

# Arbor Terrace

June 2022





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## **~ A Message from the ~ Housing Community Leader**



June came in a flash and we are ready to enjoy the sunshine! Summer is always a blast around Arbor Terrace. Enjoying the courtyard, patio, flowers in full bloom, and our gardens are growing!

We also have some fun fast approaching with our Garage/Rummage Sale on June 17th from 10am-6pm. We are excited to see the proceeds go to the Arbor Terrace activities and fun fund! Make sure you stop by and see what's for sale!

Arbor Terrace is also growing and fast! We only have one Independent Apartment available and are so excited to see new all the new connections and friendships! I want to thank everyone who recommends Arbor Terrace to friends and family as a place to live or a place to work. It is because of you that we get great referrals for residents and staff!

We also are so excited that our Health Information Coordinator - Christa is back in business starting June 1st!

Remember Tri-Shaw Rides occur on Mondays around 3pm weather permitting!

We also have our golf tournament on June 20th!

Sincerely,

Rachael Paddock  
Housing Community Leader  
Arbor Terrace



## **ROCHESTER SPOTLIGHT**

### **ROCHESTER FARMERS MARKET**

Saturday Mornings 7:30am-12pm at Graham Park

### **THURSDAY'S ON FIRST**

Every thursday from 11am - 8:30pm on 1st Ave Downtown

### **ROCHESTERFEST**

June 18th-26th at Soldiers Field Park

### **FRESH AIR FITNESS**

Every Saturday 10am -11am at the Peace Plaza Downtown  
Free but registration required

### **4TH FEST (ROCHESTER)**

Monday July 4th 4 pm - 10:30pm in Soldiers Field Park

### **DOWN BY THE RIVERSIDE**

Starting July 10th for 6 consecutive Sundays  
7pm -9:30pm behind the Mayo Civic Center and  
Rochester Art Center



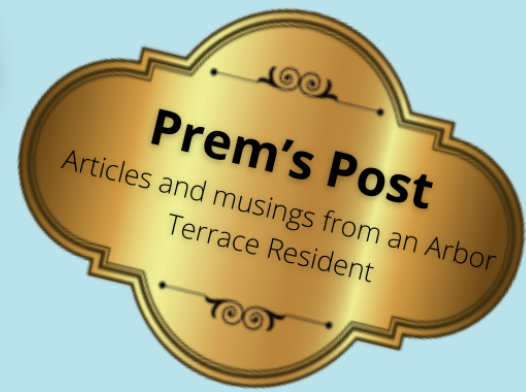
## **JUNE 2022 PRIDE MONTH**



THE UPRISING AT THE STONEWALL INN IN JUNE, 1969, SPARKED A LIBERATION MOVEMENT – A CALL TO ACTION THAT CONTINUES TO INSPIRE US TO LIVE UP TO OUR NATION'S PROMISE OF EQUALITY, LIBERTY, AND JUSTICE FOR ALL!

PRIDE IS BOTH A JUBILANT COMMUNAL CELEBRATION OF VISIBILITY AND A PERSONAL CELEBRATION OF SELF-WORTH AND DIGNITY. THIS PRIDE MONTH, WE RECOGNIZE THE VALUABLE CONTRIBUTIONS OF LGBTQ+ INDIVIDUALS ACROSS AMERICA!

# Let's Laugh Together!



1. Grandfather and grandson, generally go to church together. Grandfather dozes off and grandson, without understanding about the sermon, just sits there quietly. The Father from the pulpit observes this. One day, the Father walked down to them and asked to the boy, "Son, why don't you wake your grandpa up so that he can also participate in the sermon?"

The boy said, "No, I can't."

Father again asked, "Why not?"

The answer was, "Because he gives me two dollars for not waking him up."

The Father smiled and walked back to the pulpit. Next day again he came to them and said, "You wake him up. I will give you ten dollars." Mission accomplished.

2. Once, the grandfather, went to a movie. After a few hours, he took out the cell-phone from his pocket and called the attendant and said, "What time does the door of the cinema hall open?"

Attendant: "Sir you cannot go to the cinema hall before 10:00am."

Grandfather snapped on him and said, "Who the hell wants to get in? I want to get out."

He had dozed off in the movie hall last night.

3. Son: "Mom, who raised good kids?"

Mother: "Me because my mother-in-law raised your father who is a pain in my neck."

4. A mother, when frustrated, said, "I gave my children my life and guess what, they are giving me "HELL."

5. Son: "Mom, you only have one son. Would you have been happier if you had ten kids like me?"

Mother-: "Why!? Is one not enough for me to pull my hair?"

6. Husband to his wife, "You never used to raise your voice. Why this change? Is it because the children are shouting and screaming all the time?"

Wife: "Naturally. They are following their father's habit."

7. Father: "Don't the children create a hell all the time in the house?"

Mother: "Don't blame me they are your children too."

8. A lawyer and a doctor hit each other's car. Both of them were shook up by it. The lawyer said, "Take this drink you'll feel better." He did.

"What about you?"

The lawyer said, "Sure I would when the police leaves."

9. One student; "How do you make a philosopher laugh on Wednesday?"

Second student: "Tell him a joke on Monday, it takes him some time to figure it out by Wednesday."





# Arbor Flowers

A kind donation was made for our flowers this year in remembrance of Abel Subia



THANK  
YOU!





# Reminders & Notifications!



Free Nail Painting Every Wednesday  
at 1:00pm in the IL Dining Room



500 Club meeting every  
Tuesday at 12:30pm in the  
community room

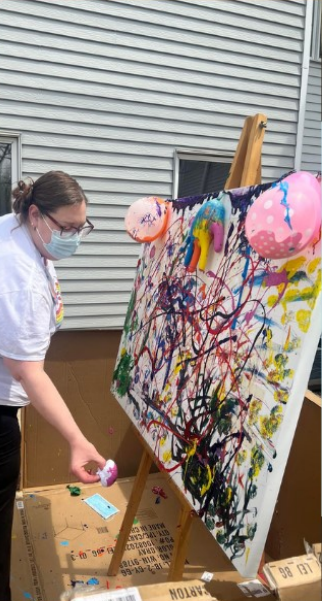
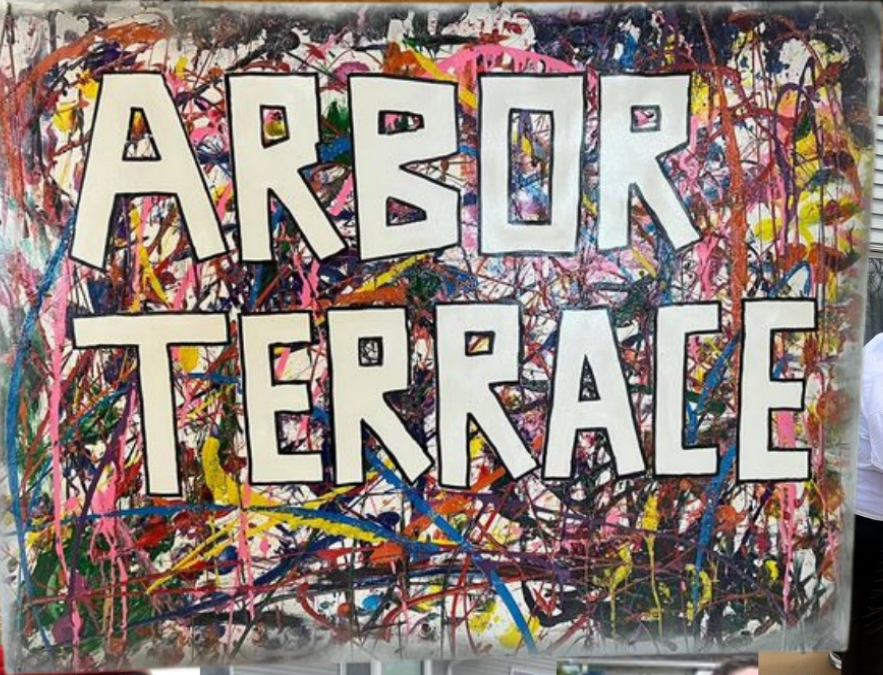
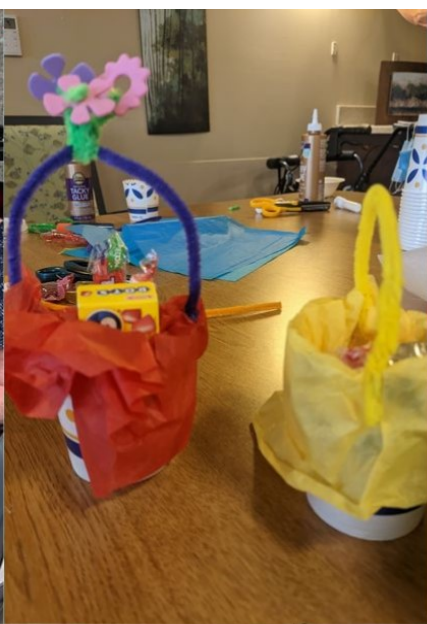


Otago Exercise is  
M-F at 10:00 AM



Meditation for Wellbeing Every  
Wednesday at 4:15pm in the  
Community Room





A Look Back at May







# Arbor Terrace's Summer **Garage Sale**

June 17th 10am - 6pm

If you would like to DONATE any items to the garage sale please have them to Rachael, Stephanie or Shane by **Friday JUNE 10th**

**\*ALL PROCEEDS FROM THE GARAGE SALE WILL GO DIRECTLY BACK TO ARBOR TERRACE for activities and FUN!**

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## *Samaritan* *Bethany* **FOOD DRIVE**

Samaritan Bethany and Arbor Terrace care deeply for our staff as well as our residents. Therefore we have set up a private food pantry just for our staff that may need a little extra help during this unprecedented time of need. If you would like to contribute you can donate by dropping off said goods with the front desk at either facility.

\*Please do not donate: rusty or unlabeled cans, homemade items, noncommercial canned or packaged items, open or used items, alcoholic beverages and outdated or expired products.

**We have enough canned veggies at the moment. Thank you.**



## Message from the Chaplain

As this month's news is published, we're transitioning from the Easter Season into Pentecost in the life of the Church. The Easter Season records the care and discipline Jesus offered to his disciples to help them recover from the shock of crucifixion and resurrection. Both were traumatic for the disciples. So, the lectionary lessons much of the Church uses for the Easter Season shows how Jesus led his disciples to discover for themselves the truth of his Passion and Resurrection. Jesus is telling us that ultimately we'll be better off after his Ascension when the Advocate, the Holy Spirit will descend upon them.

I think this means that instead of locating God's Spirit in one tiny footprint where Jesus stood, now he's available everywhere, all the time. Wherever two or three are gathered in Christ's name, there he is. And, even when we're alone. I think Jesus is pointing out that God has been there all along. Hence, the 23rd Psalm. Even though I walk through the valley of death, I know you are with me.



The Holy Spirit is meant to remind us what Jesus taught, to teach us what we are to do according to the principles of Jesus' teaching, that we may find our way forward faithfully and fruitfully. The Holy Spirit is meant to help us do even greater things than what we did when Jesus was physically present with a tiny minority of followers. It's their witness that guides us, along with the current presence of the Divine in the Holy Spirit.

The Pentecost Season starts June 5th. It's the longest Season in the life of the Church. It ends with Advent. I suppose then, the Pentecost Season is meant to be our training ground for life. We need lots of practice. It's like the old joke: "How do I get to Carnegie Hall? Practice. Practice. Practice."

We'll never get it perfect. Maybe we'll get lucky achieving perfection once in a while for a fleeting moment or two. Often times the perfect is the enemy of the good. I like Vince Lombardi's quote on disciplining his Green Bay Packers to several titles in the NFL. "We aim for perfection and achieve excellence." As people of faith, we aim for the ideal of Jesus and help create a better world and better people.

Happy Pentecost!

Chaplain Glen

# Puzzles and Fun

Choose two consonants and repeat them as many times as needed to complete this crisscross puzzle. All vowels have already been placed. All words are common, uncapitalized, unhyphenated English words.



## CASH BOXES

Put nickels, dimes, and quarters on certain squares of this grid—but no more than one coin per square—so that the coins total the amount of cents shown for each row, column, and long diagonal. Several coins (indicated by their values) and one blank space (designated by a star) have been placed to get you started.

45 ↘					↙ 65				
5		25	★		50				
	10	25			65				
				10	45				
	10		5		35				
					35				
30	35	95	30	40					







# Samaritan Bethany

## GOLF CLASSIC

MONDAY JUNE 20, 2022  
SOMERBY GOLF CLUB

### JOIN US FOR A DAY OF GOLF

#### SCHEDULE

- 11:00** DRIVING RANGE AND PUTTING GREEN  
OPEN FOR PRACTICE
- 11:30** REGISTRATION OPENS WITH FREE  
BLOODY- MARY BAR & LUNCH BUFFET
- 12:15** WELCOME & INSTRUCTIONS
- 12:30** SHOTGUN START
- 5:30** HAPPY HOUR WITH DINNER & AWARDS  
CEREMONY TO FOLLOW; SILENT AUCTION

#### DETAILS

- ENTRY FEE:** FOURSOME: \$700  
INDIVIDUAL: \$175
- EVENT:** 18 HOLE 4-PERSON SCRAMBLE;  
INCLUDES CART, BLOODY-MARY BAR,  
LUNCH, DINNER, SILENT AUCTION & RAFFLE
- PRIZES:** CLUB GIFT CERTIFICATES TO FLIGHT  
WINNERS
- DINNER ONLY GUESTS:** \$60 PER GUEST

REGISTER ONLINE AT  
SAMARITANBETHANY.COM  
SCAN QR CODE

Or email [rhawkins@samaritanbethany.com](mailto:rhawkins@samaritanbethany.com)



**ENTRY DEADLINE: JUNE 10, 2022**

### GOLFING FOR A CAUSE

Together with generous supporters like yourself, we have been able to accomplish great things like:

- iPads, Kindle Fires, Galaxy Tabs, speakers, etc., to help residents stay connected to loved ones
- Over-bed tables that provide residents a convenient space for dining, reading, games, laptops/tablets and crafts
- Launched the Cycling without Age Program connecting volunteer pilots with residents to enjoy a ride around Silver Lake or on the bike trails
- It's Never Too Late (iN2L) technology to create meaningful experiences for residents by connecting them to their interests and passions as well as the world around them

Your participation in the Golf Classic helps us continue enhancing the lives of our residents for another...

***100 Years of Caring!***





# Samaritan Bethany

## GOLF CLASSIC

MONDAY JUNE 20, 2022  
SOMERBY GOLF CLUB

### THANK YOU SPONSORS

(2022 to-date list)

#### Event Sponsor



#### Golf Cart Sponsor

CliftonLarsonAllen LLP

#### Golf Ball Sponsor

The Pension Boards

#### Putting Contest Sponsor

UKG

#### Driving Range Sponsor

Beckley's Inc.

#### Beverage Cart Sponsors

Samaritan Bethany's Boards

#### Sponsorships Still Available:

Snack Bag Sponsor—\$1000

Hole Sponsors—\$500

On-Course Games—\$500 each

**Interested in being a sponsor?**



### SILENT AUCTION

We are looking for help with the Silent Auction Fundraiser at the Golf Classic.

Ways you can help:

- In-kind donations of goods or services with a suggested minimum value of \$50
- Gift Certificates with a suggested minimum value of \$50
- Silent Auction Baskets with a suggested minimum value of \$250  
Examples of baskets that have gone well in the past include Wine/Alcohol theme baskets, and Golf/Sports related baskets
- Sponsor a Basket. Make a donation and we do the work for you.

### CONTACT US

Samaritan Bethany Foundation

Rita Hawkins

[rhawkins@samaritanbethany.com](mailto:rhawkins@samaritanbethany.com)

507.923.4723

# Friends of Arbor Terrace



**NORTHROP  
EDUCATION  
CENTER**

Friends of Arbor Terrace is a page dedicated to the businesses and organizations that work with our residents so you are informed about the kindness and generosity of our local community.