

Arbor Terrace

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~ Greetings and Salutations! ~

**Happy February love bugs! Here is to a new month
of laughs and love . Please Enjoy this months
Newsletter!**

Newsletter February 2021

~ A Message from the ~ Housing Community Leader



Hello and Happy February,

A month full of love and a second chance to start the new year off right. We entered 2021 with hopes to get the vaccine and all would be moving upward. However, that wasn't the case. We had exposure early in the month and had 12 total resident cases of COVID-19.

Our team came together to do all the protocols and preventative measures we could to stop the spread. Rolled out PPE, closed down neighborhoods, stopped staff from crossing between areas, and have submitted most of the residents for the monoclonal antibody (MAB) therapy. This therapy is intended to treat COVID positive individuals who are at high risk for serious illness and to minimize symptoms.

Aside from the positive cases, we also had our first COVID-19 vaccine on January 22nd, 2021. This was an exciting day as we had a great turn out of residents, staff, and essential caregivers show up to receive their shot. Our 2nd vaccine clinic will be February 19th, 2021 from 1:30 –5:00 pm. I hope to see you all there! If you are still needing your 1st shot please contact me via phone or email to let me know you intend on being there for your first vaccine.

Sincerely,

Rachael Paddock, LNHA
Housing Community Leader
rpaddock@samaritanbethany.com
507-424-5454

COVID-19 UPDATE

January Summary

This past month we have had an unexpected outbreak of cases at Arbor Terrace.

We continue to work closely with the Minnesota Department of Health (MDH) and the Centers for Disease Control (CDC) to ensure all protocols for senior living are being followed.

We currently have Assisted Living on a neighborhood quarantine until the 2/11/21 as long as we have no new cases. Every time there is a new positive case we have to restart the 14 day quarantine.

We are doing everything we can to prevent the spread of COVID. That is why we temporarily suspended all essential caregiver visits to assisted living till the 11th. This date will extend if a new case appears.

If you have any questions about the current situation please direct them to Rachael Paddock.

of Positive Cases at Arbor Terrace

# of Staff	6
# of Residents	12

COVID-19 continues to spread in the community and we are taking every precaution recommended by MDH and the CDC. Please remember to be cautious of where you travel to and always perform hand hygiene! We also ask that you wear a mask at all times when in proximity to others.

Communication is key. We will continue to update you on any news, emerging issues, or additional changes in our operations via phone, email, or mail. We also have a link on <https://www.samaritanbethany.com/> Home Page for COVID updates, just click the yellow **Learn More** button. If you have issues or concerns, please let us know or you can also call the Office of Ombudsman for Long-Term Care at 800-657-3591.

2nd Vaccine Clinic
Friday February 19th, 2021
1:30—5:00 pm
In the Samaritan Bethany Chapel

Please fill out the Walgreens VAR and return to Rachael Paddock before 2/18/2021.
(fill out through section C)
Click this Link - [Walgreens VAR](#)

MEET THE STAFF

STEPHANIE SPAID

Receptionist and Chaos Coordinator

What is the most heartwarming thing you've ever experienced? The love of life long partners. More than one time with different couples at our facility I witnessed one spouse take over the lead role in the relationship. When they would push each other to meals, even when their own health wasn't good. This melted my heart with each one.

What's something you do the old fashioned way? Wash the floors on my hands and knees.

What hobby would you get into if time and money weren't an issue? I love miniatures! I would love to make a miniature house with everything that goes with it.

What do people think is weird about you? Squatting with my feet flat & standing up from sitting on my feet.

What's the dumbest thing you've done that actually turned out pretty well? Moving to Texas for 6 years. My youngest child was a surprise 2 times over.

What job would you be terrible at? Cook! I can cook if required....enough to keep my kids somewhat happy and alive. LOL Thank God for my boyfriend Matt who is an amazing cook.


How do you hope you will change as a person in the future? I hope to be grow to be more patient of a person.

What do you take for granted? Time! Time that I spend with the people I love.

What movie title best describes your life?
Multiplicity

What's the most annoying habit that other people have? Not picking up after themselves!






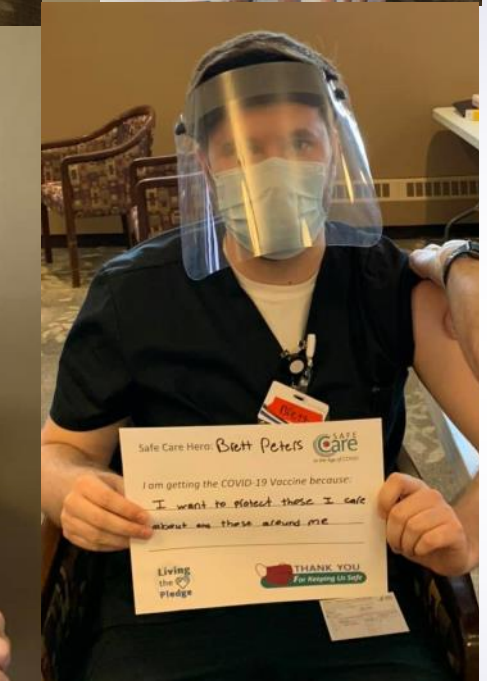
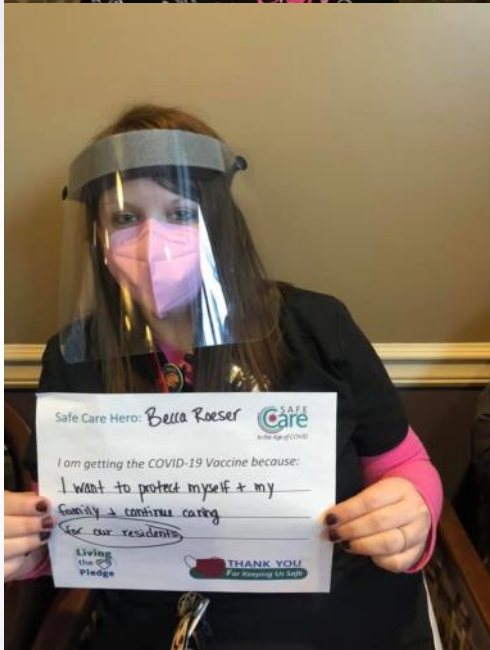
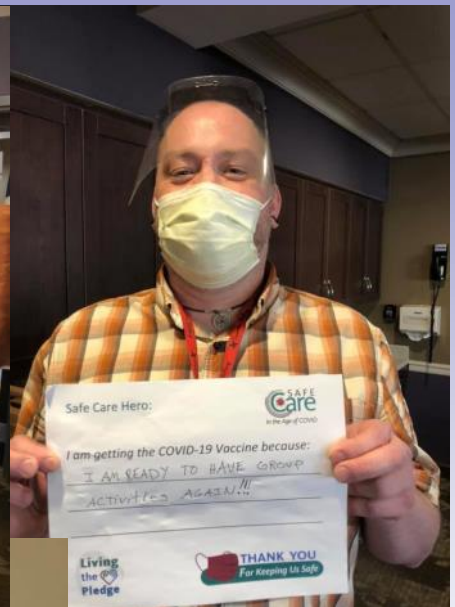
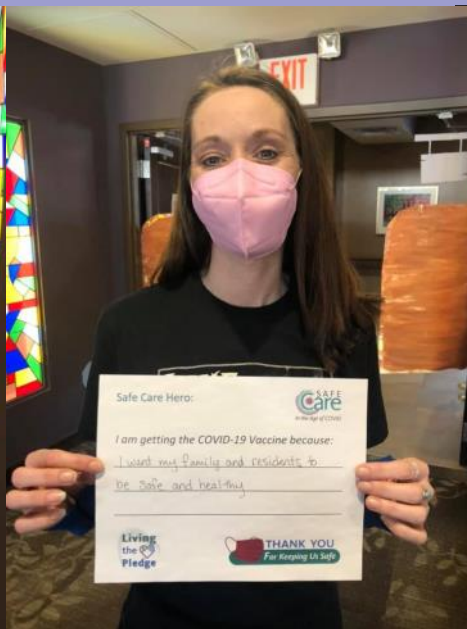
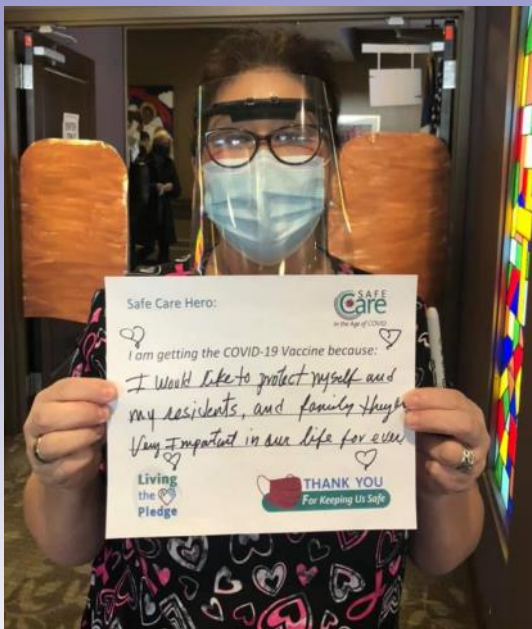
**IS FOR
VALENTINE BUT
ALSO FOR
VACCINATION!**

**A big shout out to
Walgreens and our
wonderful staff for
making this day a
reality! And a shout
out to all those who
came out to get
vaccinated!**

**Don't forget the
second dose
is the 19th!**







HAPPY HOUR EVERY THURSDAY at 2:00pm

A Peek at the Month

Groundhogs Day 2nd

Super Bowl Sunday 7th

 **Mardi Gras 16th Rhythm and Music! (MC)** 

 **Valentines Day 14th** 

**Meditation Group (CR) Every
Wed. 4:15-5pm**

**Exercise Class (MC/AL) Mon. & Wed.
(IL) Tues. & Thurs. & 10:30**

National Chili day!!! 25th

Valentine Jokes!

Decode each one for the answers to the jokes.



CODE

A B C D E F G H I J K L M
1 2 3 4 5 6 7 8 9 10 11 12 13

N O P Q R S T U V W X Y Z
14 15 16 17 18 19 20 21 22 23 24 25 26



Smarty Buddy Apps and Books blog.smartybuddy.com

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What would two monkeys say to each other on Valentine's Day?

$\frac{1}{9}$ $\frac{13}{13}$ $\frac{2}{2}$ $\frac{1}{1}$ $\frac{14}{14}$ $\frac{1}{1}$ $\frac{14}{14}$ $\frac{1}{1}$ $\frac{19}{19}$

$\frac{1}{1}$ $\frac{2}{2}$ $\frac{15}{15}$ $\frac{21}{21}$ $\frac{20}{20}$ $\frac{25}{25}$ $\frac{15}{15}$ $\frac{21}{21}$

What did the owl say to his sweetheart?

$\frac{15}{15}$ $\frac{23}{23}$ $\frac{12}{12}$ $\frac{1}{1}$ $\frac{12}{12}$ $\frac{23}{23}$ $\frac{1}{1}$ $\frac{25}{25}$ $\frac{19}{19}$

$\frac{12}{12}$ $\frac{15}{15}$ $\frac{22}{22}$ $\frac{5}{5}$ $\frac{25}{25}$ $\frac{15}{15}$ $\frac{21}{21}$

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What do you call two birds in love?

$\frac{20}{20}$ $\frac{23}{23}$ $\frac{5}{5}$ $\frac{5}{5}$ $\frac{20}{20}$ $\frac{8}{8}$ $\frac{5}{5}$ $\frac{1}{1}$ $\frac{18}{18}$ $\frac{20}{20}$ $\frac{19}{19}$

What did the nail say to the magnet?

$\frac{9}{9}$ $\frac{6}{6}$ $\frac{9}{9}$ $\frac{14}{14}$ $\frac{4}{4}$ $\frac{25}{25}$ $\frac{15}{15}$ $\frac{21}{21}$

$\frac{22}{22}$ $\frac{5}{5}$ $\frac{18}{18}$ $\frac{25}{25}$

$\frac{1}{1}$ $\frac{20}{20}$ $\frac{20}{20}$ $\frac{18}{18}$ $\frac{1}{1}$ $\frac{3}{3}$ $\frac{20}{20}$ $\frac{9}{9}$ $\frac{22}{22}$ $\frac{5}{5}$



Valentine's Day Sudoku

Every row, column and mini-grid must contain the letters L O V E. Don't guess - use logic

		E	
L			
			E
	V		

Joe Biden
46th president of the United States
Age 77

THE LONG ROAD

- ★ Has sought the presidency twice before, in 1988 and 2008
- ★ Oldest elected US president
- ★ Former vice president
- ★ Former senator

“I will be a President for all Americans...”

“It's time for America to unite. And to heal.”

KEY PROPOSALS

- Covid-19:** Free vaccine for everyone; national testing and tracing plan
- Build a "new American economy":** Raise federal minimum wage to \$15/hour
- Rejoin the Paris Climate Accord**
- A roadmap to citizenship for nearly 11 million undocumented immigrants**
- Restore "American leadership" in the world and rebuild alliances**

WHAT HAPPENS NEXT?

The 538 electors vote as instructed by their state. Biden has acquired a majority of the votes

Dec 14
ELECTORAL COLLEGE MEETS

Jan 20 20
PRESIDENTIAL INAUGURATION

Kamala Harris
NEXT VICE PRESIDENT
Age 56

- ★ US senator for California
- ★ America's first female and first black vice president
- ★ Seen as more progressive than Biden, personifies diversity

Source: AFP Photos/National Archives/Personal websites

AFP

Our new president got sworn in on January 20th. President Joe Biden and his VP Kamala Harris. The first woman and woman of color to be Vice President.