# CArbon Verrace June 2023

HI! We're Chris, the nurse's clowder!



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Fun & Games

#### ~ A Message from the ~ Housing Community Leader

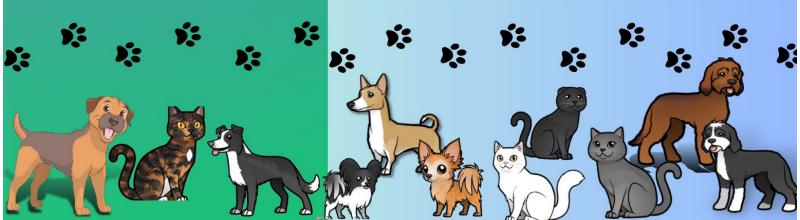


**SUMMER HAS ARRIVED!** 

June is the month for cleaning out your junk and donating to our Annual Garage Sale at Arbor Terrace! We are so excited to be having this event on June 30th & July 1st! Invite your friends and family to stop by!

In the month of May we celebrated National Homes for the Aging Week and commenced with ELE TRIBE on 5th Neighborhood at Home on Eighth the SOLE SURVIVOR! We are so happy everyone had such a great time and brought their A-game to the challenges from the week! A huge thank you to everyone who participated and especially the staff who continuously show their dedication to Samaritan Bethany.















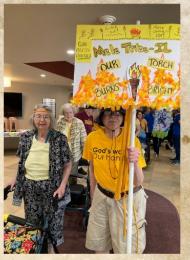




































































June 30th and July 1st

ARBOR TERRACE PRESENTS

# GARAGE

# Sale



START FROM

5 O¢

June 30th 10am - 4:00pm July 1st 8am - 12pm

## ARBOR TERRACE

700 2nd Ave. NW Rochester, MN 55901



# COMMUNTIY ROOM Campaign

### Why

Arbor Terrace residents look for places to gather and spend time together. We have nooks and common alcoves but are lacking an area that is private, inviting, and allows fostering of self directed or community activities. We strive to promote life enrichment and all faucets that encompasses mind, body and spirit!

#### Our Goal

The objective is to raise \$80,000 that will allow Arbor Terrace to renovate and improve the current Community Room. This project will involve construction, new furnishings, and community resources to cater to the preferences of our residents. We need your help to make this vision come to life!

#### What's the Plan

Arbor Terrace plans to advertise and promote donations internally toward this fund throughout the foreseeable future. At events like our annual garage sale, annual family picnic, and may even plan some special fundraising events to specifically raise funds for this project. The staff at Arbor Terrace will also start their endeavors of gathering data on the wants and needs of our residents and families. This will take time and the only way to make it happen is to start somewhere and right now it's just beginning!

#### **DONATE TODAY!**

Contact Rachael Maxfield or Rita Hawkins with any questions.

tions via checks or cash can be dropped off

Donations via checks or cash can be dropped off at the receptionist desk.

Checks made payable to Samaritan Bethany Foundation.



# Samaritan 🗈 Bethany

# CYCLING WITHOUT AGE

It's that time of year where Samaritan Bethany is getting ready for another beautiful summer here in Rochester, and there is no better way to enjoy it than volunteering as a Pilot for the CWA program!

This is a call to all our amazing staff, family and friends to sign up to be a volunteer to become pilots and to take our beloved elders on a short adventure!

If you are interested you can contact our volunteer coordinator **Ronnie** at <a href="mailto:rrobertson@samaritanbethany.com">rrobertson@samaritanbethany.com</a> to get the process going!

# What do you need to do to become a pilot.

- 1. Fill out Volunteer Application.
- 2. Pass background check.
- 3. Get fingerprinted.
- 4. Go through the CWA orientation.
- 5. Find a time that fits your schedule.





### SUMMER EVENTS IN ROCHESTER

- Thursday's Downtown starting June 15th on 1st Ave (11a 8p)
- Fresh Air Fitness Every Saturday in the Peace Plaza (10a-11a)
- Farmer's Market Every Saturday at Graham Park (7:30a-12p)
- Rochester Fest June 17-June 25
- Down by the Riverside Concert Series in Mayo Park starting July 9th (7p-10p)

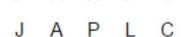




# Father's Day Word Search



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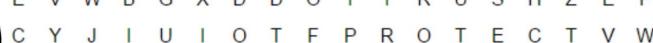
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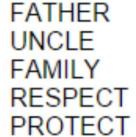
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DADDY LOVE PARENT WISDOM GOLF



GRANDPA SPECIAL HONOR PROVIDE FOOTBALL







Friends of Arbor Terrace is a page dedicated to the businesses and organizations that work with our residents so you are informed about the kindness and generosity of our local community.