4th - Star Wars Day (May the 4th be with you)

May 5th - Cinco De Mayo

May 14th - Mother's Day

May 29th - Memorial Day

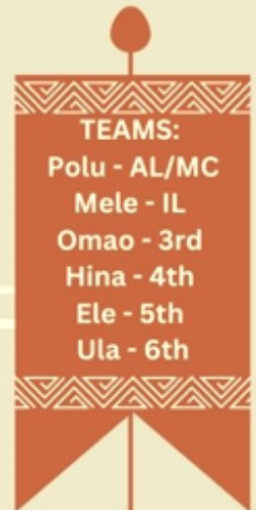
We also have a lot of fun events and programs coming up this spring and summer. May 15th - 19th will be Homes for the Aging Week where we celebrate with events, treats, and fun activities to bring staff and residents together. See the next page for more details regarding the week!

We are also going to have an open house for prospect residents to visit Arbor Terrace on May 16th & 19th.

Don't Forget:

In June we will have our annual Golf Classic and Garage Sale we are starting our donation collection in May!





#### Monday 5/15/23

- Casual Attire Day
- Opening Ceremony at 2 pm in the Chapel
- Team Name and Color Reveal
- Flag Kits Distributed

#### Tuesday 5/16/23

- Hawaiian and Tourist Dress Up
- Food Challenge 1-3 pm at each Tribe Neighborhood

#### Wednesday 5/17/23

- DRESS YOUR TRIBE COLOR DAY
- Parade at 1 pm meet in Samaritan Pub
- Flag Reveal

#### Thursday 5/18/23

- Shipwrecked Attire Day
- Staff & Resident Obstacle Course Challenge at 1:30 pm in Home on 8th Garage
- Tim Kreise music in Courtyard at 2:30 pm

#### Friday 5/19/23

- Casual Attire Day
- Final Tribal Council at 2:00 pm in Chapel
- Ice Cream Truck in Garage 1-4 pm

HOW YOUR TRIBE  
WINS SURVIVOR

During the week dress up days and event participation tokens will be distributed at the front desks and by individuals leading the events!

Whichever tribe has the most tokens in their jar by the end of the week will WIN the GRAND PRIZE at Final Tribal Council!

Samaritan  Bethany





# Samaritan Bethany Arbor Terrace

## Spring Open House

*Join us for food, prizes & fun!*

Come explore the different  
living options we offer at  
Arbor Terrace!

- Guided Tours
- Refreshments & Snacks
- Resident Testimonials

**May** 16th 9a-11a  
19th 2p-6p

**For a Private  
Tour RSVP to  
507-424-4061**



Independent Living. Assisted Living. Memory Care  
700 2nd Ave NW Rochester, MN 55901



# SPRING CLEANING

During the month of May and up until June 16th we are accepting garage sale donations! We are promoting SPRING CLEANING and all funds from the Arbor Terrace garage sale will go toward our Community Room Campaign!

## ACCEPTING:

- Furniture
- Small Appliances
- Wall décor
- Kitchen Items
- Clothes
- Books
- Games & Puzzles
- Household Items & Equipment
- Unused or unopened toiletries

## NOT ACCEPTING

- Beds
- Large Appliances
- Baby Equipment
- Broken or damaged technology
- Medical Equipment
- Shoes
- Undergarments

A poster for a garage sale. The background is teal with white dots. At the top right, it says 'ARBOR TERRACE PRESENTS'. In the center, a large white circle contains the words 'GARAGE Sale' in orange and black. To the left of this circle, an orange circle contains the dates 'June 30th and July 1st'. Below the central circle, there are icons of various items: a washing machine, a picture frame, a microwave, a lamp, a stack of boxes, and a CD. At the bottom left, a white box says 'START FROM 50¢'. At the bottom right, a blue box contains the dates and times: 'June 30th 10am - 4:00pm' and 'July 1st 8am - 12pm', followed by 'ARBOR TERRACE' and the address '700 2nd Ave. NW Rochester, MN 55901'.



# A Look Back at Arpril









# Samaritan Bethany

## CYCLING WITHOUT AGE



It's that time of year where Samaritan Bethany is getting ready for another beautiful summer here in Rochester, and there is no better way to enjoy it than volunteering as a Pilot for the CWA program!

This is a call to all our amazing staff, family and friends to sign up to be a volunteer to become pilots and to take our beloved elders on a short adventure!

If you are interested you can contact our volunteer coordinator **Ronnie** at [rrobertson@samaritanbethany.com](mailto:rrobertson@samaritanbethany.com) to get the process going!

### What do you need to do to become a pilot.

1. **Fill out Volunteer Application.**
2. **Pass background check.**
3. **Get fingerprinted.**
4. **Go through the CWA orientation.**
5. **Find a time that fits your schedule.**





# Samaritan Bethany

## GOLF CLASSIC

MONDAY JUNE 19, 2023  
SOMERBY GOLF CLUB



## JOIN US FOR A DAY OF GOLF

### SCHEDULE

- 11:00** DRIVING RANGE AND PUTTING GREEN  
OPEN FOR PRACTICE
- 11:30** REGISTRATION OPENS WITH FREE  
BLOODY MARY BAR & LUNCH BUFFET
- 12:15** WELCOME & INSTRUCTIONS
- 12:30** SHOTGUN START
- 5:30** HAPPY HOUR WITH DINNER & AWARDS  
CEREMONY TO FOLLOW; SILENT AUCTION

### DETAILS

- ENTRY FEE:** FOURSOME: \$800  
INDIVIDUAL: \$200
- EVENT:** 18 HOLE 4-PERSON SCRAMBLE;  
INCLUDES CART, BLOODY MARY BAR,  
LUNCH, DINNER, SILENT AUCTION & RAFFLE
- PRIZES:** CLUB GIFT CERTIFICATES TO FLIGHT  
WINNERS
- DINNER ONLY GUESTS:** \$60 PER GUEST

REGISTER ONLINE AT  
[SAMARITANBETHANY.COM](https://SAMARITANBETHANY.COM)  
SCAN QR CODE



**ENTRY DEADLINE: JUNE 9, 2023**

## CONTACT US

Samaritan Bethany Foundation  
Rita Hawkins  
[rhawkins@samaritanbethany.com](mailto:rhawkins@samaritanbethany.com)  
507.923.4723





# Meet the Staff

Who is your hero?  
**My Mother.**

If you could live anywhere, where would it be?  
**Arizona or Italy**

What did you want to be when you were young?  
**A singer/song writer.**

What is your biggest fear?  
**Drowning.**

What is your go to Karaoke song?  
**"Friends in Lowly Places" by Garth Brooks**

If you could choose to do anything for a day, what would it be?  
**Go Parasailing**

What is your favorite sport to watch?  
**Football!!!  
GO Vikings and Steelers!**

Bicchiere di vino!

Michelle Jones  
Life Enrichment Partner



# Samaritan Bethany Arbor Terrace

## COMMUNITY ROOM *Campaign*

### *Why*

Arbor Terrace residents look for places to gather and spend time together. We have nooks and common alcoves but are lacking an area that is private, inviting, and allows fostering of self directed or community activities. We strive to promote life enrichment and all facets that encompasses mind, body and spirit!

### *Our Goal*

The objective is to raise \$80,000 that will allow Arbor Terrace to renovate and improve the current Community Room. This project will involve construction, new furnishings, and community resources to cater to the preferences of our residents. We need your help to make this vision come to life!

### *What's the Plan*

Arbor Terrace plans to advertise and promote donations internally toward this fund throughout the foreseeable future. At events like our annual garage sale, annual family picnic, and may even plan some special fundraising events to specifically raise funds for this project. The staff at Arbor Terrace will also start their endeavors of gathering data on the wants and needs of our residents and families. This will take time and the only way to make it happen is to start somewhere and right now it's just beginning!

## DONATE TODAY!

Contact Rachael Maxfield or Rita Hawkins  
with any questions.

Donations via checks or cash can be dropped off at the  
receptionist desk.

Checks made payable to Samaritan Bethany Foundation.





# Happy Mother's Day

## Mother's Day by the Numbers

### The First Mother's Day



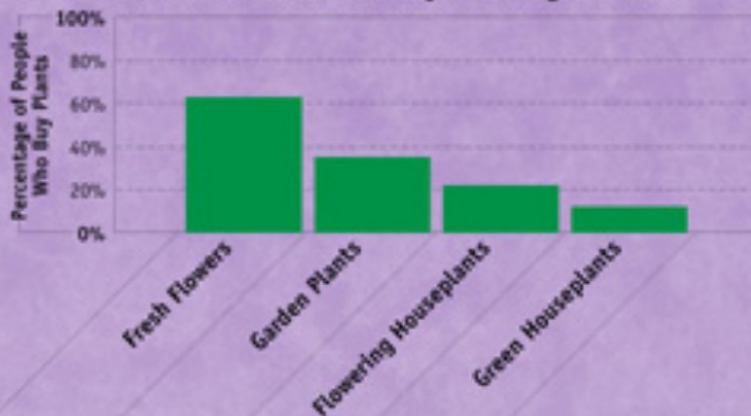
**Anna Jarvis** first organized observances in Grafton (West Virginia) & Philadelphia on **May 10, 1908**. As the annual celebration became popular around the country, Jarvis asked members of Congress to set aside a day to honor mothers. She finally succeeded in **1914**, when Congress designated the second Sunday in May as Mother's Day.



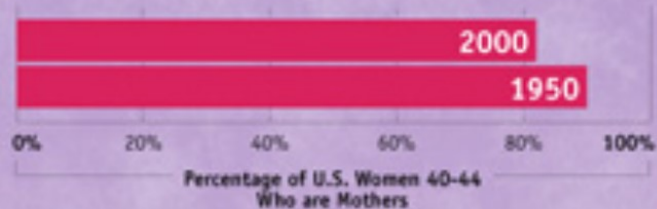
Today...  
**96%**  
of Americans take part in Mother's Day in some way.



Flowers are the most common way of telling Mom "Thanks!"



In the United States, there are about **82.5 million mothers**.



The percentage of 40-44 year old American women who are mothers **declined almost 10 percent** between the 1950s and 2000.

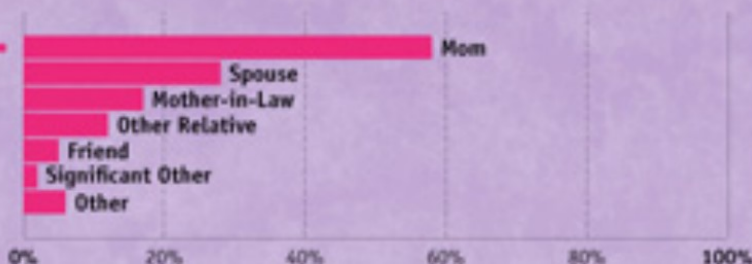
**2x** About twice as many young women were childfree in 2000, compared to the 1950s.

Mother's Day is the **second highest** U.S. gift-giving holiday.

**8%** of Mother's Day gift buyers are buying for themselves



The remaining 92% are buying for:



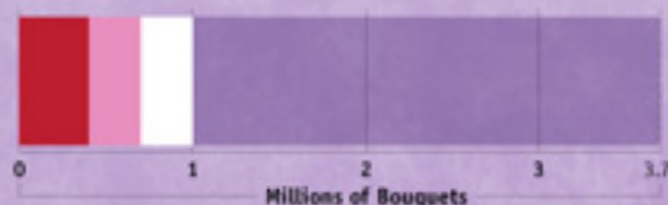
Mother's Day is the **busiest day** of the year for many restaurants.

It's also reported as the **peak day** of the year for long distance phone calls.





In the UK, **3.7 million bouquets** were bought and sent for Mother's Day 2006 (which the Brits celebrate about 2 months before Americans do).



About 400,000 of those bouquets consisted solely or primarily of **roses**, while 300,000 people opted for **tulips**, and a further 300,000 chose **freesia**.

In addition to the 3.7 million bouquets, about **100,000** opted for **potted plants** instead.



More than **23,000** florists nationwide

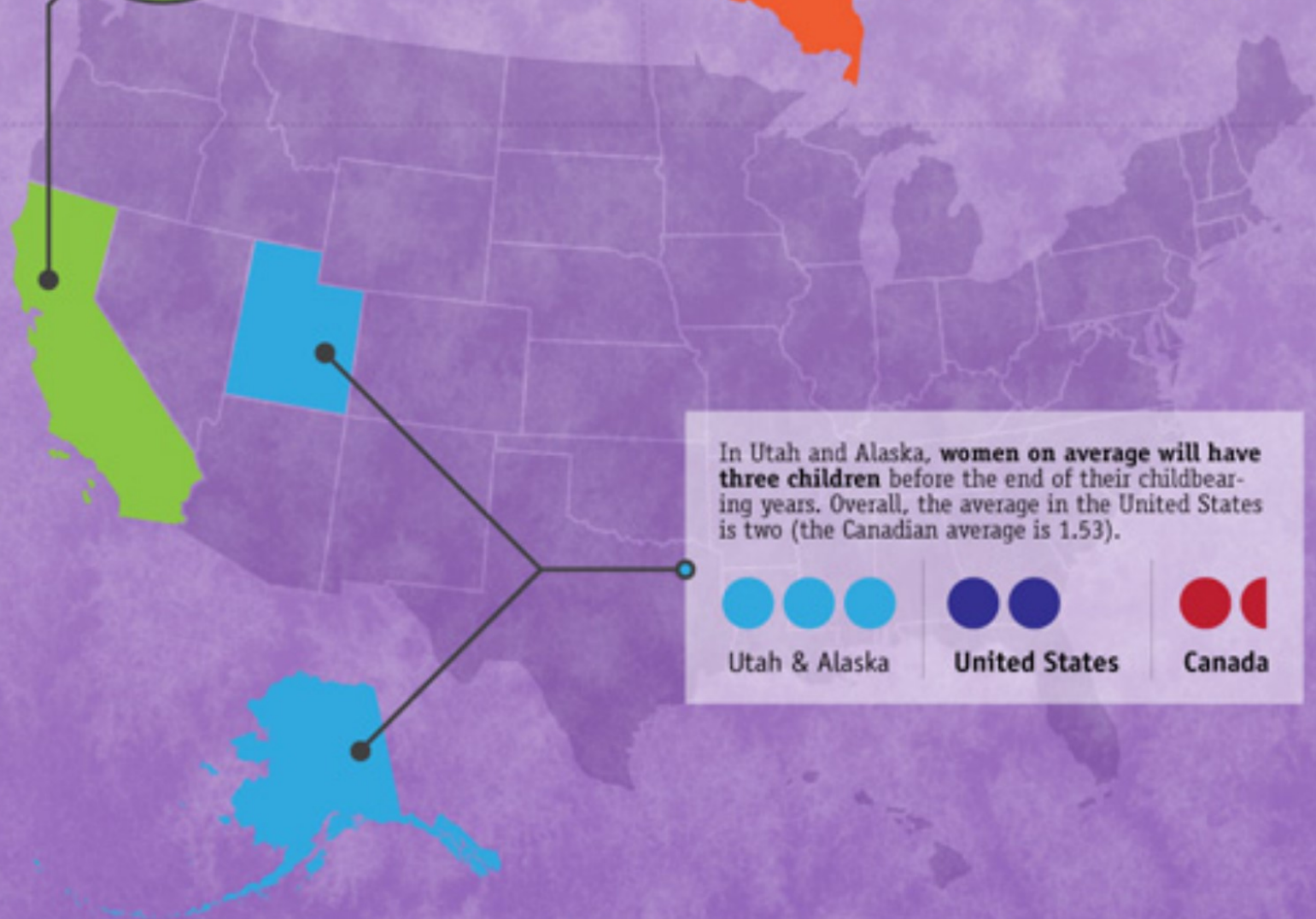
employ **125,000** people



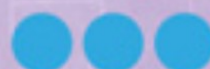
**Two-thirds** of domestic cut flowers are produced by **California**.



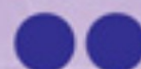
**Colombia** is the leading foreign supplier of **fresh flower buds** and **cut flowers** to the United States



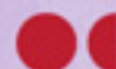
In Utah and Alaska, women on average will have **three children** before the end of their childbearing years. Overall, the average in the United States is two (the Canadian average is 1.53).



Utah & Alaska



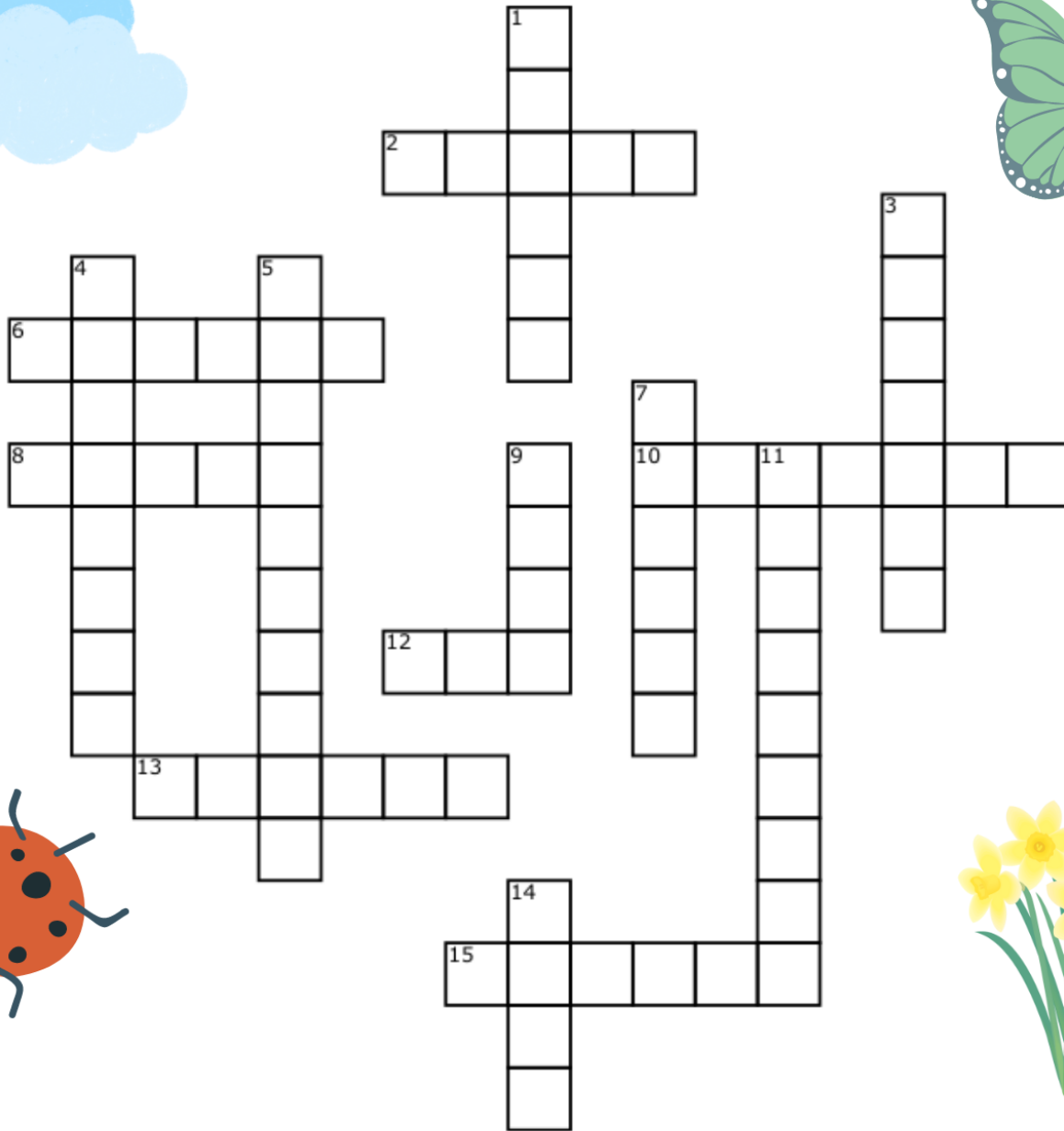
United States



Canada



# Spring is in the Air



## **Across**

- 2.** Hot \_\_\_\_\_ buns  
**6.** Light outer garment  
**8.** Colorful parts of a flower  
**10.** Insect with a red back and spots  
**12.** Warms the earth

**13.** A girl's Easter head adornment

**15.** Grow on trees and plants

## **Down**

- 1.** A short, brief rain  
**3.** Spectrum of light in the sky after rain  
**4.** Spring sport

**5.** Colorful, chewy candy

**7.** Opposite of sunny

**9.** You mow it

**11.** Yellow flowers that bloom in the spring

**14.** To become liquid



# Happy Mothers Day



## APPRECIATION

BEAUTIFUL  
BREAKFAST  
CANDY  
CHARMING  
COMFORT  
DEVOTED  
FLOWERS  
FORGIVING  
GIFTS

## GUIDANCE

HUGS  
JEWELRY  
JOY  
KISSES  
LAUGHTER  
LOVE  
MATERNAL

## MOM

MOTHER  
NURTURE  
PERFUME  
PROTECTIVE  
SHARE  
TELEPHONE  
TENDER

## THE BEST

WARM  
WISE

**DIRECTIONS:**  
Find and circle the  
vocabulary words  
in the grid. Look  
for them in all  
directions including  
backwards and  
diagonally.



# Friends of Arbor Terrace



**NORTHROP  
EDUCATION  
CENTER**



Friends of Arbor Terrace is a page dedicated to the businesses and organizations that work with our residents so you are informed about the kindness and generosity of our local community.