

# Arbor Terrace

April 2022



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# Family Forum!

April 25th

3:00pm IL Dining Room

or

Virtual Attendance Via Zoom

Contact us for the link!



**GOLF**  
CLASSIC  
**2022**



Somerby Golf Club, Byron MN

AT 11AM	JUNE 20th, 2022 MONDAY	TICKET \$175
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**REGISTRATION :** Opens March 15th, 2022





# ~ A Message from the ~ Housing Community Leader



Where did March go? The time flew by and we had a blast this past month celebrating the 100th anniversary and St. Patrick's Day! The mayor came on March 7th and made an proclamation to celebrate the 100 years of service to the Rochester Community. We also get to continue the celebration on April 7th at the Civic Center with a nice dinner and music event starring Divas through the Decades!

With spring approaching Arbor Terrace has also partnered with the Lowertown Neighborhood to host and Arbor Day Giveaway! This event will be for neighbors and the public to give away tree seedlings and more! I encourage everyone to stop by on April 30th, 2022!

We are so excited to also introduce our newest Joy Bringer Ham! If you see her around with our care attendant Bridget she loves to dress up and trot along receiving treats/pets!

I hope everyone has a wonderful month enjoying the weather as it warms up hopefully just in time to enjoy Easter!

Sincerely,

Rachael Paddock  
Housing Community Leader  
Arbor Terrace



## Prem's Post

Articles and musings from an  
Arbor Terrace Resident

# Elizabeth Zook



I am not writing a story of the famous actress Elizabeth Taylor. This is a young lady with the same first name, Elizabeth. For me, this is of great importance.

I am a resident (a patient) at Arbor Terrace. I am here for about a year for my physical recovery. I am incapable of performing a daily routine efficiently. I need care to help me in my daily necessary activities. Here there are efficient ladies and men performing very efficient duty to help us in our routine. Elizabeth is one of them.

She is 19 years old, slim and efficient, with medium height. She is Beautiful, caring, sincere, active and devoted. I have all of the appreciation for her. She is very helpful. Never reluctant to be there when you need her. She runs like a tiny tot to find a solution to your problem or any other requirement. She was born in 2002 to her parents Levi and Sarah. Before her current job she worked in a restaurant..

I suggest to her, "Why don't you aspire for a higher position?" She asked me, "What is in your mind?"

I said, "Like trying for a job of a nurse? You still will be helping people in that profession." She smiles and says, "Maybe!"

I do not want to betray this establishment but looking at her efficiency, I feel she can be in a higher position. I suggest to her according to my aspirations. With all of her qualities and sincerity, she might, one day be a popular figure like Madame Curie and look at me (if I am alive then) with appreciation and gratitude.

Elizabeth I love you.





# Arbor Day Giveaway

Saturday, April 30th

11 am - 2 pm (11-1 for Lowertown Neighbors, 1-2 open to all  
Rochester residents if supplies last)

## **Location:**

Arbor Terrace 24 8th St NW, Rochester, MN 55901

### **Seedlings**

**(Households can take two for free, up to two  
more for suggested \$10 donation to LNA):**

**American Plum**

**Black Cherry**

**Paper Birch**

**White Oak**

**Black Chokeberry Shrub**

**Pollinator Garden Seed Packs (Sign up only.**

**Avail. May 21st)**

**MN Rusty Patched Bumble Bee Garden Kit**

**Raffle (Sign up only. Raffle winner Awarded**

**May 21st)**



# Reminders & Notifications!



Free Nail Painting Every Wednesday  
at 1:00pm in the IL Dining Room



Resident Hosted Game Nights  
6:00pm IL Dining Room



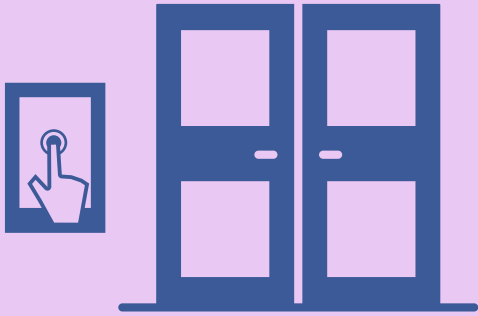
Otago Exercise is at 10:00 AM



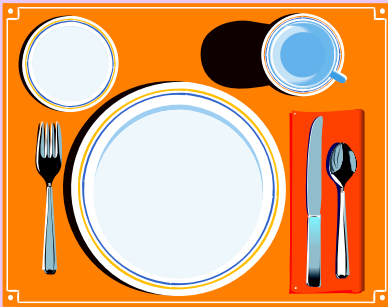
Meditation Every Wednesday  
at 4:15pm in the Community  
Room



# Reminders Continued...



Remember to not open the front door for others or people you do not know, please alert staff!



When wanting to take meal to go in the dining room sit down and wait patiently it is a first come first serve



All resident's need to be signed out when leaving and sign in when returning at the front door table



**Masks** are still a requirement for visitors and residents when in common spaces or walking the halls



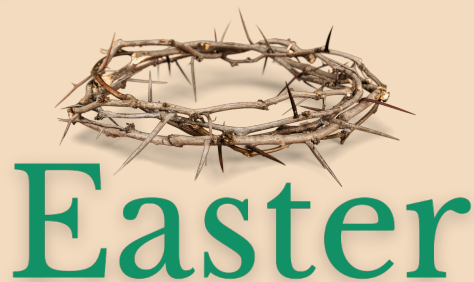
*A Look Back at March*







# Message from the Chaplain



Several years ago I attended a national training event for ministry. At dinner, I engaged in a conversation with another clergy person regarding how some scholars were deconstructing the mythical structure of our biblical faith. I was skeptical that this was a good idea. The scholars in question were voting on what Jesus was quoted as saying in the Gospels. They would vote on each passage with colored marbles, each color representing what they thought Jesus actually said, what he might have said, what he probably did not say and he did not really say at all. I shared with my dining partner that I thought that was arrogant to come to those conclusions 2,000 years after the fact.

My clergy dining partner responded by saying, "You don't actually believe all those miracles do you?!" He said in it a way that suggested I was some kind of fool. I should get real and reasonable. It caught me up short. I didn't expect he would say that. Then, I paused and thought, he has a point I hadn't thought deeply enough about for a while. Then, it seemed like an inspiration came to me out of thin air. I replied, "Well then, why do we say those things we say at funerals? And, who are we talking to when we pray...ourselves?"

He had no response. We didn't say much to each other after that. He looked thoughtful. I guess I made him think.

Every Easter churches swell with onlookers to the faith wondering about the Resurrection. There's an empty tomb. Where did Jesus go? What happened? How do we make sense of it?

We live in a time that has seen churches collapse in membership over the last several decades. We've become more secular. Believers are scoffed at for believing in an Imaginary Friend. We're not so bright, even bigoted. Who would swallow such nonsense as the Resurrection?

C.S. Lewis said of Christ's words in the Gospels that Jesus was either Liar, Lunatic, or the Lord. Lewis was a genius of literature. Many of his scholarly friends at Oxford were brilliant Christians who helped Lewis come to the faith. One line of reasoning that helped was that if there was no God, then we are the result of atoms clashing and combining at random in order to create this complex world we live in, including us. How does one explain consciousness, evolution, the Big Bang!?

Some Christians happen to be very brilliant. We may be smarter than those who scoff at us and our Imaginary Friend. It takes a lot of courage and critical thought to maintain our faith. It's easier to scoff and ridicule. It's easier to be resentful, bitter and cynical. As Lewis said, "I didn't know how bad I was until I tried being good."

Any questions about the Easter Resurrection? Ask your Imaginary Friend, or your nearest thoughtful, brave Christian.

Happy Easter!





# MAD LIBS®

## WHO IS THE REAL EASTER BUNNY?

How much do you *really* know about the \_\_\_\_\_ Easter Bunny?

ADJECTIVE

Here's the \_\_\_\_\_ scoop on this mysterious \_\_\_\_\_.

ADJECTIVE

NOUN

Q: Does the Easter Bunny have magical \_\_\_\_\_?

PLURAL NOUN

A: Absolutely. How else could one furry \_\_\_\_\_ deliver candy-

NOUN

filled \_\_\_\_\_ to children everywhere in one \_\_\_\_\_ night?

PLURAL NOUN

ADJECTIVE

Q: Santa has elves and reindeer to help him make and deliver

\_\_\_\_\_ on Christmas. Does the Easter Bunny have any right-

PLURAL NOUN

hand \_\_\_\_\_?

PLURAL NOUN

A: As far as we know, the Easter Bunny likes to \_\_\_\_\_ alone.

VERB

Like other bunnies, he is a very shy \_\_\_\_\_ and prefers to

NOUN

\_\_\_\_\_ all by himself.

VERB

Q: Where does the Easter Bunny live?

A: Only the Easter Bunny knows the answer to this \_\_\_\_\_

ADJECTIVE

question, though some \_\_\_\_\_ believe he lives in a cozy

PLURAL NOUN

\_\_\_\_\_ in (the) \_\_\_\_\_.

NOUN

A PLACE

# Support Arbor Terrace!

We are looking for your help! Arbor Terrace has a goal to improve our residents bird knowledge and to increase the activity of birds on our campus. To do this we are asking for bird house and bird feeder donations to place outside along the residents windows and in our courtyards.

We are looking for nice, fun, and unique bird houses or bird feeders. We will also accept any bird seed to help keep the birds happy and wanting more.

To drop off you would just bring your donation to the front desk of Arbor Terrace. You can contact Shane Hoffman, 507-424-4063 or [shoffman@samaritanbethany.com](mailto:shoffman@samaritanbethany.com), with any questions or comments regarding the donation process.



And...if you or anyone you know would like to become a volunteer please contact Shane Hoffman: **507-424-4063 Ext. 4105** We are looking for: bingo caller, yoga practitioners, exercise leaders (will train) one on one visitors, game and card players, artists, musicians, ect.

