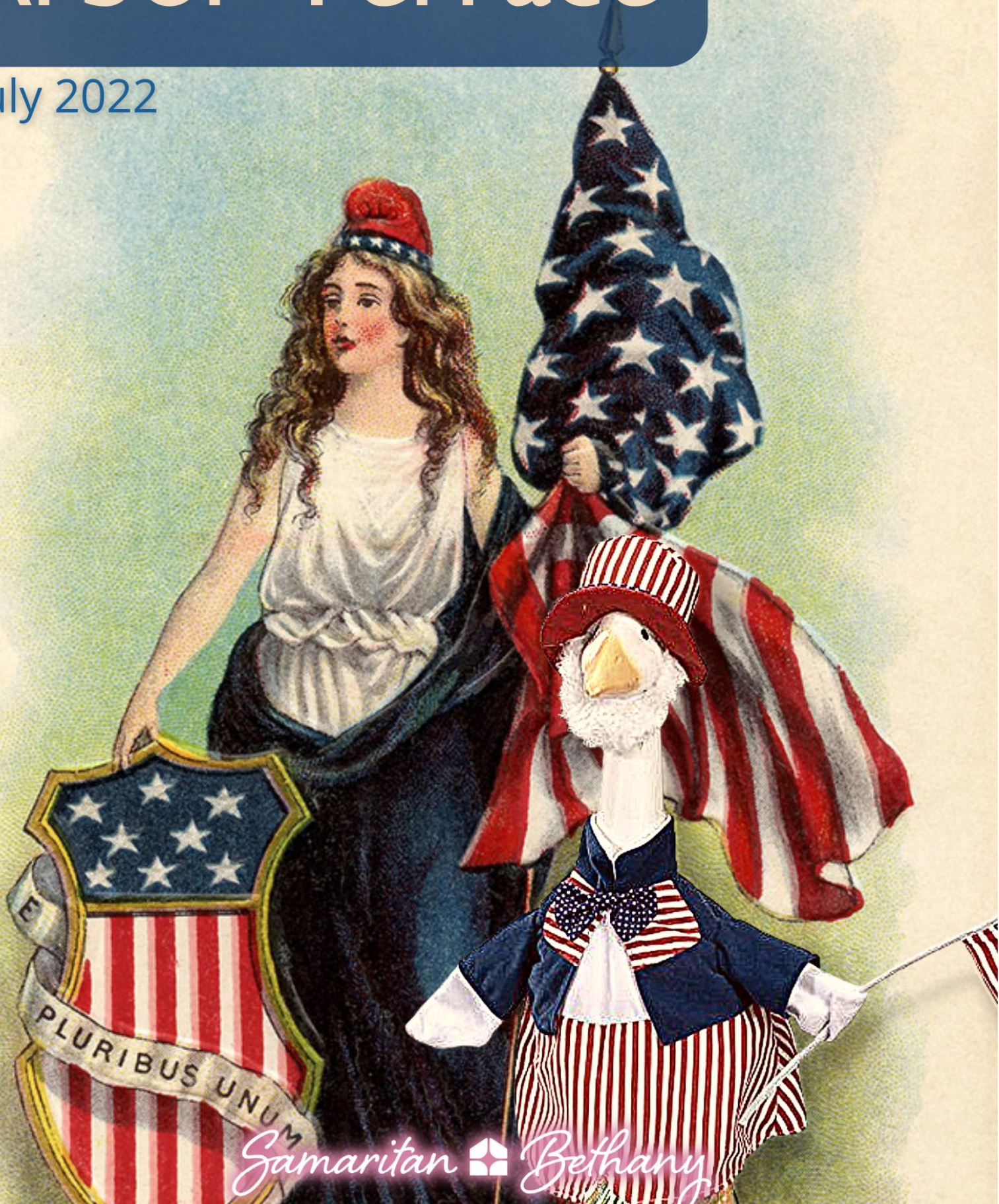


Arbor Terrace

July 2022



Samaritan  Bethany

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Puzzles and Fun

~ A Message from the ~ Housing Community Leader



WOW! We had a huge turn out for the Arbor Terrace Garage Sale! We fundraised over \$1,000 for the Arbor Terrace Resident Fun Fund! A huge thank you to everyone who donated items and helped setting up the day of. We hope to do this again next year.

Arbor Terrace has Resident Forum on July 6th at 2:30pm in the IL Dining room we are hoping to see you all there for updates and conversation.

There will be evacuation education sometime end of July early August because we will be participating in an evacuation drill on August 10th, 2022.

I hope everyone has a wonderful 4th of July celebrating with friends and family. I always look forward to the end of the night when you watch fireworks and snack on s'mores.

God Bless America,

Rachael Paddock
Housing Community Leader
Arbor Terrace





ROCHESTER SPOTLIGHT

ROCHESTER FARMERS MARKET

Saturday Mornings 7:30am-12pm at Graham Park

THURSDAY'S ON FIRST

Every thursday from 11am - 8:30pm on 1st Ave Downtown

FRESH AIR FITNESS

Every Saturday 10am -11am at the Peace Plaza Downtown
Free but registration required

4TH FEST (ROCHESTER)

Monday July 4th 4 pm - 10:30pm in Soldiers Field Park

DOWN BY THE RIVERSIDE

Starting July 10th for 6 consecutive Sundays
7pm -9:30pm behind the Mayo Civic Center and
Rochester Art Center



LOCATION:

SOLDIER'S FIELD

ADDRESS:

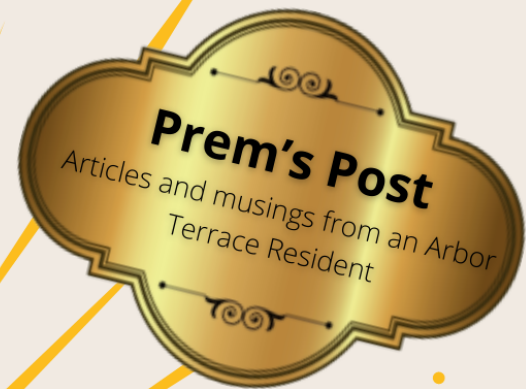
**300 7TH ST SW, ROCHESTER,
MN 55902**

DATE/TIME:

JULY 4, 2022 -

**ENTERTAINMENT STARTS AT
4:00 PM**

FIREWORKS AT 10 PM



Brook Hansen is young, a laughing doll, very sweet, very friendly, very helpful and above all, very active. She has two big and good qualities- laughs and instead of walking, she runs. She does not know the word “no”. Yes, she knows “yes” for anything you tell her to do provided it is in the list of assigned duties.

Whenever she meets any of the members, she uses some of the repeated sentences, “How are you? You look so good, you are beautiful, etc.” Who would not feel cheerful even if one is down in spirits, sad, dejected, inactive etc. All the optimistic sentences perk up the inactive residents.

She is educated up to one year in college. About the residents here she says, “I am a happy person and I want my friends at Arbor Terrace to be happy. I am working here for two years and the residents at Assisted Living feel happy when I help them and that makes me happy.

On the family side, she says, “My Father’s name is Mike. A good man, and my mother is Patty. A good lady. I have one sister Gabby. She is a traveling nurse. Personally, my future program is the study of anesthesia.

Brook is a very popular worker. Everyone loves her. They say, “We wish her all the luck in the future also.”

Reminders & Notifications!



Free Nail Painting Every Wednesday
at 1:00pm in the IL Dining Room



500 Club meeting every
Tuesday at 12:30pm in the
community room



Otago Exercise is
M-F at 10:00 AM



Meditation for Wellbeing Every
Wednesday at 4:15pm in the
Community Room



A Look Back at June





ICE CREAM SOCIAL

Join us for an old-fashioned
ice cream social in
Goose Egg Park!

Wednesday, July 13th
7-8 PM, or however long you want to stay!
Goose Egg Park, 9th St NW, Rochester

Bring a lawn chair and plan to hang out
for a while with neighbors and friends.

Delicious gelato will be available for
purchase from The Wandering Scoop.



This is a unified event sponsored by the Adults
with Exceptional Abilities Program at Community
Education. Consider rounding up your purchase to
provide scholarships for future events
for our participants.



Message from the Chaplain

Thinking of Independence Day, July 4th, a day we celebrate our freedom, I'm reminded of the writing of the Apostle Paul.

Paul's writing, his ideas, are a fundamental foundation for the principles of freedom we enjoy. Paul's notions are foundational for Western Civilization and culture. Paul fleshes out the understanding of individual rights and freedoms way back in the 1st Century, only a couple of decades after Jesus' Resurrection and Ascension.

Paul teaches us that every individual person is a created Child of God, a person who has intrinsic value because God has given us his Spirit in our interior lives, our essence as human beings. Therefore, at our basic level as created beings, we are equal in God's eyes. We are unequal in the outcomes in many categories: wealth, health, intelligence, wisdom, abilities, strength, the list is endless. But, essentially, as Children of God, we are all equal in Spirit. We all have dignity and worth. So, when our Founding Fathers stated that we have certain "inalienable rights" that "these truths are self-evident," they are reflecting Paul's ideas. These truths can only be self-evident by God's revealing light. Plato mentions this idea centuries before Christ in his cave analogy. We can only see immutable objective truths by the light that shines into our darkness from outside our "cave" outside ourselves, truths that make our world make sense. It's the logos John's Gospel points to, the revealed truth that makes our world make sense, our shared language make sense, in which our individual lives make sense.

You may have found that there is a God-shaped hole in each of us. Only God can satisfy that missing piece in each of us. When we cooperate with that realization, our lives make sense and we are at peace, the peace that passes all understanding, as Paul says.

This 4th of July, let's honor the development of this notion of democratic freedom that has developed over the centuries. Take notice of how freedom has grown to include more and more people. Compare how this has developed among other cultures and you will see how precious our freedom is, how worthy it is of our sacrifice, and honor it as it should be. Then you will know why others want to live in land like this one, with the freedom and principles we have. This experiment in a constitutional republic only works with a people who take our Judeo-Christian foundation seriously.

**Let freedom ring!
Happy Independence Day!
Pastor Glen**

Special Presentation

By John Finke



June 29th

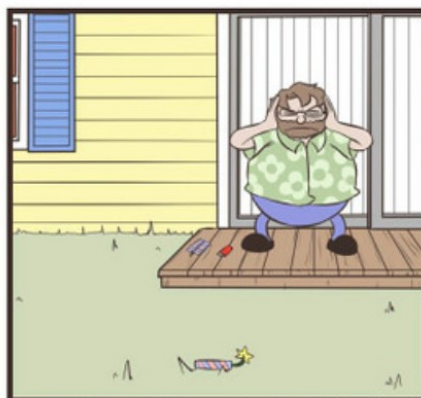
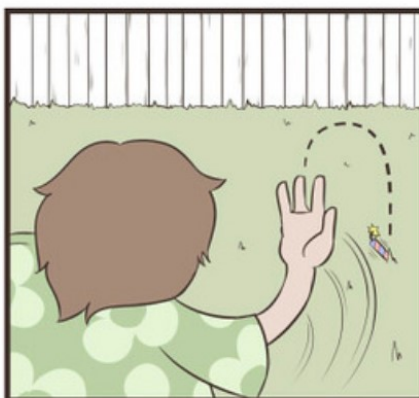
John gave a presentation of the famous Aircamper Airplane from Cherry Grove that was an integral part of his and his wife, Bernie's life.

Thank You John!

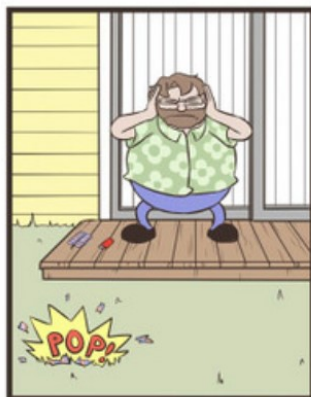




FIND THE HIDDEN OBJECTS



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Friends of Arbor Terrace



**NORTHROP
EDUCATION
CENTER**



Friends of Arbor Terrace is a page dedicated to the businesses and organizations that work with our residents so you are informed about the kindness and generosity of our local community.