

Arbor Terrace

January 2022



HAPPY
NEW
YEAR

Samaritan  Bethany

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On 12/27/21 we were alerted that a staff member who had no direct contact with staff or residents. Meaning we did not have to quarantine or do mass testing.

We also had a visitor exposure on 12/27/2021 and heard that visitor test came back positive on 12/31/21. Only 1 resident was considered in close contact and there was no breach in PPE

We continue to keep a close eye on staff and residents health. We screen staff prior to each shift and screen residents daily for symptoms.

OSHA has implemented a nationwide Emergency Temporary Standard on Vaccination and Testing (29 CFR 1910.501). This mandate requires employers to establish, implement, and enforce a written mandatory vaccination policy. All non vaccinated staff must test weekly.

Please continue to stay safe and healthy!

VISITATIONS

- Visitations continues as normal
- Visitors must screen in at the Fahrenheit Machine and should have a badge visible when passing the screening.
- **All visitors must be wearing a mask** when at Arbor Terrace. You can only remove your mask in a closed room with the residents and all people present are vaccinated.
- If you are feeling ill please stay home. We do not want you or any residents to expose anyone or cause more illness.

~ A Message from the ~ Housing Community Leader



Did December even happen?

We had such a special month celebrating with all the staff, residents, and families. The Christmas parties were such a success compared to the previous year! A huge shout out to the culinary department! And all the staff who helped!

December was a rollercoaster with the weather. Who would have thought we would go from 12 inches of snow to a 50 degrees and tornado warnings. Now we are back into the tundra with below zero weather. Stay warm out there!

Can you believe we have been dealing with the new normal now for nearly 2 years. As we enter 2022 I hope for it to bring good health, growth, and memories with those we love.

We have recently developed a commercial with KTTC and it started airing right before the holidays. I hope you all get a chance to view it, you can always check out our Facebook or Instagram to watch. With this commercial we hope to see some new residents join our community.



@SamaritanBethany

2022 is also the 100th anniversary of Samaritan Bethany. We will be celebrating this year with reminiscing the amazing 100 years of service and caring. Stay tuned with events and news to come!

I wish you all a Happy New Year!

Sincerely,

Rachael Paddock
Housing Community Leader



A LOOK BACK AT



DECEMBER 2021



Prem's Post

Articles and musings from an
Arbor Terrace Resident

I said sit!



Greetings & Salutations!



So 2022...

I have been thinking for a while now about how in the heck can we make things better in our next year here at Arbor Terrace. Though we still have a lot of projects to grow our community to make it the best place to call home

in Rochester, we are implementing some modifications to the schedule.

One small change is that exercise will now be at 9:00am rather than 10:00am.

There is also an opportunity for volunteer work on Mondays, Wednesdays & Thursdays in our memory care neighborhood. I will be speaking more about this at our Resident Forum meeting on the 5th.

Another new change will be the annual Arbor Terrace Club Fair where the residents can organize and find like interests. This will be held on the 14th at 2:30pm in the IL dining room.

~ Shane Hoffman
Life Enrichment Coordinator

Regularly Scheduled Programming

01/01/2022

Monday

Program	Time	Location
Exercise	9:00am-9:30am	IL Dining Room
Bingo	2:00pm-3:00pm	AL Dining Room
Bible Study	3:15pm	Community Room

Tuesday

Program	Time	Location
Exercise	9:00am-9:30am	AL Dining Room
Bingo	2:30pm-3:30pm	IL Dining Room
Music Therapy	2:30pm-3:30pm Bi -weekly	MC Dining Room

Wednesday

Program	Time	Location
Exercise	9:00am-9:30am	IL Dining Room
Resident Forum	2:30pm 1st OTM	IL Dining Room
Meditation	4:15pm	Community Room

Thursday

Program	Time	Location
Exercise	9:00am-9:30am	AL Dining room
Catholic Service	1pm	Community Room
Happy Hour	2:30pm-3:30pm	IL Dining room

Friday

Program	Time	Location
Exercise	9:00am-9:30am	IL Dining Room

Sunday

Program	Time	Location
Church	9:00am	Chapel

HAPPY HOUR EVERY THURSDAY at 2:30pm

A Peek at the Month

Woman's Breakfast 12th—8:00am Community Room

**Tim Kreise (MUSIC) 13th
2:30pm IL Dining room**

ARBOR TERRACE CLUB FAIR 14th
2:30pm IL Dining room

**AVOID SCAMS! Education 19th
2:30pm IL Dining room**

**Mellow Fellows (MUSIC) 16th
2:30pm IL Dining room**

**Painter's Studio 21st
2:30pm IL Dining room**

**Tom Schram (MUSIC) 28th
2:30pm IL Dining room**

Men's Breakfast 28th—8:00am
Community Room

I recently spoke with a college student about his interest in Nordic paganism. He seemed interested in it as an alternative narrative to the Gospel, the Christian narrative. I told him that paganism predates Christianity and that Christianity was built on paganism and transformed it. Today, when the Christian faith has receded, more paganism is revealed again. But, if he stayed with critical thinking long enough, he'd arrive at the Christian faith.

He asked, "Do you mean if I began with a pagan position and continued with a sound critical thought process long enough Christianity would be *created*?"

I said, "No. But the logical conclusion of that process would be Christianity."

Soon after, I thought I should have added, "Christianity is not *created*. It's given. It's a *revealed* faith. A faith we didn't make up. It's a *gift*. It's like saying, 'through my investigation of reality I created sunshine.' We don't create sunshine, we see it already existing. It's sort of like the classic story of Newton discovering gravity when the apple falls on his head. Newton didn't create gravity. He realized it was already there. He *discovered* it; uncovered what was already there."

John 1:1-18

¹In the beginning was the *Word*, and the *Word* was with God, and the *Word* was God.
²He was in the beginning with God. ³All things came into being through him, and without him not one thing came into being. What has come into being ⁴in him was life, and the life was the light of all people.

⁵The light shines in the darkness, and the darkness did not overcome it.

Word. Logic. Reason. The Mind of God. Logos!

The English translation in the above scripture passage that translates the word *Word*, is from the Greek word *logos*. It means logic, reason. The Mind of God.

As we begin a new year, it's good to think on what we want to accomplish, resolve this year. What is our aim? What is our purpose? This passage is a great one to get off on the right foot.

This logos is the spiritual essence within each of us. This spirit within resonates like a tuning fork when we choose the right path and create a new world for ourselves when we speak the truth as we know it. Then, we imitate Christ from the station in life we find ourselves and work with God in creating a new heaven and earth in the year 2022, a world that is in desperate need of re-creation, hope and new life.

What does God have in mind for you?

May you find yourself to be a blessing in order to bless the world around you.

Happy New Year!

Pastor Glen

BEGIN AND END

Each phrase below is a clue for an answer that begins and ends with the same letter.

1. A continent at the south pole _____
2. Payment to stockholders _____
3. A word used by magicians _____
4. Physical exertion done for fitness _____
5. One television show in a series _____
6. One who reviews and gives judgements _____
7. A brief advertisement _____
8. A place for performers _____
9. An amount over and above what is needed _____
10. A great work of art or literature _____
11. A ray of moonlight _____
12. An edible seed of a bean plant _____
13. Accepting of others _____
14. Handwriting skill _____
15. Blue-green _____
16. An official list of names _____
17. One thousand years _____



A very special Thank you to everyone who has helped make this holiday season and this whole year extra special with their generous gifts and volunteering! THANK YOU!

⇒ **The FCA Group**

⇒ **Homestead United Methodist Church**

⇒ **Lowertown Neighborhood**

⇒ **Shannon and Meyer**

⇒ **Shaina and Theodore**

⇒ **Resident Volunteers**

⇒ **All of the Staff and Families!!!**

And...if you or anyone you know would like to become a volunteer please contact Shane Hoffman: **507-424-4063 Ext. 4105** We are looking for: bingo caller, exercise leaders (will train) one on one visitors, game and card players, artists, musicians, ect.