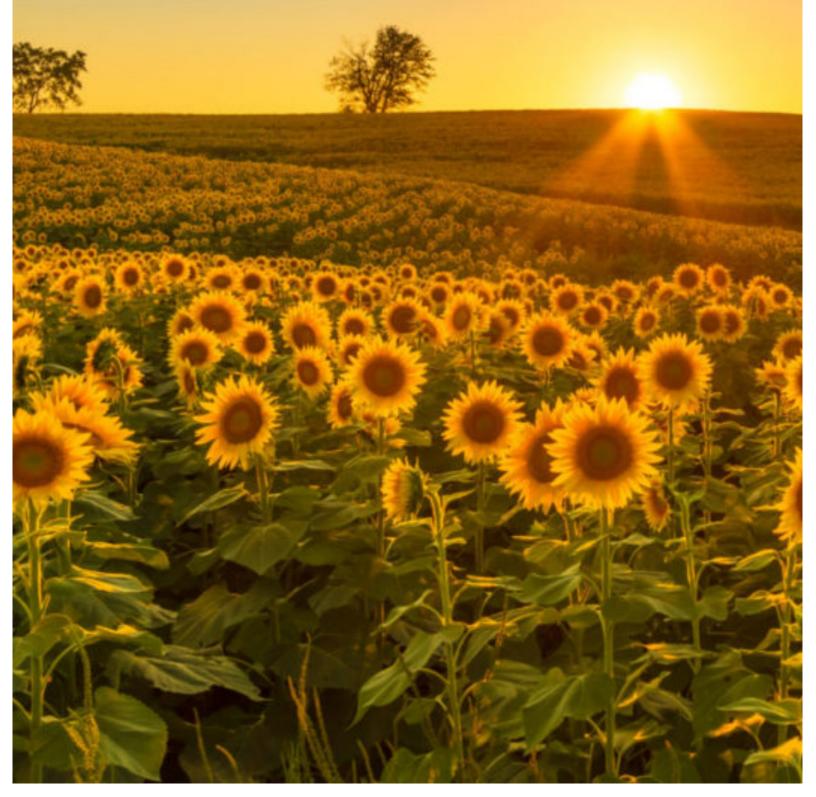
## Arbor Terrace

August 2023



#### In This Issue:

Housing Community
Leader

**Activities at a Glance** 

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Ice Cream Social

**POP Flowers** 

Fun and Games

**Arbor Terrace Friends** 



#### ~ A Message from the ~ Housing Community Leader



What an eventful month we have ahead of us!
I hope everyone has received their invite and marked their calendars for the Annual Arbor Terrace Family Picnic on August 17th, 2023 4p-6p! We

encourage all of you to attend. This event is open to all Arbor Terrace family and friends!

In addition to the picnic, August will be filled with events focusing on raising money for the Fight Against Alzheimer's! Samaritan Bethany will have a team in the Walk to End Alzheimer's here in Rochester on September 9th, 2023. If you would like to walk with our team please let Rachael know.

#### I encourage you all to join us at the following:

- All of August leading up to Sept 8th any donation to the Walk to End Alzhiemer's you can get your name on a Wall POP Flower
- August 1st 31st Basket Raffle is open to the community, tickets can be purchased at either front desk!
- August 24th Ice Cream Social 3p-6p in Samaritan Bethany Courtyard, open to the community

I want to give a huge THANK YOU to all who donated to the Back to School Drive we filled 14 backpacks for children in need this school year! YOU ALL ARE AMAZING, THANK YOU!

## Activities at a Glance

- 8/2 Resident Council in IL Dining Room at 2:30pm
- 8/4 Water Balloon Fight in Samaritan Bethany Courtyard at 2:30pm
- 8/8 Sports Team Apparel Day
- 8/9 Wild Wednesday wear your favorite animal print
- 8/15 Tea Talk with Michelle in Assisted Living Dining Room at 1pm
- 8/16 Movie Matinee in the Chapel at 2:30pm
- 8/22 Rock Painting in Memory Care Courtyard at 10am



#### **ARBOR TERRACE**

# FAMILY PICNIC

#### FOOD| MUSIC| FUN

Resident's family and friends are invited for a fun evening at

Arbor Terrace!

August

**17** 2023

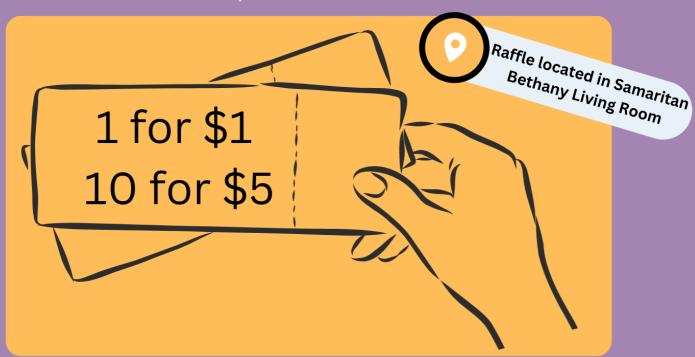
4pm - 6pm
Arbor Terrace
Parking Lot

700 2nd Ave NW Rochester, MN 55901

## Samaritan 🖴 Bethany

### **BASKET RAFFLE**

To Raise Money for the Alzheimer's Walk!



Tickets can be purchased at the Front Desk

Please put your Name and Phone Number on the back of each ticket

Raffle: August 1st -Aug 31st

Drawing: September 1st, 2023

## A Look Back July











### Introducing!

# Courtyard Stretch



2nd, 3rd, 4th+ Wednesdays | 10:30am

A SHORT 25 MINUTE CHAIR **EXERCISE ROUTINE FOR ALL** STAFF AND RESIDENTS!







Registration 9:00 a.m. Opening Ceremony 10 a.m. Walk 10:20 a.m.



Cascade Meadows 2900 19th Street NW Rochester, MN 55901 Join Our Team Scan this code!



GOAL: RAISE \$1,000

STAY TUNED FOR EVENTS IN AUGUST TO RAISE MONEY FOR THE WALK!

# Samaritan & Bethany ICE CREAM SOCIAL!

To Raise Money for the Alzheimer's Walk!

August 24th 3-6pm Courtyard



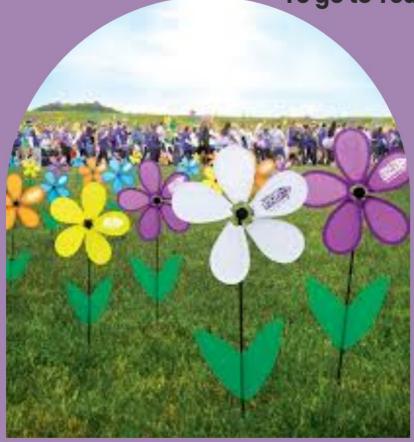
### **DONATE TODAY**

To Raise Money for the Alzheimer's Walk!





Scan QR
To go to Team Page!



When you donate your name will be placed on a POP Flower all proceeds go towards the Fight to End Alzhiemers!

## LOGIC PUZZLC #6

Five friends went to the water park on a nice summer day. Figure out what part of the water park each child is at and what color swimsuit they are each wearing

Wild Color Swillisum mey							die eden weding					
	Water Slide	Lazy River	Diving Board	Wave Pool	Fountains	Red	Blue	Black	Purple	Orange		
Katie												
Josh												
Olivia												
Kevin												
Муа												
Red						I. Olivia, who isn't wearing purple, does like the water slide or wave pool.						
Blue						<ol><li>Kevin is either on the diving board o the fountains.</li></ol>						
Black						<ol><li>Mya, who's wearing red, isn't on the river.</li></ol>						
Purple						<ol><li>The person wearing blue is on the di board.</li></ol>						
						I						



Orange





- sn't
- or by
- e lazy
- diving
- 5. Olivia is wearing orange, but is not by the fountains.
- 6. One of the boys is in the wave pool and the other boy is wearing blue.
- 7. Katie is not on the lazy river.
- 8. The person in black is on the water slide.



Friends of Arbor Terrace is a page dedicated to the businesses and organizations that work with our residents so you are informed about the kindness and generosity of our local community.