

Arbor Terrace

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~ Greetings and Salutations! ~

Hoppy April! Here is to a new month of laughs and love. Please enjoy this month's newsletter!

Newsletter **April** 2021

~ A Message from the ~ Housing Community Leader



Greetings Everyone,

Welcoming spring is my favorite time of year. The birds are chirping, flowers are blooming, and snow has melted with the sun brightening everyone's mood.

In March we were thrilled to see more of your faces around Arbor Terrace. It is nice to have pet visits again and to see family celebrating birthdays with their loved ones. We also can't forget the amazing St. Patrick's Day happy hour we had. It was so much fun seeing the different green outfits and our happy hour cart was decked out!

With spring in the air it is our hope to bring back courtyard concerts and some instructors for activities like chair yoga or painting class. If you know someone willing to volunteer their time or services please reach out to Shane Hoffman, 507-424-4063 or shoffman@samaritanbethany.com.

Another way we are reaching out to all of you is through the **Support Arbor Terrace** page on the back of this newsletter. This is a way to recruit volunteers, ask for needed donations, or inform you of any events going on that support our residents wellness and quality of life.

I am wishing you all a Happy Easter and joyful spring with the nice weather approaching!

Happy
Easter



COVID-19 UPDATE

VISITATION

Please remember all essential caregivers and visitors need to be scheduled through the Congregate Care Scheduling website or app. Reservations must be approved before you're able to come onsite. **Requests are only monitored M-F 8a-4pm.**

- You can come anytime during your scheduled time slot. But can not stay past the end time due to other individuals coming in. We constantly are monitoring how many people are in our building.
- You are allowed to bring pets and 2-3 visitors can come in one scheduled visit. We need to know in advance when you sign up who all will be joining you in the **Your Name** section. This is **VISITS ONLY** not EC's.
- Remember you must be screened by a staff member before entering. You also must sign in and out in the log booklets at the screening table.
- Outdoor visits are allowed as well. If you plan to visit your loved one outside please notify staff. You will also need to pass screening before beginning your visit.

How to sign up0

- Go to this link – <https://ccs-reservation.na.rapidbiz.com/>
- Enter Facility Pin – 497154
- Pick Schedule a Caregiver Appointment or Schedule a Visit
- Once the reservation is approved, the visitor will receive a confirmation email. If you do not receive a confirmation email within a few minutes, please check your junk or spam folders.

Cumulative Total Cases

at Arbor Terrace

of Staff 7

of Residents 15

COVID-19 continues to spread in the community and we are taking every precaution recommended by MDH and the CDC. Please remember to be cautious of where you travel and always perform hand hygiene! We also ask that you wear a mask at all times when in proximity to others.

OUTINGS

A resident is allowed to leave Arbor Terrace property with their loved ones. Please remember we need to know **WHEN AND WHERE** you're taking them and how long they will be gone, especially if we are giving medication or responsible for their whereabouts.

Residents who are vaccinated and leave will not be quarantined unless showing symptoms of COVID or come in close contact with a positive COVID case.

~Update on Dining and Activities~

Dining

- Residents who are fully vaccinated are allowed to sit together in the dining rooms.
- Masks are to be worn the entire time unless off to eat your meal.

Activities

- People who are fully vaccinated can gather indoors to play cards, for bingo, or happy hour in the dining room.
- Residents who are fully vaccinated can sit closer than 6 feet apart during organized activities.
- Masks are to be worn the entire time.

Guest Suite

- The guest suite is now available for loved ones or friends to reserve while they are in town.
- We have 2 fully furnished guest suites available for \$60 a night.
- To make a reservation please contact Arbor Terrace Front Desk at 507-288-4883





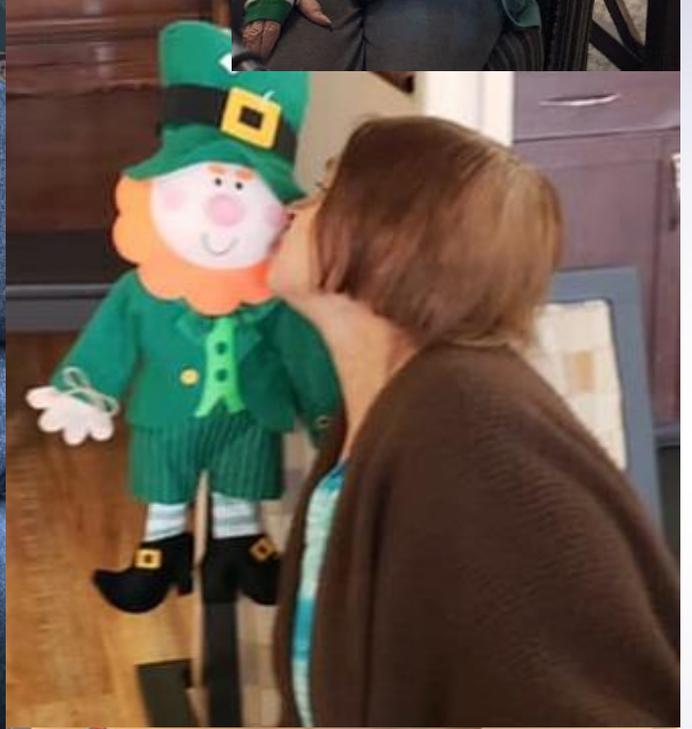
A look back at March!

Is it April already!?
Time flies when
you're having fun.
Here are some
pictures throughout
March.

I "hop" you had as
much fun as we had!







MEET THE STAFF

What chance encounter would change your life forever? **If I won the Powerball!**

If your life was a book, what would it's title be? **IF my life was a book?! I feel like my life is a book right now!**

What are a couple of interesting facts about you? **I love to dance and go for walks.**

What do you want to be remembered for? **Being crazzzzzzzzzy.**

If you could convince everyone in the world to do one thing at one point in time, what would that be? **To eat healthy and exercise.**

What did you think you would grow out of but haven't? **Wanting to be rich...but good luck with this!**

Are you usually early or late? **Early.**

What skill would you like to master? **Cleaning....honestly.**

What's the best way to start the day? **Have a good breakfast.**



Maricella Alvarez - Homemaker AL



A Peek at the Month

BINGO! Every Mon (AL) Every Tues (IL)

Music Therapy (MC) 6th&20th

Easter Sunday 4th

Painter's Studio (AL) 21st

National Super Hero Day 28th

**Meditation Group (CR) Every
Wednesday**

**Exercise Class Mon.-Fri. 10am (IL)
Dining Room**

HAPPY HOUR EVERY THURSDAY at 2:15pm



Easter Jokes



1. How does Easter end? - with the letter r!
2. How does the Easter bunny travel? - by hare plane!
3. What kind of books do bunnies like? - ones with hoppy endings!
4. Knock, knock! - who's there? - Ann. - Ann who? - An Easter bunny!
5. What happened to the egg after it was told a funny joke? - it cracked up!
6. What type of jokes do eggs tell? - egg yolks!
7. What do you call a sleeping egg? - eggzosted!
8. What do you call an egg from outer space? - an eggstraterrestrial!
9. Why did the Easter bunny have to fire the duck? - because he kept quacking all the eggs!





EASTER



Complete the grid as if you were playing Sudoku (with words instead of numbers).

Every row, column and mini-grid must contain all nine words. Don't guess - use logic !

	Easter Bunny	spring	daffodils		chick		basket	
basket		eggs		Easter Bunny				daffodils
			flowers				Easter Bunny	Hot Cross Buns
chocolate				flowers		basket		spring
	daffodils		Easter Bunny		spring		eggs	
eggs		chick		basket				Easter Bunny
spring	basket				flowers			
daffodils				Hot Cross Buns		chocolate		chick
	chick		chocolate		eggs	daffodils	flowers	



Easter Bunny



flowers



basket



daffodils



eggs



chick



chocolate



hot cross buns



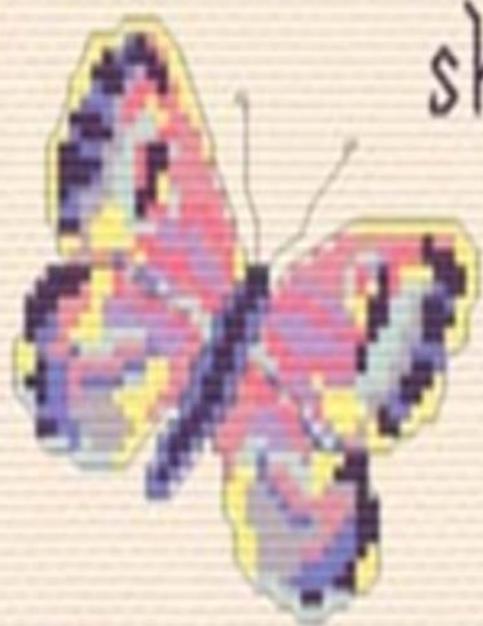
spring

April

Delightful

Delight yourself also in
the Lord, And He
shall give you
the desires of
your heart.

Psalm 37:4



Support Arbor Terrace!

We are looking for your help! Arbor Terrace has a goal to improve our residents bird knowledge and to increase the activity of birds on our campus. To do this we are asking for bird house and bird feeder donations to place outside along the residents windows and in our courtyards.

We are looking for nice, fun, and unique bird houses or bird feeders. We will also accept any bird seed to help keep the birdies happy and wanting more.

To drop off you would just bring your donation to the front desk of Arbor Terrace. You can contact Shane Hoffman, 507-424-4063 or shoffman@samaritanbethany.com, with any questions or comments regarding the donation process.



And...if you or anyone you know would like to become a volunteer please contact Shane Hoffman: **507-424-4063 Ext. 4105** We are looking for: bingo callers, pet therapy dogs, one on one visitors, game and card players, artists, musicians, ect.