

Arbor Terrace



HAPPY
New Year

~ Greetings and Salutations! ~

**Happy New Year! Here is to renewed hope and Joy
coming into 2021. Please Enjoy this months January
Newsletter!**

In This Issue:

**Message
from the
Housing
Community
Leader**

**COVID-19
Update**

**Meet the
Staff**

**Holiday
Party**

**A Look
Back at
2020**

**A peek at
January**

**Winter
Puzzle**

**January
Blessing**

Newsletter January 2021

~ A Message from the ~ Housing Community Leader



Greetings everyone,

I hope you all had a Merry Christmas and a Happy New Year. The past year has been a rollercoaster with COVID-19 and being separated from others. We have had to learn a new normal with masks, quarantining, and virtually visiting others. That being said we have overcome these new challenges with strength, teamwork, and community. Thanks to all of you and your support Arbor Terrace has preserved through this pandemic.

Starting at Arbor Terrace in March, I never expected to have the year that we have. From the get-go it was a whirlwind of COVID-19 updates and protocol changes. But in spite of all of that, it has been a year of finding joy, fun, and laughter everywhere we could.

I am very excited to start the new year with vaccinations rolling out tentatively around the mid to late January. Hopefully in 2021 we can slowly get back to some sense of normal. I am glad we can put 2020 in the past.

Sincerely,

Rachael Paddock, LNHA
Housing Community Leader
rpaddock@samaritanbethany.com



COVID-19 UPDATE

VACCINE

We sent out vaccination consents in early December. We were very appreciative of everyone's quick replies and returning the forms. This assists us in preparations for Walgreens onsite vaccine administration. If you are choosing to decline the vaccine we need you to tell Rachael Paddock, Housing Community Leader so we can request an accurate number of vaccines.

Though the vaccinations are expected for mid to late January, we will keep you informed of any changes or alterations to this timeline. Again, we would like to thank you for your patience and perseverance during this last year.

of Positive Cases at Arbor Terrace

# of Staff	5
# of Residents	0

COVID-19 continues to spread in the community and we are taking every precaution recommended by MDH and the CDC. Please remember to be cautious of where you travel to and always perform hand hygiene! We also ask that you wear a mask at all times when in proximity to others.

Communication is key. We will continue to update you on any news, emerging issues, or additional changes in our operations via phone, email, or mail. We also have a link on [https://www.samaritanbethany.com/ Home](https://www.samaritanbethany.com/Home) Page for COVID updates, just click the yellow **Learn More** button. If you have issues or concerns, please let us know or you can also call the Office of Ombudsman for Long-Term Care at 800-657-3591.



MEET THE STAFF

Nikki Stearns

What's the best month on the calendar? *July 2020*

What are some of the things you've had to unlearn? *I've had to unlearn the ways of irresponsible and stepping up.*

What's the best way to start the day? *Sunshine & Coffee*

What do you wish you knew more about? *Becoming a mom.*

What's the farthest you've been from home? *Texas*

What's your favorite genre of book or movie?
Romance and mystery

What mystery do you wish you knew the answer to? *I wish I knew the answer to many world problems going on.*



Independent Living Care Attendant

CHRISTMAS PARTY 2020!





2020

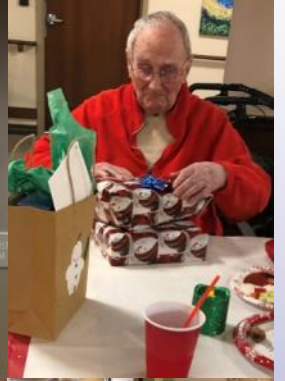
...is over!

Well folks its already that time again to say goodbye to another year, not any year mind you, but 2020. This has been one of the toughest I personally experienced and I know many, many others who feel the same. But, for us here at AT we had lots of laughs, joy and fun. Here are some pictured from throughout the year!









A Peek at the Month

BINGO (IL) EVERY TUESDAY! 2:30

Winter Landscape Painting (AL) 6th

Snowball Games (MC) 16th

Rhythm & Music Class (MC) 5th, 19th

Meditation Group (CR) Every
Wed. 4:15-5pm

**Exercise Class (MC/AL) Mondays
and Wednesdays**

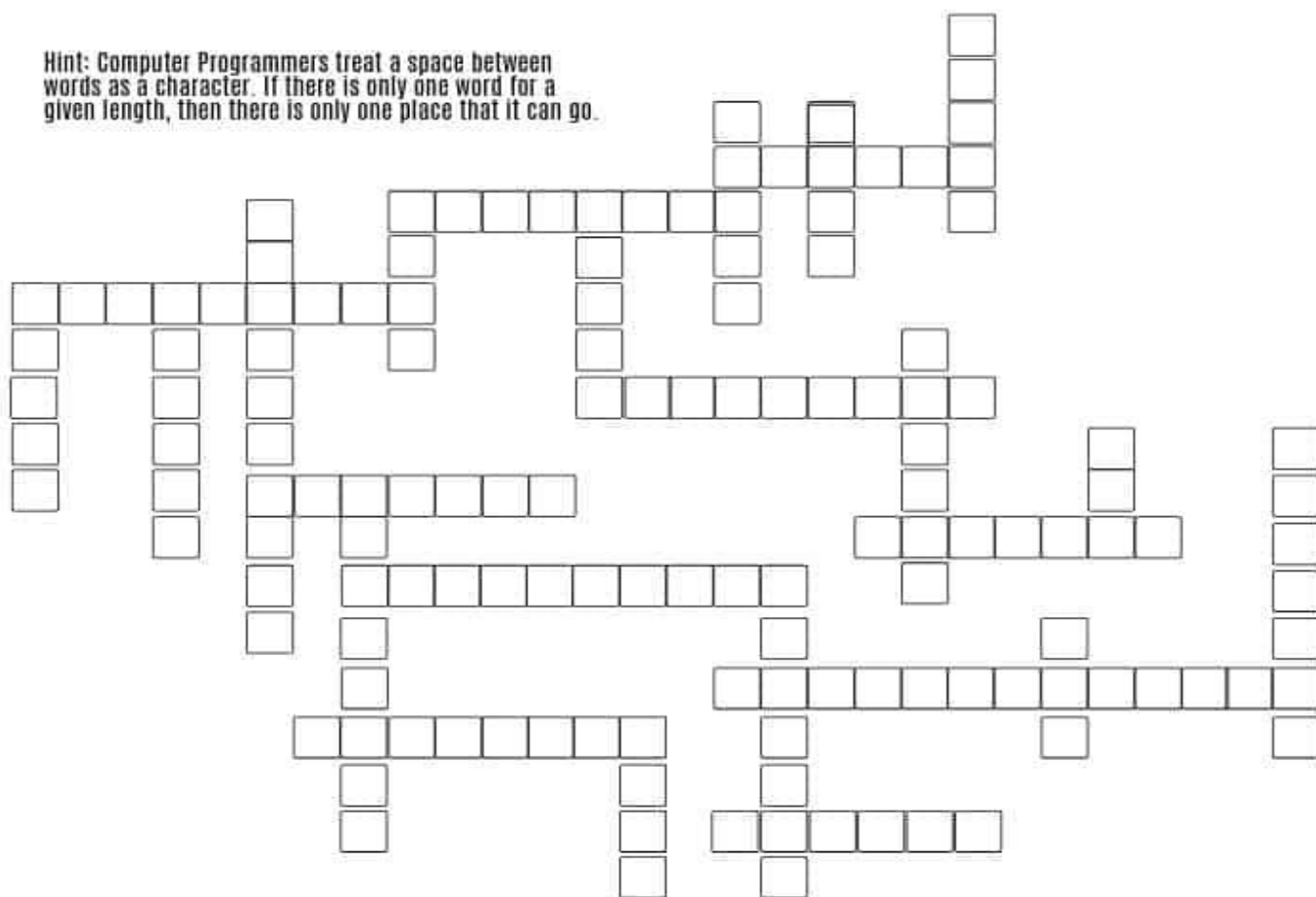
Exercise Class (IL) Every Tues. & Thursdays

HAPPY HOUR EVERY THURSDAY at 2:00pm

WINTER LOGIC WORD PUZZLE

Directions: Fit all of the words into the puzzle.

Hint: Computer Programmers treat a space between words as a character. If there is only one word for a given length, then there is only one place that it can go.



3 Letters

ice
ski

4 Letters

snow
cold
sled

5 Letters

boots
scarf
frost
igloo

6 Letters

gloves
frozen
winter
jacket

7 Letters

bobsled
penguin
icicles
snowman

8 Letters

snowball
blizzard
earmuffs

9 Letters

snowboard
snowflake

10 Letters

ice skates
polar bear

13 Letters

hot chocolate

VISIT OURFAMILYCODE.COM FOR MORE LOGIC WORD PUZZLES!

< OURFAMILYCODE />



JANUARY BIRTH MONTH BLESSING

The slate has been wiped clean.

Everyday is new before you.

Your heart awakened, to see with God all things really are possible.

He has put His creative nature in you, to dream and create.

Old doors of limitations have shut.

Opened before you is endless possibility.

Only Believe.