

Arbor Terrace

November 2022



Happy
Thanksgiving

Samaritan  Bethany

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Leader**

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Friends of Arbor Terrace

~ A Message from the ~ Housing Community Leader



Greetings,

November is here and ready to take us into the holiday season! Thanksgiving is a day to celebrate the harvest and other blessings of the past year. I hope everyone gets to spend their holiday with good company, delicious food and .

jumping into the gratitude attitude of the holiday season. Looking back at October we had a wonderful time at the Sekapp's Orchard celebrating their 60 year anniversary. We also had our annual Haunted Halloween Happy Hour which was so fun with music, treats, and spooky costumes.

Looking ahead in our holiday schedule I wanted to put out a reminder to families and residents about our **Annual Christmas Parties**.

Assisted Living and Memory Care

December 8th, 2022

Independent Living

December 15th, 2022



UPDATES ON COVID-19

New COVID Cases

0 staff

2 resident

Outbreak testing will occur for residents exposed as well as staff identified through contact tracing.

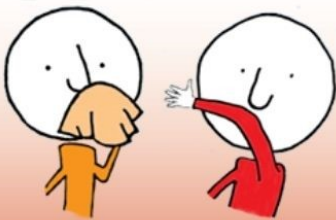
Visitation for Arbor Terrace will continue.

Masks are still required to be worn inside the building when the Olmsted County transmission rate is classified as high.

We had a FLU and COVID Clinic on 10/26/22 and had a good turn out. We had a 76% vaccination rate at for Arbor Terrace residents.

Please remember that this Fall and Winter if you are feeling ill or have been exposed to please postpone your visit to Arbor Terrace, to keep our residents and staff safe.

Fight the Flu



Cover your cough.



Wash your hands.



Stay home when sick.



Get vaccinated.

Resources:

- <https://mn.gov/covid19/>
- <https://www.health.state.mn.us/diseases/coronavirus/stats/index.html>
- <https://www.olmstedcounty.gov/covid>
- <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

STAY SAFE MN

Four Golden Ladies



For the day's meals at the fourth floor of Samaritan Bethany, four elderly ladies are always together. They enjoy the meals, the company of each other and the experience of the long gone days; the good, the bad, and the funny days. Everyone would listen to each other's experience with their gathered attention and laugh or sympathize about their long past days.

Dorothy



Dorothy was born in Riceville, Iowa. Her father was Joseph and her mother was named Wilda. Dorothy's brother was a teacher. Dorothy's occupation was was a deputy clerk on the court for 15 years. Later she sold Avon and made a lot of money.

"Then," she said, "I was married to an army officer who was over seas for many many years. He came back to Rochester, but was sent to Colorado in isolation for four months. When he was back and "looking for a job" and I worked at Mayo. But, he did not get a job, until he was retired or 56. But he got cancer later in his life and unfortunately passed away."

She continued, "Before Milt died, I did have a son named Gary. "Then I moved into Samaritan Bethany and got relieved of all the problems." Dorothy is 100 years old. She is a wonderful woman and pleasant company.

*Dorothy has since passed on 10/29/22.



Look Back at October





CULINARY FORUM

Tuesday November 8th, 2022

2:30pm - 3pm

In the IL Dining Room



This forum will have the culinary staff present to discuss in a round table format the opinions on meals, suggestions for the future and what our Meal of the Month will be on November 18th (Lunch Meal)



General Election is November 8th, 2022

Visit: <https://pollfinder.sos.state.mn.us/>
to find a polling place and information on voting

We do not host voting at Arbor Terrace you either have to absentee vote or go to the nearest polling site.

Your voice is powerful. You can make an impact on policies that affect seniors and their caregivers just by sharing your story!

To learn more on how you can help ask Rachael Maxfield for information or visit Leading Age Minnesota website to take action at <https://actnow.io/GFKpqT7>

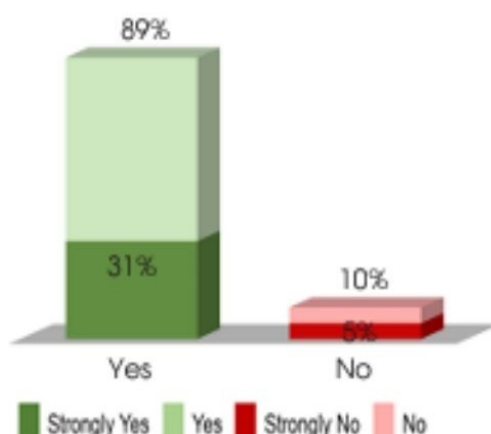


Minnesotans Agree: Care For Seniors Needs To Be A Higher Priority

A strong majority of Minnesotans recognize the growing needs of the state's elderly, and they believe more resources and funding are needed to provide the care and housing for our senior population. Further, a majority of residents say state government must play an important role in funding care for the elderly, a new survey reveals.

A Right to Care

Minnesotans agree that people over 65 years old should have the right to receive a basic level of housing, medical care and other support.



86%

...of Minnesotans agree that **the state should help fund day-to-day services for seniors** who cannot afford these services on their own.

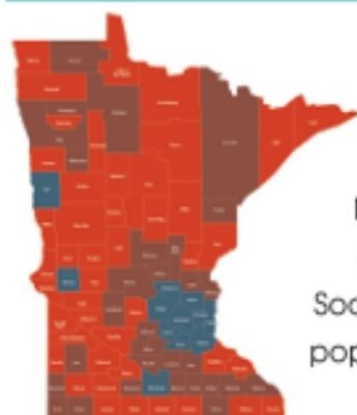


Two-thirds of Minnesotans believe the state is lagging in funding for senior services, such as assisted living and nursing home care.



Services for the elderly ranked 2nd behind K-12 education as an area that needs more state funding, even if a tax increase would be required.

Funding for Senior Services



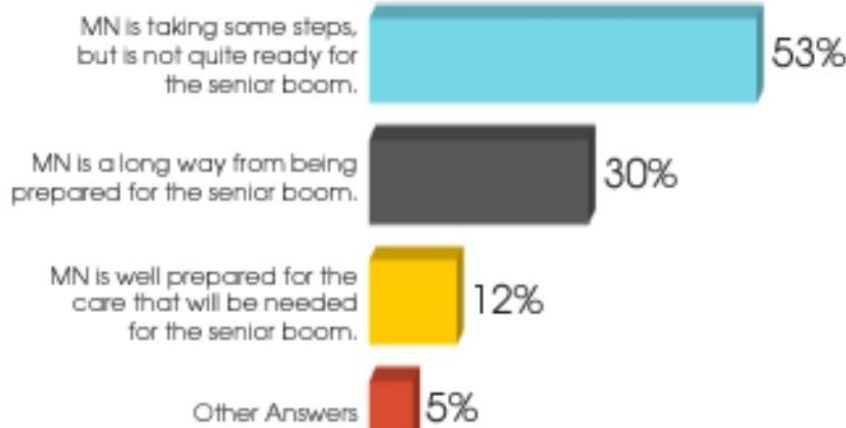
Minnesota's Senior Boom

By 2022, 1 million Minnesotans will be over the age of 65. Soon, 25% of our adult population will be 65+.

53% of Minnesotans report they are receiving senior care services or have a loved one receiving care.



Is Minnesota Ready for the Growing Population of Seniors?



The Lord is my strength and shield. I
trust him with all my heart. He helps me,
and my heart is filled with joy. I burst
out in songs of thanksgiving

Psalm 28:7





THANKSGIVING WORD SCRAMBLE



Unscramble the letters to solve the puzzle!



1. SATFE _____
2. ERINSRAERBC _____
3. TKCRSIDMU _____
4. YRGVA _____
5. EDRAB _____
6. CONR _____
7. YSAM _____
8. LBGBEO _____
9. YTDRHAUS _____
10. ERKUYT _____
11. IFFUSGNT _____
12. LRSLO _____
13. PNUKPIM _____
14. RTSDEES _____
15. ADIINSN _____
16. NIERDN _____





THANKSGIVING

L G A E D A R A P T L L R E W O L F Y A M B H Q
Y M F K O H A Q J G O A B H Y B Q R T K A O R Y
S W T R G G Q P N N T T P F O M O V Q E J T Q M
W F V Z E W K P E E N U A P B L P F Q X Z K Y D
X T N O V E M B E R X I Y M L B L E S S I N G S
F A M I L Y P E O Q C W H S I E H M H D C U V S
H R S D O J A L C Y V A R G D W P I O A H Z Y D
L C D P O N N L W Y F X F T M A A I O Y M M X D
G E A L L A B T O O F U Q R U P B Q E G G E L Q
N C Q S I Q Z Q I I O R E A A R C E U K N U H P
I U Y P S E A Z X N S T S R H Q K P E D I I H L
V A K S E E A Y M R T C M Q C H Y E R T F N E Y
I S Z E O W R T M U B B I I N S A P Y T F D I M
G Y W P T N Q O B L R L R X T G Y R R K U I P O
S R V B A E Y Z L G O R G W B M H A V D T A N U
K R R I T O L B Z E O Y L Z C M D H N E S N I T
N E O L O F R B G U S A I H C I Y T S K S S K H
A B H V P F M H B C V M P W T L I E V F V T P R
H N P M D I R P C O C S J I A C I R E M A Z M O
T A B U E G G I B W G W O M E C G K K V R O U C
F R H E H N E J E L A N A A D K C I B Y C H P K
E C P Z S H O L S N S X F Z Y C E L Q P S D L F
X L D R A B S Y W B D R I D G L N X Y I W L P M
E W M Q M V N X V B D S V C A U I Q K K U V F B



NOVEMBER
BLESSINGS
MAYFLOWER
PLYMOUTH ROCK
FOOTBALL
BUTTER
STUFFING

GOBBLE
CASSEROLES
PUMPKIN PIE
INDIANS
PARADE
ROLLS
MASHED POTATOES

TRADITIONS
GRAVY
APPLE PIE
PILGRIMS
FRIENDS
HAM
TURKEY

HARVEST
YAMS
AMERICA
NAP
FAMILY
CRANBERRY SAUCE
THANKSGIVING



Friends of Arbor Terrace



**NORTHROP
EDUCATION
CENTER**



Friends of Arbor Terrace is a page dedicated to the businesses and organizations that work with our residents so you are informed about the kindness and generosity of our local community.