

November 3<sup>rd</sup>, 2022

Dear Valued Samaritan Bethany Employee,

We have been notified of 1 new positive case of COVID-19 at Arbor Terrace. This was a staff member who did have exposure with Assisted Living residents. Please know we are working as quickly as possible to stop the spread of this virus. Testing for identified exposed staff and residents will occur.

Visitation for Arbor Terrace will continue.

What you can do: As we respond to this development, we remind everyone of the following:

- ✓ Continue to use the infection control training and practices you already implement each day. We will inform you if any additional measures need to be taken.
- ✓ Avoid sharing or spreading misinformation or private information protected by HIPAA. Please consult official resources for the latest information.
  - o Any media or external inquiries should be deferred to Sue Knutson.
- ✓ All staff will continue to be screened for illness at the beginning of each shift. Additionally, we ask that you perform your own self-screening when you are home at the end of your shift, and continue to self-monitor when you are not working. If you have questions about screening, Minnesota has a wonderful online resource called If You Are Sick that provides guidance.
- ✓ If you believe you may have COVID-19, contact one of the following triage lines for testing information
  - Olmsted Medical Center: 507-292-7266
  - o Mayo Clinic: 507-293-9525
- ✓ If you are asymptomatic, but believe you have been exposed to Coronavirus, please contact Dee or Kyla.
- ✓ If you are experiencing emotional distress due to the pandemic, you have free mental health resources available to you at <a href="FastTrackerMN.org">FastTrackerMN.org</a>
- ✓ Please remember to take care of yourself. Our residents and their families may also be feeling stressed and concerned. We are sharing updates with them as needed, but please use your training to help them in positive ways.
- ✓ If you have concerns, please contact Rachael Maxfield.

<u>Next steps</u>: We will continue to update you on important news, emerging issues, or changes to scheduling or staffing. We appreciate all that you do to ensure a safe, clean environment for all who live and work here, and your tireless dedication to provide quality care and compassionate support to our residents.

Thank you for your commitment and care during this difficult time.