

Arbor Terrace

JANUARY 2023

Hi! I'm Arby Terrier.
And I am here to
welcome in 2023!



Samaritan  *Bethany*

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Leader**

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~ A Message from the ~ Housing Community Leader



HAPPY NEW YEAR!

Wow, where did 2022 go?
We had a heck of a year and
it sure was filled with fun
times. We got to celebrate
just about every holiday we
could think of!

Here is a look back at some of the fun
highlights of the year!

- Samaritan Bethany celebrate 100 years of caring
- Homes for the aging week we made an awesome Arbor Terrace art piece
- We got to enjoy a finished courtyard out in memory care with a shaded pergola and new furniture
- We had a yard sale and earned over \$1,000 to put toward the FUN FUND!
- We FINALLY got to have our Arbor Terrace Parking Lot Picnic
- We went to the apple orchard
- We celebrated Christmas once again with our annual Christmas parties and got to enjoy the 22 beautiful trees!

I am excited for what the new year brings and
hope everyone enjoyed the holiday season!

Warm Regards,

Rachael Maxfield
Housing Community Leader

UPDATES ON COVID-19

New COVID Cases

1 staff

0 resident

Outbreak testing will occur for residents exposed as well as staff identified through contact tracing.

Visitation for Arbor Terrace will continue.

Flu Cases (confirmed)

0 staff

2 resident

We had a small outbreak in Memory Care after the Christmas Party. There were other suspected flu cases but no formal diagnostic.

Masks are still required to be worn inside the building when the Olmsted County transmission rate is classified as high for COVID.

Please remember that if you are feeling ill or have been exposed to illness to please postpone your visit to Arbor Terrace, to keep our residents and staff safe.

**Influenza is in our community.
Protect yourself and others.**



**Cover your sneeze
and cough**



**Wear a mask if you have
a fever, cough, sore
throat, body aches**



**Clean your hands
frequently with hand
sanitizer or soap
and water**

LE Reminders *For* 2023!

- Men's & Women's Breakfast is now on **3rd Floor Heritage** at **9:00am!**
- Check Channel 2 for televised music and the weekly calendar!
- Catholic Rosary is now in the chapel every Thursday at 1:00pm
- If you are going to Samaritan Bethany for music; mask up!

Four Golden Ladies



For the day's meals at the fourth floor of Samaritan Bethany, four elderly ladies are always together. They enjoy the meals, the company of each other and the experience of the long gone days; the good, the bad, and the funny days. Everyone would listen to each other's experience with their gathered attention and laugh or sympathize about their long past days.

Marge



Marge Was born on April 9th, 1923. Because she is the youngest of the three of us, we call her "baby sister."

She is very pleasant and a caring lady. Not involved in any social party politics.

She had her education in Hibbing High school in Chicago. After graduating from Hibbing Highschool, she began working in The Defense School.

She and Ray were married in 1945.

They were blessed with two children, Linda and Larry. Linda becamea secretary in a school and Larry became a doctor at 3m Medical Company in Minnasota.

Their Family is a graceful family. Unfortunately, Linda's husband passed away due to cancer on their 50th anniversary. That was a sad story.

Coming Back to the Golden Ladies, in the sum total. All of them follow a golden principle. They keep each other, share each other's happiness and sorrow and keep each other's company. Marge uses her wheel chair and keeps up with the other's as much as she can and gives company to the others.

All of them follow another golden message given by known wise people, "Don't dwell in the past, that is gone. Don't think of the future it is unpredictable. The present is your present, make every use of it." Marge will be 100 in 2023.

Good Luck Friends.

***This is the final article written by Prem, who has since passed away. We are honored to have been able to share her humor, thoughts and interviews in the Arbor Terrace Newsletter.**

Thank You Prem!



JANUARY TELEVISED MUSIC



6th The D'Seivers 2:30pm

Samaritan Bethany Lobby

11th Gary Froiland 3:00pm

Samaritan Bethany Lobby

12th Kent Larson 2:30pm

Arbor Terrace

20th Tim Kreise 2:30pm

Samaritan Bethany Lobby

21st Emmett Norrie 2:30pm

Samaritan Bethany Lobby

26th Allen Carson 2:30pm

Arbor Terrace

ON CHANNEL 2



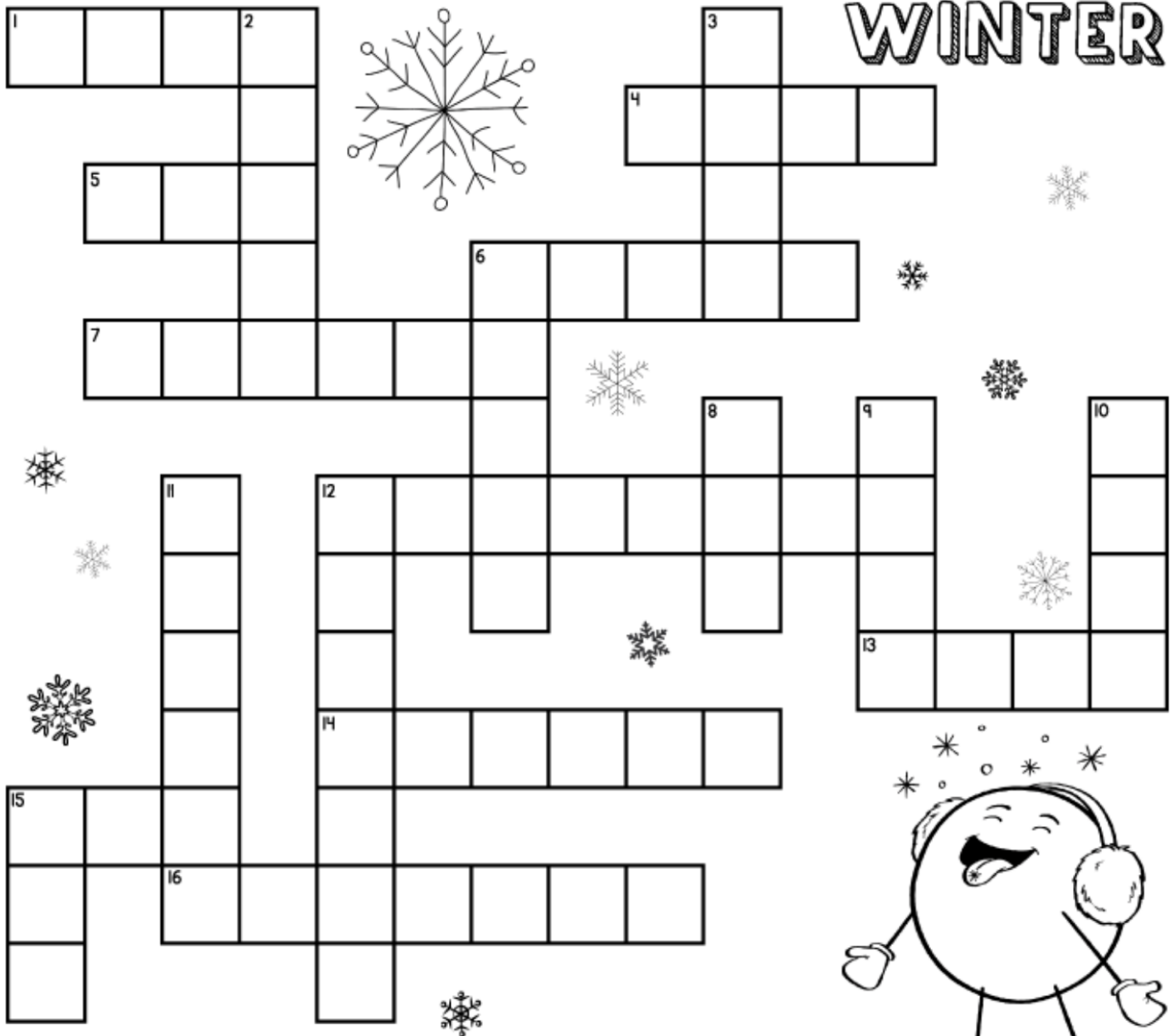


Christmas Party 2022





WINTER



ACROSS

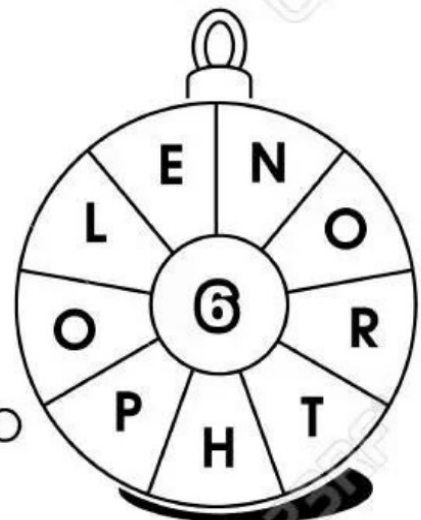
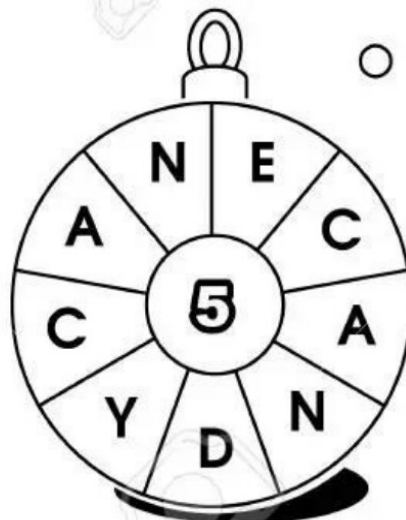
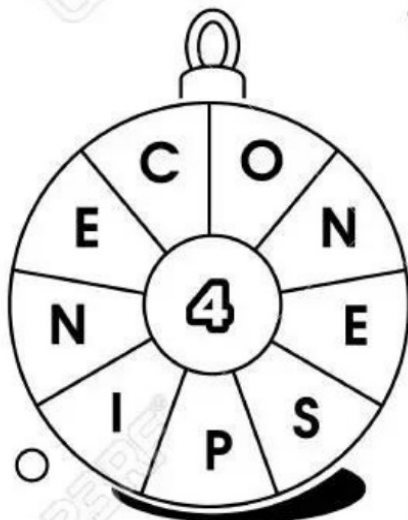
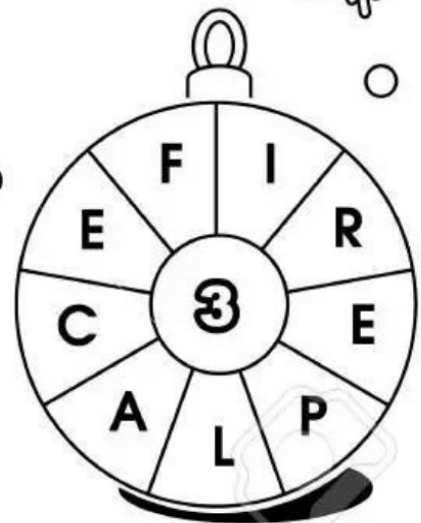
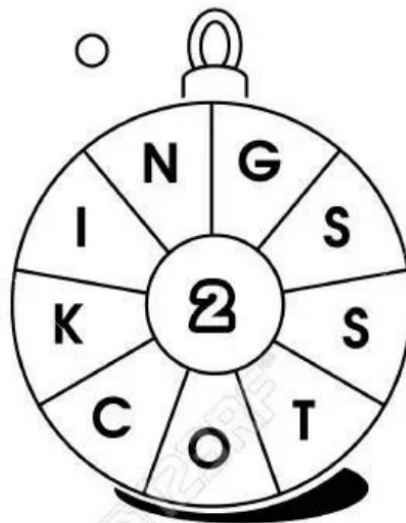
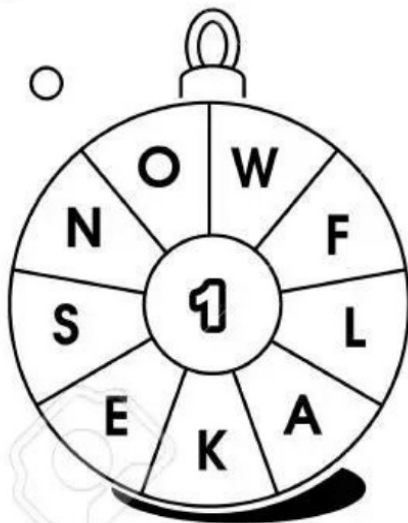
1. soft, white pieces of frozen water that falls to the ground
4. opposite of hot
5. to move on snow with long narrow strips attached to the feet
6. footwear in the winter
7. Dress warm so you don't ____.
12. children like to throw one of these
13. "The snow is 2 feet ____."
14. the coldest season of the year
15. frozen water
16. "We like to go ____ on the pond in the winter."

DOWN

2. the color of fresh snow
3. a piece of clothing worn to keep warm
6. "The temperature fell ____ zero last night."
8. a covering to keep the head warm
9. an outdoor winter toy for kids to slide down snowy hills
10. Be careful not to ____ and fall on the ice.
11. special shoes for ice
12. a model of a person made with snow
15. In the winter, the roads can be ____.

Round Words

Can you guess the nine 9-letter words and phrases?



ANSWER: SNOWFLAKE, STOCKINGS, FIREPLACE, PINE CONES, CANDY CANE, NORTH POLE, MISTLETOE, BOXING DAY, GINGER MAN.

Friends of Arbor Terrace



**NORTHROP
EDUCATION
CENTER**



Friends of Arbor Terrace is a page dedicated to the businesses and organizations that work with our residents so you are informed about the kindness and generosity of our local community.