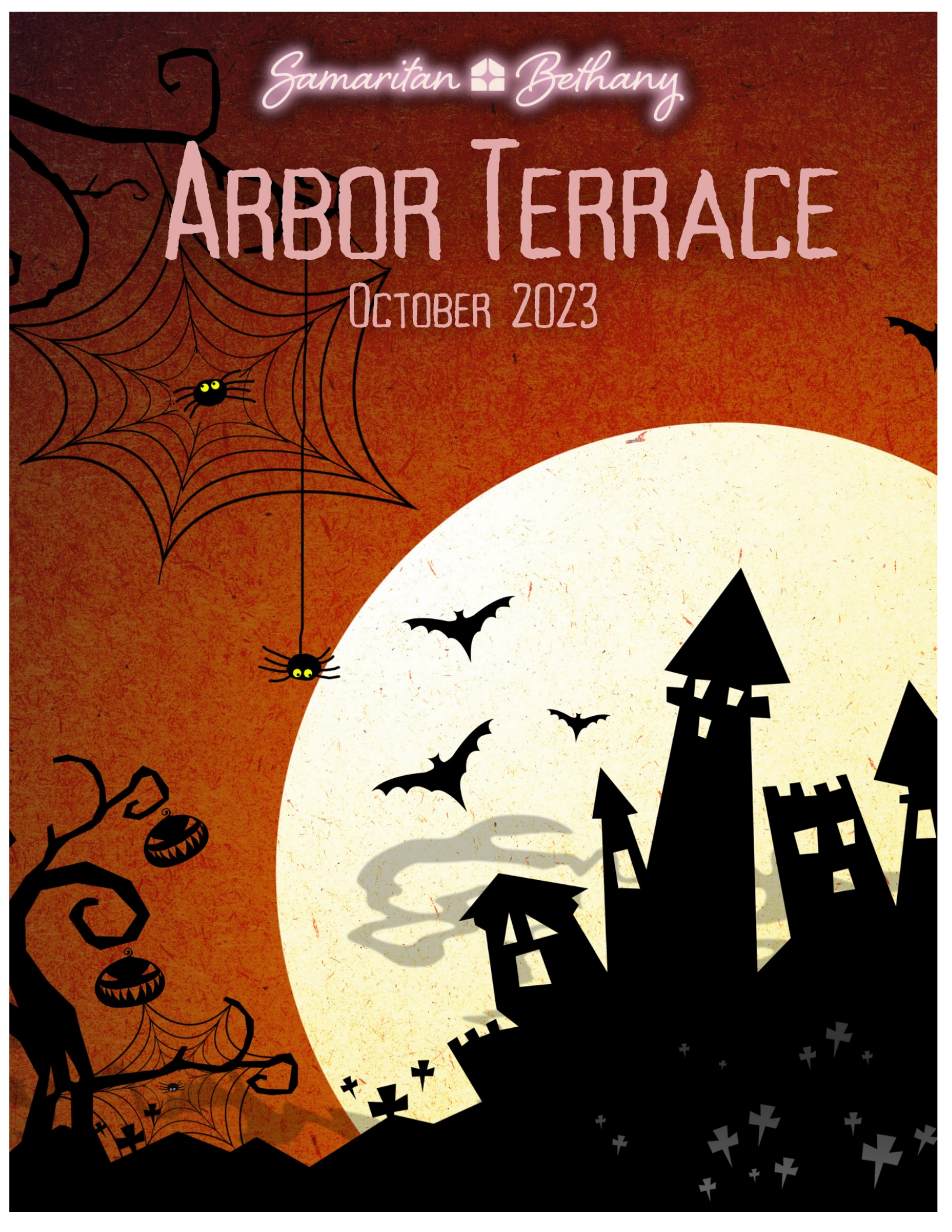


Samaritan  Bethany

ARBOR TERRACE

OCTOBER 2023



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~ A Message from the ~ Housing Community Leader



Happy October!

We made it through one crazy September. We participated in the Walk to End Alzheimer's, had Media Core onsite for a recruitment video, and ended the month celebrating Sue Knutson, who retired from Mission Leader/CEO after her amazing 26 years of service at Samaritan Bethany.

Moving into October we have some new programs kickstarting this fall; with a resident choir, community circles, and we will be inviting everyone to our Community Trick or Treating event where residents distribute candy to kids! Of course, I can't forget about the spooktacular Arbor Terrace Halloween Happy Hour which will be on October 31st! We love to celebrate big on Halloween! I hope everyone has already started planning their costumes.

We also have some other topics to highlight this October.

1. It is Breast Cancer Awareness Month, if you want to join the staff we are wearing pink on Wednesday's.
2. October 16th-22nd is Estate Planning Month
3. October 25th is our annual COVID and Flu clinic for residents onsite with Sterling Pharmacy.

Warm Regards,

Rachael Maxfield

Housing Community Leader/Co-Mission Leader



VIKINGS

FOOTBALL

10/8 @ 3:25P
CHIEFS
HOME

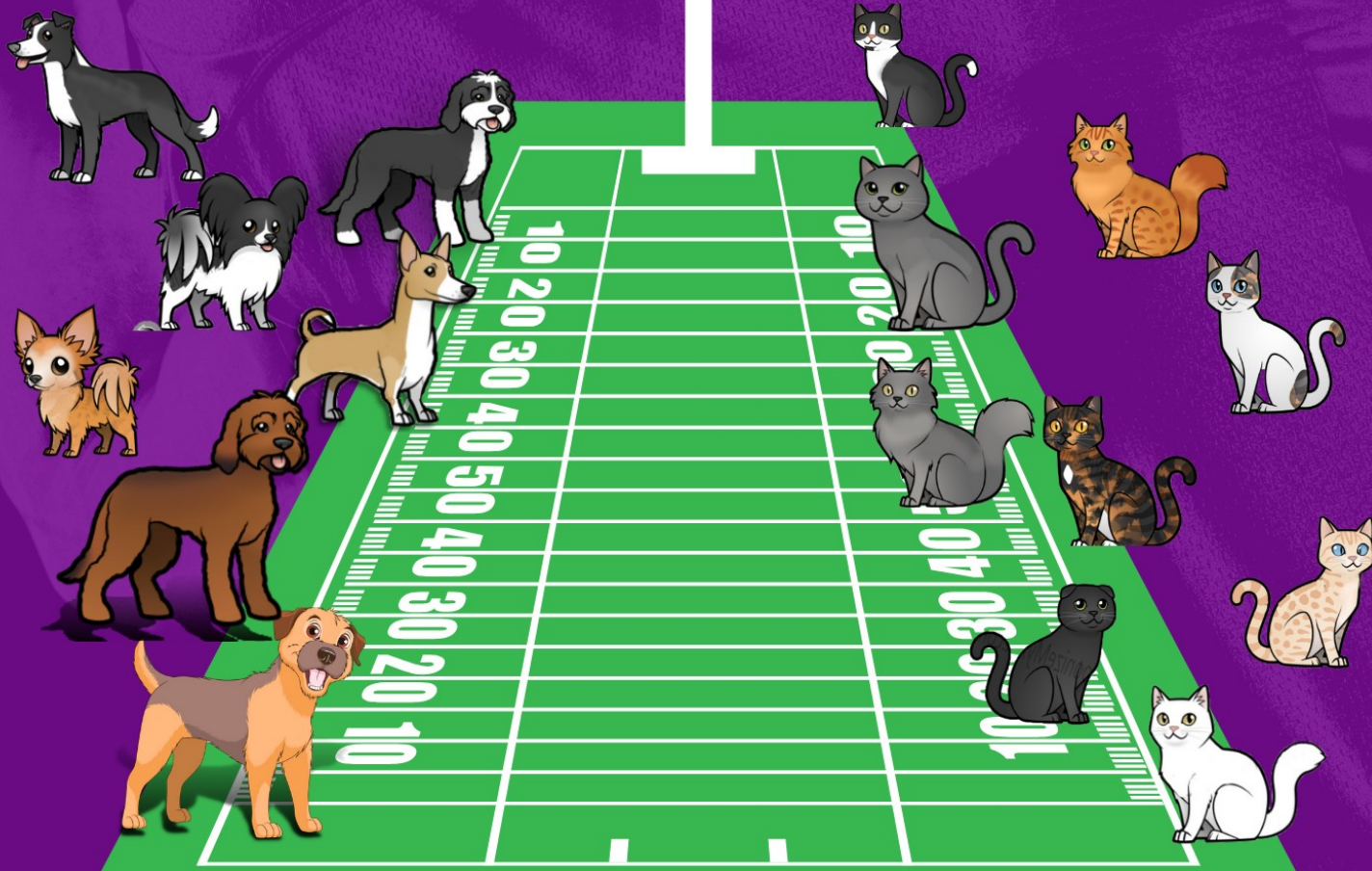
10/15 @ 12P
BEARS
AWAY

10/29 @ 12P
PACKERS
AWAY

DOGS

VS

CATS



BREAST CANCER FACTS



Breast cancer is the
WORLD'S MOST PREVALENT
cancer.

In 2020,
2.3 MILLION
women were diagnosed worldwide.

1 IN 8 WOMEN
will be diagnosed in their lifetime.

EARLY DETECTION
saves lives.
Treatment can be highly effective,
especially in early stages.

Source: World Health Organization

**ON
WEDNESDAYS WE
WEAR PINK!**
**FOR
BREAST CANCER
AWARENESS MONTH**

Join in and wear PINK every
Wednesday in October to
celebrate and remember those
who have fought this disease!

COMMUNITY CIRCLES ARE BACK!

 PERSONFIRST: A PERSON-CENTERED LIFESTYLE WE ALL DESIRE 

Firebrand Team: Staff members at Samaritan Bethany trained on PersonFirst Culture.

Coming Soon

PersonFirst consists of knowledge, skills, and ideas that help people create meaningful life wherever they live. All Staff: be on the lookout for Firebrand Team Members discussing upcoming training sessions for you to join!

**JOIN US FOR THE FIRST
TWO COMMUNITY
CIRCLES:**

THURSDAY

**OCTOBER 5TH AT
11 AM**

**FRIDAY OCTOBER
13TH AT 11 AM**

WHAT ARE COMMUNITY CIRCLES?

To promote a PersonFirst Culture, Samaritan Bethany is bringing back Community Circles. These circles are opportunities for residents, staff, and visitors to connect with others in the community. Community Circles help to deepen relationships, revisit memories, and recognize that each of us has a unique background making us individuals.



Community Circles will be held in each Neighborhood in one of the Household Living Rooms. All are welcomed and encouraged to participate. These Circles will occur on the 1st and 3rd Thursday of each month and the 2nd and 4th Friday of each month at this time.

**GATHER, CONNECT, AND FIND JOY IN
COMMUNITY**

contact: firebrand@samaritanbethany.com

A Message From The Chaplin

Hi Everyone-

My name is Chaplain Cindy. I just arrived here at Samaritan/Bethany and Arbor Terrace from Pennsylvania. Before this, I was Chaplain at similar Senior Living Facility. I am trained as an "Interfaith Chaplain" which means I am here for people of all faiths and ways of connecting with the divine, or those who question God or have no particular faith at all. It's all OK with me.



We have had our first worship service in the Chapel and people seemed happy to worship and sing again.

I'm going to offer three Bible Studies during the week at different locations in the buildings. There will also be a book club 2 times a month.

I am also available for individual visits on the days I am here. Over time I hope to have a 1:1 conversation with each of you.

My schedule is 9-1 Monday – Thursday and I am will be here for 2 church services on Sunday.

I look forward to getting to know everyone here.



COMMUNITY



AT SAMARITAN BETHANY IN THE LIVING ROOM

OCT. 27TH 2:30 - 4 PM

STAFF & RESIDENTS INVITE THOSE LITTLE GHOSTS AND GHOULS IN YOUR FAMILY TO SHOW OFF THEIR HALLOWEEN COSTUMES FOR THE RESIDENTS.



and/or candy donation

IF YOU CAN'T COME JOIN IN THE TRICK OR TREATING CONSIDER DONATING SOME PACKAGED CANDY FOR THE EVENT!

ARBOR TERRACE SPOOKTACULAR

HALLOWEEN HAPPY HOUR

**OCTOBER 31ST
2:30-3:30PM**

We invite you all to join us dressed
in your favorite Halloween Costume!

We will have treats and games
along with your favorite Halloween
tunes!



National Estate Planning Awareness Week



October 17-23, 2023 is **National Estate Planning Week** and it's the perfect time to start thinking about your own plans!

Estate planning can create foundation of security for your family and benefit a charity you care about, like ***Samaritan Bethany Foundation.***

To learn more, contact Rita Hawkins by phone 507-923-4723 or email rhawkins@samaritanbethany.com.

INTRODUCING!!!



*Samaritan
Bethany*

RESIDENT'S CHOIR

CHOIR DIRECTOR
BRUDE ROHDE



First Meeting - Monday 16th @ 2:30pm in the Chapel

Performances to be scheduled for December!!!

October

Activities At A Glance

Weekly Re-Occurring Activities

- Mondays at 9am Exercise in Memory Care
- Mondays at 2:30pm Resident Choir Practice in Chapel (Starting 10/16)
- Tuesdays at 10am Bible Study with Chaplin in Community Room
- Tuesdays at 2:30pm BINGO in IL Dining Room
- Thursdays at 2:30pm Happy Hour in IL Dining Room (Except 11/2)
- Fridays at 2:30pm BINGO in Assisted Living Dining Room
- Sunday's at 9am and 1:30pm Church Service in Chapel (except 9/8/23)

October Special Activities

- 10/4 Resident Forum in IL Dining Room
- 10/7 The Deceivers Music in IL Dining Room
- 10/11 Women's Breakfast at 9am on 3rd Heritage
- 10/13 Community Circle at 10:45am in Assisted Living
- 10/18 Book Club with Chaplin at 9am in Memory Care
- 10/25 Stretch and Refresh at 10:30am in Samaritan Pub
- 10/25 Birthday Celebration at 2:30pm in IL Dining Room
- 10/27 Men' Breakfast at 9a on 3rd Heritage
- 10/27 Community Trick-or-Treat at 2:30pm in Samaritan Living Room
- 10/30 Halloween Trivia at 10am in Assisted Living
- 10/31 Halloween Happy Hour at 2:30 in IL Dining Room





TWO NUNS AND A MINI DRACULA

TWO NUNS, SISTER MARY AGNES AND SISTER MARY VINCENT, ARE TRAVELING THROUGH EUROPE IN THEIR CAR, SIGHTSEEING IN TRANSYLVANIA. AS THEY ARE STOPPED AT A TRAFFIC LIGHT, OUT OF NOWHERE, A SMALL VAMPIRE JUMPS ONTO THE HOOD OF THE CAR AND HISSES AT THEM THROUGH THE WINDSHIELD.

"QUICK, QUICK!" SHOUTS SISTER MARY AGNES, "WHAT SHOULD WE DO?"

"TURN THE WINDSHIELD WIPERS ON. THAT WILL GET RID OF THE ABOMINATION," SAYS SISTER MARY VINCENT.

SISTER MARY AGNES SWITCHES ON THE WIPERS, WHICH KNOCK THE MINI-DRACULA AROUND. BUT, HE HANGS ON AND CONTINUES HISSING AT THE NUNS. "WHAT SHALL I DO NOW?" SHE SHOUTS.

"TRY THE WINDSHIELD WASHER. I FILLED IT WITH HOLY WATER BEFORE WE LEFT THE VATICAN," REPLIES SISTER MARY VINCENT.

SISTER MARY AGNES TURNS ON THE WINDSHIELD WASHER. THE VAMPIRE SCREAMS AS THE WATER BURNS HIS SKIN, BUT HE HANGS ON AND CONTINUES HISSING AT THE NUNS.

"NOW WHAT?" SHOUTS SISTER MARY AGNES.

"SHOW HIM YOUR CROSS," SAYS SISTER MARY VINCENT.

"NOW YOU'RE TALKING," SAYS SISTER MARY AGNES. SHE THEN OPENS THE WINDOW AND SHOUTS, "GET THE HELL OFF OUR CAR!"



1. okypos
2. pkpinum
3. treta
4. oghst
5. ydanc
6. rpivame
7. keonstel
8. luhgo
9. pecyre
10. tomcuse
11. nthua
12. owaercrcs
13. iyderah
14. oblod
15. labck act
16. ogbiln
17. mymmu
18. rasyc
19. piserd
20. sremca

HALLOWEEN

Word Search

B	P	C	P	K	H	Y	S	P	Y	L	T	R	C	E	F	Q
B	L	J	O	U	O	K	D	D	O	A	M	E	A	W	H	V
I	I	A	C	B	E	Z	E	N	E	I	G	T	U	Z	Y	G
P	W	M	C	L	W	T	C	R	A	J	R	S	L	M	W	P
E	F	W	E	K	N	E	T	H	A	C	E	N	D	J	S	C
F	M	T	U	U	C	R	B	F	Q	Q	P	O	R	M	R	B
S	O	U	A	K	O	A	H	C	T	I	W	M	O	S	B	U
N	Y	H	T	K	H	P	T	K	A	Q	Y	Q	N	A	V	D
W	D	F	C	S	W	K	L	N	I	K	P	M	U	P	S	Q
Z	A	I	W	W	O	V	A	M	P	I	R	E	V	A	P	J
B	R	P	E	U	K	C	B	M	F	J	N	G	S	U	O	A
T	Q	W	K	X	F	F	S	F	S	H	W	B	N	G	O	B
L	S	V	Y	Y	F	R	I	G	H	T	F	U	L	X	K	J
L	K	A	B	U	S	M	H	N	R	F	S	W	X	B	Y	P
K	F	W	K	G	Y	O	W	B	W	T	U	J	T	V	R	U
Q	T	G	H	V	S	N	C	J	S	U	W	Q	P	K	N	I
U	E	G	G	T	A	W	I	V	W	M	I	S	S	S	Q	E

BLACK CAT

CANDY

CAULDRON

COBWEB

COSTUME

FRIGHTFUL

GHOST

HAUNTED

MONSTER

PUMPKIN

SKELETON

SPOOKY

TRICK OR TREAT

VAMPIRE

WITCH



Friends of Arbor Terrace



**ART HEADS
EMPORIUM**



**NORTHROP
EDUCATION
CENTER**



Friends of Arbor Terrace is a page dedicated to the businesses and organizations that work with our residents so you are informed about the kindness and generosity of our local community.