

Arbor Terrace

FEBRUARY 2024



Samaritan  Bethany

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Happy February! Here we go full swing into 2024!

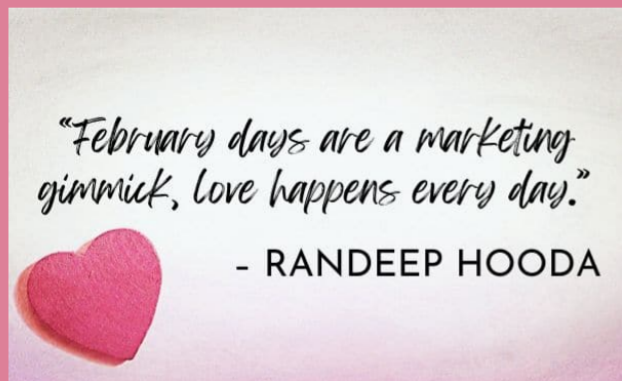
The past month we started the year with relaxation, new activities and a bit of frigid temps outside. We look forward to a month of celebrating love and football.

Some updates regarding Arbor Terrace:

- We received new nameplates outside everyone's apartments in Independent Living.
- February 11th at 5:15pm in the Pub we will be celebrating the 58th NFL Superbowl! Skol! Go Bears!
- We have a few individuals moving in during February and look forward to everyone welcoming them to the Arbor Terrace happenings.
- Grandma Ly (Homemaker in the IL Dining Room) retired and we wish her the best, her portions will be missed.
- This month we are focusing on refreshing and sprucing the common areas of Arbor Terrace. If you see a mess or an area needing attention let the staff know!

With love,

Rachael Maxfield



Samaritan  *Bethany*

COMMUNITY

CIRCLES

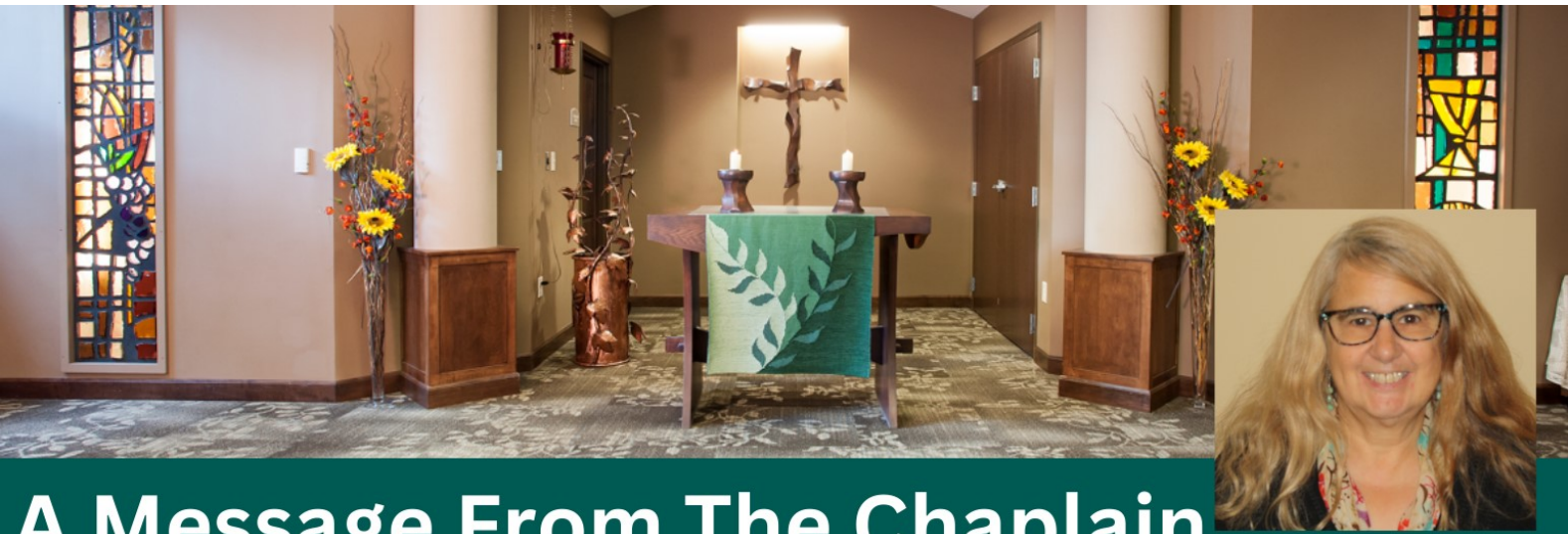
Gather around with staff and your neighbors! These circles are a time to get to know one another and have some light hearted conversation to connect us as a family!

Thursday 2/1 at 10:30am in AL

Friday 2/9 at 10:30am in AL

Thursday 2/15 at 10:30am in AL

Friday 2/23 at 10:30am in AL



A Message From The Chaplain

We are done with all the Christmas celebrating and most of the post-Christmas stories such as the story about the Magi. In February we will be starting our season of Lent. We will not be having a Ash Wednesday Service but you will find me coming to you (Residents and staff) to distribute ashes on February 14. If you would like ashes on Ash Wednesday let me know. I am willing to distribute Ashes in groups or to individuals. Please let me know what you might like to see or do during the season of Lent. Is there a tradition or some spiritual activity that was meaningful to you that we can replicate during Lent? Tell me about it. Bible study still needs support. Please join us for some great discussion – we would love your insights. You don't have to be a regular reader of the Bible or particularly religious to participate; all comments and insights are welcome. The 2:15 Informal Church Service which I have been conducting now for a couple of months is going well. Sometimes I call it "Church Around the Table". It's a short service, everyone is welcome and everyone gets to share. The 1:30 Church Service on Sundays has really grown and I am so excited about your participation and I love to see you there. Remember I am happy to visit with you individually, please feel free to ask for an individual visit, to talk about anything.

Blessings Chaplain Cindy

LOVELY ACTIVITIES TO TRY

**Feb
11**

**Superbowl Party
Samaritan Bethany Pub @ 5pm**

**Feb
14**

**Women's Breakfast
Heritage 3 @ 9am**

**Feb
23**

**Men's Breakfast
3rd Heritage @ 9am**

**Feb
29**

**Leap Year Happy Hour
2:30pm in IL Dining Room**

Weekly Re-Occurring Activities

Mondays & Fridays at 10am Exercise in IL Dining Room

Tuesdays at 10am Bible Study with Chaplain in Community Room

Tuesdays at 2:30pm BINGO in IL Dining Room

Thursdays at 2:30pm Happy Hour in IL Dining Room

Fridays at 2:30pm BINGO in Assisted Living Dining Room

Sunday's at 9am and 1:30pm Church Service in Chapel

Mardi Gras!



Mardi Gras, also known as Carnival, is celebrated on or after the Christian feast of the Epiphany. In French, Mardi Gras means "Fat Tuesday," since people typically eat fatty foods before the ritual fasting of Lent, which starts on Ash Wednesday.

It's believed that the first Mardi Gras celebration in the United States took place in what is now Louisiana in 1699, brought to Louisiana by French-Canadian explorer Pierre Le Moyne d'Iberville.



The first New Orleans Mardi Gras parade took place in 1837, and the first floats were horse-drawn carts and wagons.



Bead throwing originated in 1972, when the king of the first daytime Carnival asked people to toss glass beads to people exhibiting the meaning of the colors he chose: green for faith, gold for power, and purple for justice.

King cake symbolizes the biblical three kings who visited the Christ child on Epiphany, the 12th day after Christmas. Traditional king cake has a ring of twisted cinnamon dough with icing or sugar on top, in the colors of Mardi Gras.

A small plastic or porcelain baby figurine is hidden inside of the cake. In Southern culture, whoever finds the trinket has to host the next Mardi Gras party or buy the following year's king cake.



SUPER BOWL LVIII



VS



Sunday February 11th, 2024 at 5:30 PM

Apple Music Halftime Show will be
headlined by Usher!



17th Annual **GOLF CLASSIC**

Golfing for a Cause

Monday, June 17, 2024

New 11:00am Shotgun

Somerby Golf Club

*Save
the
Date*

Arbor Terrace

Frequently Asked Questions

What is the hours of operation for the bus and how do I get on the schedule?

Monday - Thursday 8a-4p and on Fridays 8a-12p, we take a shopping trip every Friday at 1pm. If your scheduled appointment runs past 4p you will need to find transport home.

What if I am not on a meal plan or signed up for one?

You can come to any meal service and we charge per meal (a la carte). We ask you pre fill in your weekly menus for meal count to the kitchen if you anticipate eating.

How do you track charges for meals and extra services?

We track meals per occurrence you actually come and eat. The homemakers mark on a tracking sheet for billing

How do I know if I can go to an activity and where/when they are?

EVERYONE is welcomed and encouraged to attend all activities. You can locate activity calendars in each neighborhood, elevators, by mailboxes, and we distribute weekly calendars as well.

Are you accepting donations for the garage sale?

We are currently **NOT** accepting garage sale donations. We will notify you as it grows closer to the date and what we are/are not accepting as donations.

What to do if there is no sound/picture on the TV?

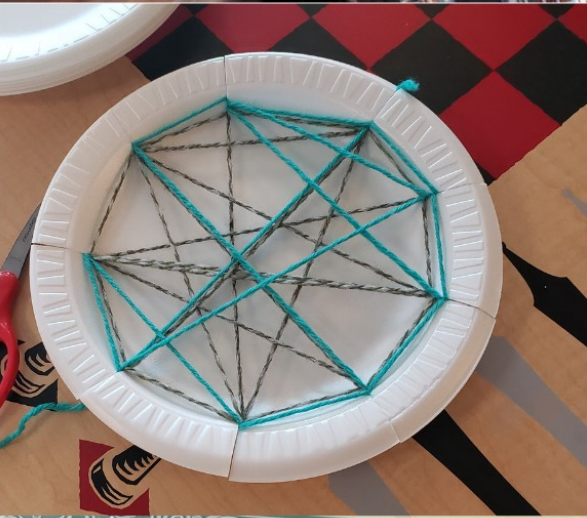
Notify the front desk or write a note, if no one is present, and give to a staff member. We will get the maintenance team on it as soon as possible. We will not call maintenance on weekends to fix channels.

What do I do if I have issues with my phone?

Contact your phone company. It is not the responsibility of our maintenance team or receptionist to trouble shoot/fix.

Who do I talk to about adding, changing, or stopping services at Arbor Terrace?

The nurses, Rachael, Christa or Justina can all assist you. Paperwork needs to be completed in order to implement a change.



**Reigning royalty of the
Wednesday 500 card club.
10 bid-no trump gets the
crown!**



January

P C Z T G C A R I N G Y G E D B E Q P E
 G X R H N J W B Z Y I K N I O C B P R X
 V W E P I T N F Q S D I L B V X J Y E L
 X M O D T D J N V V T S A G J I Q X C A
 T O S V I N W S H N Y S S R E M N T I N
 L H K B C W G S E Y E H R T D Y M G O O
 V P O M X L O L H N I U F L L K X E U I
 C Q S Y E W A S N Y X V O A T H X J S T
 F T R W L V V I Q B S V Q A U K L E L O
 J Q I W L D X I S Q A N V S W G I A L M
 M J K F Y O N K R B I I D I P J I M P E
 Y M X W J G N O L I E H P K R C H G A G
 R G F K D F D E F K R L J V E P T H P U
 B C Y U B C Y E T J J X G P L J O X N Z
 O G K O Z V S O R E N D S A O I Q K B Y
 S Y A W L A A G N O U I R L W K G H Z Y
 M H Q Z O V P I W E D O D U F N F Q R F
 K Z K S Y C S T P B E A N F U E K Q S D
 U N D E T O V E D L W G F V F O D E T P
 C S T V H C H P K S C Y N C K O T A J M

ALWAYS
 ADORE
 EXCITING
 SPECIAL
 CARING
 GIVING
 PRECIOUS
 LOVABLE
 DEVOTED
 FONDLY
 EMOTIONAL
 VALENTINE



Valentine's
 ————— DAY —————

Valentine's Day

Word Scramble

THASWSETERE _____

VEDSO _____

DRE _____

QOBUETU _____

FTIG _____

GHU _____

PAKSECUC _____

YCNAD _____

LEVO _____

ELEAVINTN _____

UIDCP _____

WOSERLF _____

RAHTE _____

KPNI _____

MNORCEA _____

SDACR _____

ISSK _____

BUFARYRE _____

OSER _____

HCCLOATEO _____

Word Bank:

BOUQUET

CUPID

HUG

RED

CANDY

DOVES

HEART

ROMANCE

CARDS

FEBRUARY

KISS

ROSES

CHOCOLATE

FLOWERS

LOVE

SWEETHEARTS

CUPCAKES

GIFT

PINK

VALENTINE



XOXO

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