

# Arbor Terrace

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~ Greetings and Salutations! ~

“If a June night could talk, it would probably boast it invented romance.”

Bernard Williams

Newsletter **JUNE** 2021

# ~ A Message from the ~ Housing Community Leader



Happy June,

This past May was filled with excitement and activities every day. We started the month strong with the first Resident Forum back in action and celebrating all our moms here at Arbor Terrace for Mother's Day. Then it was National Homes for the Aging Week (May 10-14th). During this week we had a bunch of dress up days, pie in the face day, tie-dye station, fiesta nachos, and so much fun celebrating the annual effort to expand awareness of the Aging in Place movement.

In the past month there has also been many new announcements for the community regarding masks and visits. Please refer to page 3 and 4 to learn more about our current mask and visitation policies.

Some new announcements at Arbor Terrace include that we have brought the monthly resident meals back and the residents do get to vote each month for which special menu dish they would like on the 3rd Friday of each month. Another fun new program we started is the resident representatives. This is a group of 4 residents that are voted by their neighbors to greet new move ins, run resident forum, and advocate on behalf of the residents. It doesn't stop there, we also have the Cycling Without Age program with the Trishaw bikes now scheduled on the calendar on Monday afternoons for the residents to get out and enjoy the fresh air with a bike ride around town or through the parks/trails.

Everyday is filled with joy and I am so thankful to everyone who contributes to the safety and happiness of our residents. The nice weather is truly a day brightener and has lifted the spirits here at Arbor Terrace.

Sincerely,

Rachael Paddock

Housing Community Leader

Arbor Terrace Samaritan Bethany



# COVID-19 UPDATE

## VISITATION

Starting June 1st , 2021 Arbor Terrace **will not be using the Essential Caregiver login portal.** All visits will be classified as visitor status.

- Residents can have up to 7 different visits in a week (Mon-Sun).
- There are different times and longer times available throughout the day.
- Visits can have 2-3 people along to visit and visitors can bring a pet. If you are bring more than yourself to visit please put all visitors in the **Your Name** section was scheduling the visit.
- Visitors still need to stay in a designated area or resident room, unless exiting to go outside with the resident.
- Visitors can not attend Arbor terrace activities with the resident
- **\*New\*** the COVID-19 screening forms when arriving have a new vaccination question. If you are a vaccinated visitor masks are still required in all areas except when visiting in your loved ones room who is also vaccinated.

### How to sign up for visits:

1. Go to this link – <https://ccs-reservation.na.rapidbiz.com/>
2. Enter Facility Pin – 497154
3. Pick Schedule a Visit and choose your date and time

*Once the reservation is approved, the visitor will receive a confirmation email. If you do not receive a confirmation email within a few minutes, please check your junk or spam folders.*

## Vaccination Rate

Staff	76%
Residents	97%

The above percentage represents the percentage of Arbor Terrace staff and residents who have completed both doses of COVID-19 vaccine.

## Cumulative Total Cases at Arbor Terrace

# of Staff	7
# of Residents	15

No new cases since February 2021.

**If you believe you may have COVID-19, contact one of the following triage lines for testing information.**

- Olmsted Medical Center: 507-292-7266
- Mayo Clinic: 507-293-9525

### Resources:

[MDH Situation Update](#)

[Protecting Yourself and Others](#)

[News and Announcements](#)

## Sign – in and Sign – out

**ALL VISITORS** - need to be COVID screened by a staff member and sign in/sign out when coming onsite to visit their loved ones.

**ALL RESIDENTS (IL, AL & MC)** - need to sign out when they leave and sign in when they come back. There is also a place to make notes to let staff know where you are going or any info needed for anticipated return.

The sign in/out book is located on the screening table by the front door.

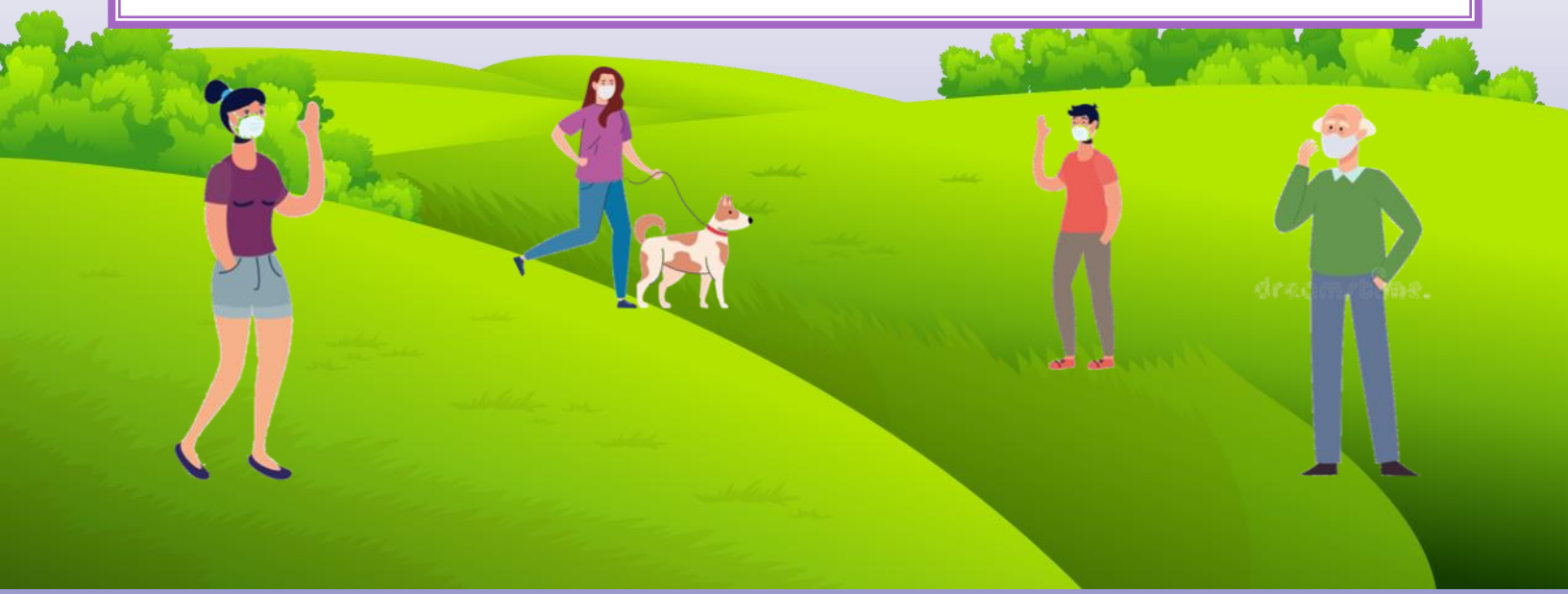


## ~MASK REMINDER~

When walking through the hallways or common spaces at Arbor Terrace it is required to be wearing a mask.

Residents can remove their mask when seated for meals, around others who all fully vaccinated, or when in their rooms.

At resident activities masks do not need to be worn if everyone is vaccinated. If there is 1 individual present who is not vaccinated then everyone has to wear a mask.



# MEET THE STAFF

What talent are you most proud of? *I can juggle 2 balls with one hand.*

What are your pet peeves? *Parallel parking, and when people are knowingly being rude to someone.*

What was the best date you ever went on? *Hiking on trails and having a picnic after.*

Do you prefer to fly or drive when you travel? *Drive. I don't like to let others control the vehicle I am in.*

Where would you move to if you could bring your friends and family with you? *I would move my family to Cheetk, WI in a cabin resort.*

What places are on your travel bucket list? *I want to travel all around Europe but specifically want to go to Paris, England, and Italy.*

What subjects did you most enjoy in school? *Math, because that was the only class that really allows work to show how you got your answer.*

Are you an animal person? *Yes, I have a cat Named Betty and two dogs (Labrador Retrievers) named Shiloh & Talula!*

## Quillen Schroeder

C.N.A. Arbor Terrace Memory Care



# Resident Spotlight



**"BuDn' + BuGn' for June"**

Art by Amy Nieland



## A look back at May!

June swiftly arrives and before we head deep into our Summer months lets take a look back at the blur of fun activities we had this past month.

We had a May Day celebration as well as National Homes for the Aging Week!

Here are some pictures to delight your eyes!





# A Peek at the Month

**RESIDENT FORUM 2nd (IL)**

**BINGO! Every Mon (AL) Every Tues (IL)**

**Father's Day! 20th**

**Painter's Studio (AL) 23th**

**Woman's Brunch 9th & Men's Breakfast 25th**

**Meditation Group (CR) Every  
Wednesday**

**Exercise Class Mon, Wed, Fri. 10am  
(IL) Dining Room**

**Music Therapy (MC) 1st & 22nd, 29th**

**UPBEATS! Drums for healing  
11th (AL) & 25th (IL)**

**Cycling W/O Age Every Mon @ 3:45pm**

**HAPPY HOUR EVERY THURSDAY at 2:30pm**



# **Blessing for fathers, Thank you God, For Fathers**

Unknown Submitted by Calvin Reed-CA

The role of father is often described as a mentor, a guide,  
and a supportive presence when we are trying something new.

In my life, this blessing may have come from my own father  
or perhaps from other adults in my life.

For the blessings that fathers provide for their children  
and for all those who play a fatherly role in the  
lives of others, I offer a prayer of gratitude today.

**“Dear God, I give thanks for fathers.  
I recognize the dedication and patience  
it takes to be a source  
of compassion and  
understanding when helping  
to shape a young life.**

**Bless all fathers,  
especially those who are new  
in this sacred role. I pray they feel  
Your presence with them.  
May they know that Your strength  
and wisdom are within them,  
providing all they need  
to guide and support  
their children with kindness and love.”**

*Fear thou not; for I am with thee: be not dismayed; for I am thy God:  
I will strengthen thee; yea, I will help thee; yea,  
I will uphold thee with the right hand of my righteousness.*

Isaiah 41:10



# 15th ANNUAL GOLF CLASSIC

**Monday, June 21**  
**Somerby Golf Club**



**To Benefit the residents of**

**Samaritan Bethany Senior Care**

**Community,**

*A caring home where each life has  
meaning and purpose.*

Scan QR Code



or visit: [www.samaritanbethany.com/news](http://www.samaritanbethany.com/news)

## **SCHEDULE:**

- 11:00** Driving Range & Putting  
Green open for practice
- 11:30** Registration opens, FREE  
Bloody-Mary bar & Lunch
- 12:15** Welcome & Instructions
- 12:30** Shotgun start
- 5:30** After Golf Celebration &  
Awards

## **DETAILS:**

**ENTRY FEE:** Foursome: \$600  
Individual: \$150

**EVENT:** 18 Hole 4-Person Scramble; includes cart, Bloody-Mary bar, lunch, after golf celebration, Silent Auction & Raffle

**PRIZES:** Club gift certificates to Flight winners

**Additional dinner guests:** \$50 per guest

**ENTRY DEADLINE: June 11th**



**Special THANKS To the event sponsor!**



# News from the Chaplain's Desk



Greetings Children of God!

What a year! We're still trying to get back to "*normal*." We couldn't have dreamed of what was to come in January 2020. Dealing with isolation has been hard. Very hard! Keeping faith has been a challenge, even more than usual.

But, that's not new for the people of God. The word *Israel* literally means, *those who struggle with God*. If we take our faith seriously, we will struggle with God.

Hasn't it looked like the world has come unraveled? *Chaos* seems to reign over *order* these days. What we used to take for granted, we no longer can. It's that ancient struggle of *chaos versus order*. And, we're all stuck with dealing with it.

## **Orientation – Disorientation – Reorientation**

Israel, in Scripture, has a history of going through this cycle of keeping the faith, losing the faith and regaining the faith anew. While keeping faith, Israel does well. But, then, it becomes complacent, corrupt, faithless...and trouble ensues. Society falls apart and becomes vulnerable to ruin.

If you think our world has disconnected from our faith moorings, you're not alone. It's time to recapture the sacredness and disciplines of the faith that has made our world prosper spiritually and materially. God so loved the world, God gave his only begotten Son, in order to save the world.

We live in a world where many think we worship an *Imaginary Friend*. Don't be fooled. We don't. We live in a God-made world, with God-made people. A world that has a moral fabric embedded in it, just as surely as the laws of physics. We violate that moral fabric, those moral laws, at our peril.

I believe that each individual who practices the faith will contribute to changing, redeeming the world God created for us. We're all in the soul-making business, making our own souls. This isn't the magic of *Tinkerbell*. It's the power unleashed by the *Holy Spirit*.

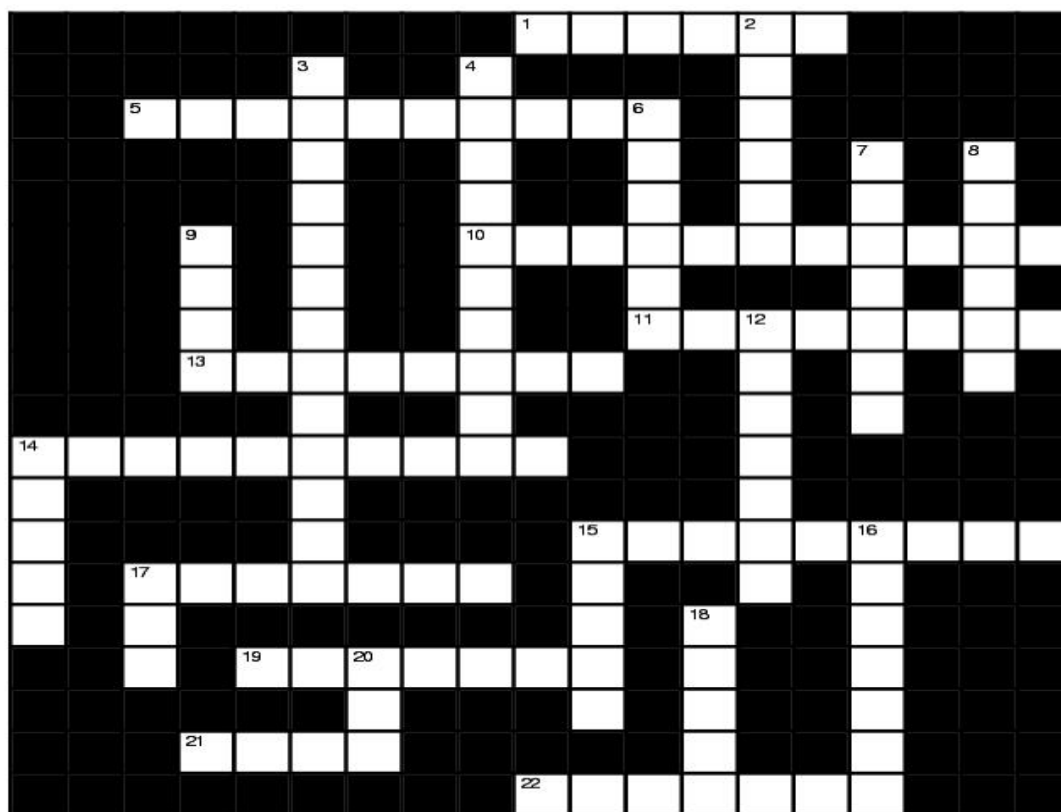
Keep the faith,

Pastor Glen

**Service now in the  
Chapel! Every Sunday @  
9:00am**

# FATHER'S DAY

## Crossword Puzzle



### ACROSS

1. Pugil is a Latin word for
5. Pixilated distractions
10. Computers, stereos, cameras, you name it has it.
11. Common piece of furniture that is for reclining
13. A sport that is a Sunday favorite
14. Home improvement device that is mostly purchased by men
15. Grown-up capture the flag
17. Indoor activity where getting a three strike is a good thing
19. The cliché Father's Day gift
21. Beverage that is common imbibed while tailgating

22. Outdoor activity that involves sitting in a boat or standing in stream

### DOWN

2. Sport that has race in Dayton
3. Item that is often found in a couch
4. Sport where you put a rock through a hoop
6. Sport where teams of eleven must score without the aid of hands
7. Outdoor activity that has seasons
8. Icing is a penalty for what sport
9. Game where it can be played from the back to the front

12. Outdoor activity for the whole family
14. Staple food of college
15. Card game that is played on television
16. Another word for sailing
17. A cookout
18. A common piece of furniture that is used to lie on, at home
20. Mode of transportation

# Thank You!

*from*  
*Arbor Terrace!*

**Joan Rose**



**Sylvia Viken**



**Karen Schmidt**



**Darleen Freeman**



# Support Arbor Terrace!

We are looking for your help! Arbor Terrace has a goal to improve our residents rhythm, health and laughs. To do this we are asking if you have any drums or percussion instruments that you no longer want we would love to add it to our "UpBeats! Percussion for Life," pilot program.

This is a pilot program from the Women's Drum Center out of St. Paul that Arbor Terrace has the fortune to be a part of, but we could use some more drums.

To drop off you would just bring your donation to the front desk of Arbor Terrace. You can contact Shane Hoffman, 507-424-4063 or [shoffman@samaritanbethany.com](mailto:shoffman@samaritanbethany.com), with any questions or comments regarding the donation process.



And...if you or anyone you know would like to become a volunteer please contact Shane Hoffman: **507-424-4063 Ext. 4105** We are looking for: bingo caller, yoga practitioners, exercise leaders (will train) one on one visitors, game and card players, artists, musicians, ect.