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~ A Message from the ~ Housing Community Leader



Happy October!

Spooky season is in full swing. We are decorated for fall festivities, the mums and pumpkins are out, and the trees are beautifully changing colors, I hope everyone is enjoying the wonderful weather and getting all their sweaters out from storage.

We had a blast at the Oktoberfest happy hour and I can't wait for our Halloween Party on October 27th! Get your costumes ready because it's going to be a spooktacular time!

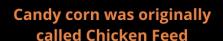
Did you know?

Halloween originated from an ancient Celtic festival





One quarter of all the candy sold annually in the U.S. is purchased for Halloween.







The word "witch" comes from the Old English wicce, meaning "wise woman."



New COVID Cases
1 staff
1 resident

Outbreak testing will occur for residents exposed as well as staff identified through contact tracing.

Visitation for Arbor Terrace will continue.

Some news has come out regarding COVID regulations and we no longer have to screen visitors, staff or residents daily for COVID symptoms or collect temps. We still have a log in and out at the front door which asks if you are experiencing any symptoms. If you are ill we ask you don't visit and come back at another time.

Masks are still required to be worn inside the building when the Olmsted county transmission rate is classified as high.

FLU and COVID (Bivalent) Vaccination Clinic For residents and staff

When: October 26th 2022 8:30am-11am

Where: Chapel

Provided by Sterling Pharmacy

*If you get your flu/covid shot at the clinic or elsewhere please bring a copy of information to the nurse's for your records

For the day's meals at the fourth floor of Samaritan Bethany, four elderly ladies are always together. They enjoy the meals, the company of each other and the experience of the long gone days; the good, the bad, and the funny days. Everyone would listen to each other's experience with their gathered attention and laugh or sympathize about their long past days.

Katheryn



Katheryn was born in Britt, Iowa on October 30th, 1921 to James and Gertie. She had four brothers and one sister. Her schooling was in Iowa and Indiana from Davis High school. She married Charlie. They had two children Gary and Phillis. Gary had three children, losing a daughter. Phillis had two girls, one died with family in 1986.

Katheryn worked at several jobs, the last being a book keeper for 24 years at a coop. She and Charlie enjoyed golfing after returning from work. Now she is living at Samaritan Bethany with other resident and her three friends: Dorothy, Marge and Prem. Her most beloved visitor is her son Jerry.

Katheryn is a good artist. She has made unique pictures with hooking rugs.

Katheryn is a loving and a very helpful person. We love her for the kind help to all of us.

Katheryn celebrated her 100st birthday in October of 2021.

Reminders & Notifications!



Free Nail Painting Every Wednesday at 1:00pm in the IL Dining Room



If you are attending a music performance at Samaritan Bethany remember to wear a mask.



Otago Advanced Exercise is starting in October on M, W, F at 9:45am in the IL Dining Room

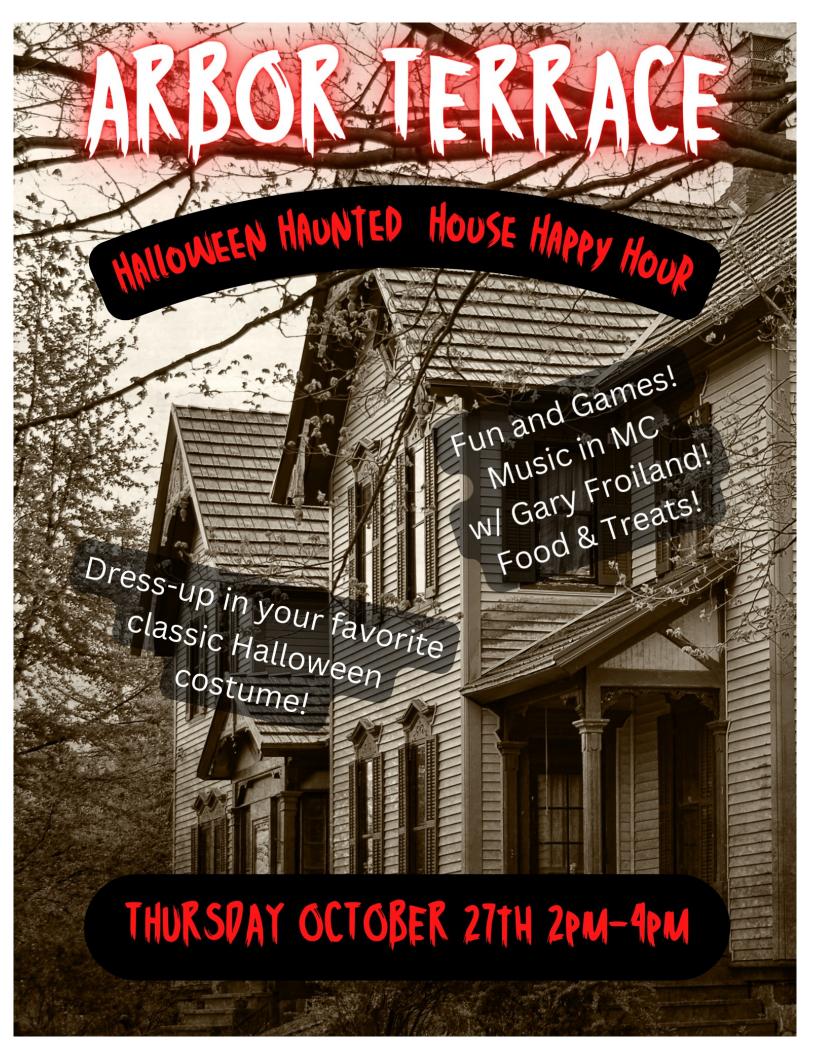


Meditation for Beginners
Every Wednesday at 4:15pm
in the Heritage 3rd (2nd
floor past doors)

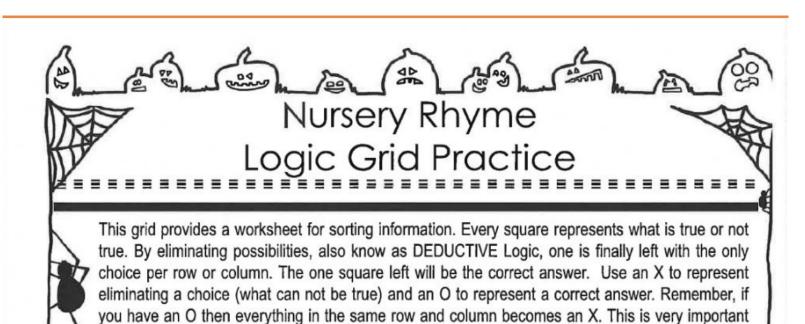
Look Back at September











Mary, Mary, quite contrary, How does your garden grow? With silver bells, and cockle shells, And pretty maids all in a row

in tracking your solution.

Little Miss Muffet
Sat on a tuffet,
Eating her curds and whey;
Along came a spider
Who sat down beside her
And frightened Miss Muffet away

Humpty Dumpty sat on a wall, Humpty Dumpty had a great fall. All the king's horses and all the king's men Couldn't put Humpty together again

Little Bo-Peep has lost her sheep, and doesn't know where to find them; leave them alone, And they'll come home, wagging their tails behind them

Anna, Brenda, Cathy and Dana are talking about their favorite books and stories. Each girl has a favorite Nursery Rhyme- Little Miss Muffet, Little Bo Peep, Mary, Mary, Quite Contrary and Humpty Dumpty. After reading the clues can you tell which rhyme is each girl's favorite?

- Brenda's favorite nursery rhyme is about a "little girl"
- Dana's favorite rhyme does not have a girl in it.
- Anna does not like rhymes that have the word, "little" in them.
- Cathy does not like sheep.

Put an X where something can't be I true

	Anna	Brenda	Cathy	Dana
Little Bo Peep				
Little Miss Muffet				
Mary, Mary, Quite Contrary				
Humpty Dumpty				

What is a ghost's favorite treat? Ice SCREAM!

Why wouldn't the skeleton cross the road?



Because it . didn't have the guts!

What do birds do on Halloween?



They go Trick or Tweeting!

Why was the little ghost crying?



How to you fix a broken pumpkin?

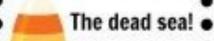


With a pumpkin patch!

What to witches put in their hair?



Where do mummies go for a swim?



Where does a ghost go on a Saturday night?



Anywhere he can boogie!

Where do ghosts shop?



At the "Ghost"ery Store!

Why did the vampire need mouth wash?



Because he had "Bat" breath!

What is a ghost's favorite ride?

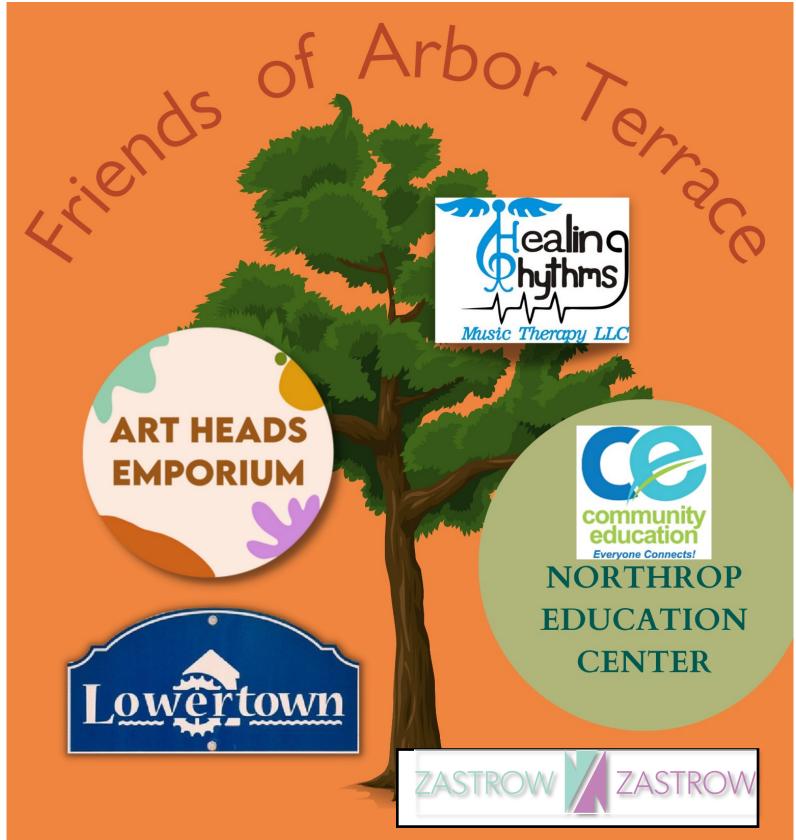


A roller Ghost"er!

What kind of witch lives near the ocean?



Sand"witch"!



Friends of Arbor Terrace is a page dedicated to the businesses and organizations that work with our residents so you are informed about the kindness and generosity of our local community.