



Arbor Terrace Newsletter

MARCH 2026

- A Message from the - Housing Community Leader

IN THIS EDITION:

- **MESSAGE FROM RACHAEL**
- **ACTIVITY HIGHLIGHTS**
- **WHILE RACHAEL IS AWAY**
- **GET TO KNOW JUSTINA & CHRISTA**
- **MARCH MADNESS**
- **MOVIE MATINEE**
- **ST. PATRICK'S DAY HAPPY HOUR**
- **FEBRUARY PICS**
- **CHAPLIN'S MESSAGE**
- **NEW RESIDENTS**
- **DAYLIGHT SAVINGS**
- **GAMES & ACTIVITIES**

March has a special way of lifting our spirits. As the last hints of winter begin to fade, we start to notice the subtle changes — a little more sunlight in the afternoon, a brighter sky, and the feeling that something new is just around the corner. Here in our community, March is all about refreshment, renewal, and celebrating the joy of being together.



We'll kick off the month by remembering to spring ahead on March 8th as Daylight Saving Time begins — a small change that brings longer, lighter evenings to enjoy time with friends. And with the first day of spring arriving on March 20th, we're ready to officially welcome a new season filled with warmth, growth, and fresh energy throughout our halls.

In between those milestones, we have plenty of fun planned. On March 19th, we'll gather for our St. Patrick's Day Happy Hour, inviting everyone to wear their green and help us light up the day with laughter, music, and festive cheer. It's a wonderful opportunity to celebrate friendship and create new memories together. We'll also be joining in the excitement of March Madness, with a little friendly bracket competition that's sure to spark conversation and playful rivalry among residents and staff alike.

This time of year reminds us that every season brings its own beauty. Just as spring renews the world outside, we see renewal happening inside our community every day — in shared smiles, encouraging words, and the connections that make this place feel like home. As we turn the page to a new month, we look forward to celebrating the end of winter and embracing all the brightness that spring has to offer — together.

~Rachael Maxfield

March Activity Highlights

3/2 - 1:30PM (MC)

CRAFT: ST. PATRICK'S DAY GARLAND

3/7 - 1:30PM (SB LIVINGROOM)

BAKING WITH ANGEL: MINI FRUIT PIZZA'S

3/9 - 2:00PM (IL)

ICE CREAM SOCIAL

3/10 - 11:00AM DEPARTURE

LUNCH BUNCH: MESS HALL TAVERN & GRILL (VFW)

3/11

9:00AM (CHAPEL) - WOMEN'S BREAKFAST

2:30PM (CHAPEL) - PUZZLE SWAP TOURNAMENT

3/14 - 1:30PM (MC)

MUSIC: SIOUZSIE FABIAN-WEST

3/16 - 2:00PM (IL)

MARCH MADNESS KICKOFF

3/19 - 2:30PM (IL)

ST. PATTY'S HAPPY HOUR

3/23 - 2:00PM (IL)

MARCH BIRTHDAY PARTY

3/25 - 3:00PM (SB LIVINGROOM)

MUSIC: NINY SALEM

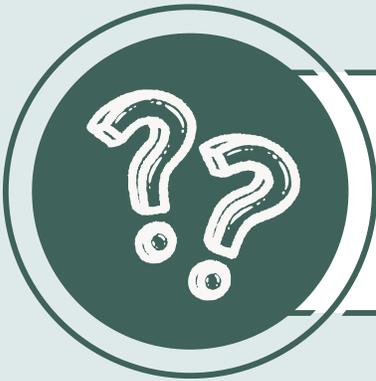
3/27 - 9:00AM (CHAPEL)

MEN'S BREAKFAST

3/30 - 7:00PM (CHAPEL)

MUSIC: ROCHESTER BIG BAND

WHO IS HELPING WHILE RACHAEL IS AWAY?



KYLA

- Co-CEO of Samaritan Bethany, Kyla will be overseeing Arbor Terrace in Rachael's absence. She can address issues and concerns that Rachael would typically help with



NURSING

- Julie and Chris will be here to address & help with all medical needs and updates
- They are typically in the office everyday 8am-4pm



RECEPTIONIST

- The receptionists will be here to assist with scheduling bus rides to appointments, mail delivery, work orders and the general day-to-day



MOVE-INS

- Cade is our Move-In Coordinator and is here to assist new move-ins, schedule tours and answer all inquiries about living at Arbor Terrace

Christa



Christa is the HIC or Health Information Coordinator. She is an amazing assistant to the nurses and all of the administrative team. She has been with Arbor Terrace for over 11 years!! She is here to assist you with changes to your service plans, help you enroll with podiatry or even Apple Tree Dental. Her office is located outside the nurse's office or contact her at: (507) 424-4060 or cahrensfield@samaritanbethany.com

Justina

Justina is the Neighborhood Coordinator. She does the scheduling and staffing for Arbor Terrace.

She has been here almost 10 years!

If you have questions or concerns about monthly charges, she's the person to see. Her office is located on the second floor in Assisted Living.

Feel free to stop by anytime or contact her at: (507) 424-4038 or jnaylor@samaritanbethany.com



March Madness

1st, 2nd, and 3rd Place Prizes!



Interested in participating in our resident tournament?

Join us Monday, March 16th at 2:00pm in the Independent Living Dining Room for details on how to participate!

Residents will receive their bracket and more info at the March 16th Kickoff

Brackets due to the front desk by 8:30am Thursday, March 19th

****20 participant spots available****

NOW SHOWING:

MARY POPPINS

**MARCH 14TH
1:30 PM (CHAPEL)**

**FREE POPCORN
AND BEVERAGE**



Eat, Drink, & Be Irish!
Join us for a shamrockin' happy hour!

March 19th at 2:30pm
Independent Living
Dining Room

WEAR GREEN!



February



A Month of Surprises

Dear Residents,

March has arrived—a month that seems to have a personality all its own. One moment it teases us with sunny days, and the next it reminds us that winter isn't quite finished yet. March seems to be the month of surprises!

It's like the group of robins inspecting a garden. One brave little fellow strutted confidently along the path...only to slip on a patch of leftover frost and land in a most undignified flop. After a brief pause, a quick look around, and with the help of his best bird-friend, he shook himself off and strutted off again, as if nothing had happened.

That's a reminder that life may trip us up from time to time, but with a little humor, patience, and resilience—we can get back up, possibly with the help of someone else, and start moving forward again. As the Bible says, "He comforts us in all our troubles so that we can comfort others." As you journey through this season of transition, may you embrace its unpredictability with that same spirit.

Take time to notice the small joys, share a laugh, and extend kindness wherever you go. And remember, I'm here if you need a listening ear, a word of encouragement, or just someone to chuckle along with you.

May March bring you warmth, laughter, and a renewed sense of hope—just like our determined little robin!

With blessings and a smile,
Chaplain Olson



Welcome New Neighbors

CAROL & PAUL J. APT 312

ROBERT L. APT 238

CHARLOTTE R. APT 232

DAVE B. APT 152

**Register
Today!**

19th ANNUAL GOLF CLASSIC

- \$650 Early Bird Special for a Team of 4 (\$700 regular)
 - Includes the Caddyshack PAcKage for the team!
- \$175 Individual Golfer
- \$50 Dinner Ticket only starting at 5pm



CONTACT WAYNE STENBERG TO LEARN MORE!

SPRING FORWARD

DAYLIGHT SAVING TIME BEGINS

Set Your

CLOCKS AHEAD 1 HOUR

SUNDAY, MARCH 8, 2026





St. Patrick's Day Word Search



P	O	T	O	F	G	O	L	D	B	E	E	T	S	L
O	S	F	R	A	C	H	G	C	U	I	V	E	L	U
S	O	H	B	O	W	S	C	L	O	V	E	R	E	W
T	A	M	A	R	C	H	R	A	D	O	W	S	P	I
L	R	U	C	M	U	C	K	Y	L	O	E	P	R	A
U	C	W	I	K	R	A	I	N	B	O	W	K	E	Y
K	A	T	R	S	G	O	N	D	U	R	L	U	C	K
T	H	E	T	G	O	S	C	P	L	E	R	P	H	A
C	T	O	I	R	N	T	D	K	O	G	M	R	A	I
C	O	R	N	E	D	B	E	E	F	R	C	A	U	R
E	T	I	R	E	L	A	N	D	O	S	H	E	N	I
W	O	W	N	N	D	O	W	T	L	K	Y	D	O	S
L	E	A	I	S	T	H	P	A	R	A	D	E	T	H
T	R	A	D	I	T	I	O	N	R	O	P	C	E	D
A	P	A	T	R	I	C	K	M	A	F	C	T	H	A



- | | | |
|---------------|------------|-------------|
| CLOVER | IRELAND | PARADE |
| COINS | IRISH | PATRICK |
| CORNERED BEEF | LEPRECHAUN | POT OF GOLD |
| TRADITION | LUCK | RAINBOW |
| GREEN | MARCH | SHAMROCK |





St. Patrick's day



WORD SCRAMBLE

UNSCRAMBLE THE LIST OF ST. PATRICK'S DAY-RELATED WORDS BELOW.
THE FIRST PERSON TO CORRECTLY COMPLETE THE LIST WINS!



1. TPO FO LOGD

2. CARMH

3. RKCHMASO

4. LINDERA

5. NISAT TRAPKIC

6. PANUHLERCE

7. BWIOARN

8. RYNIITT

9. DLARMEE

10. ELITCC

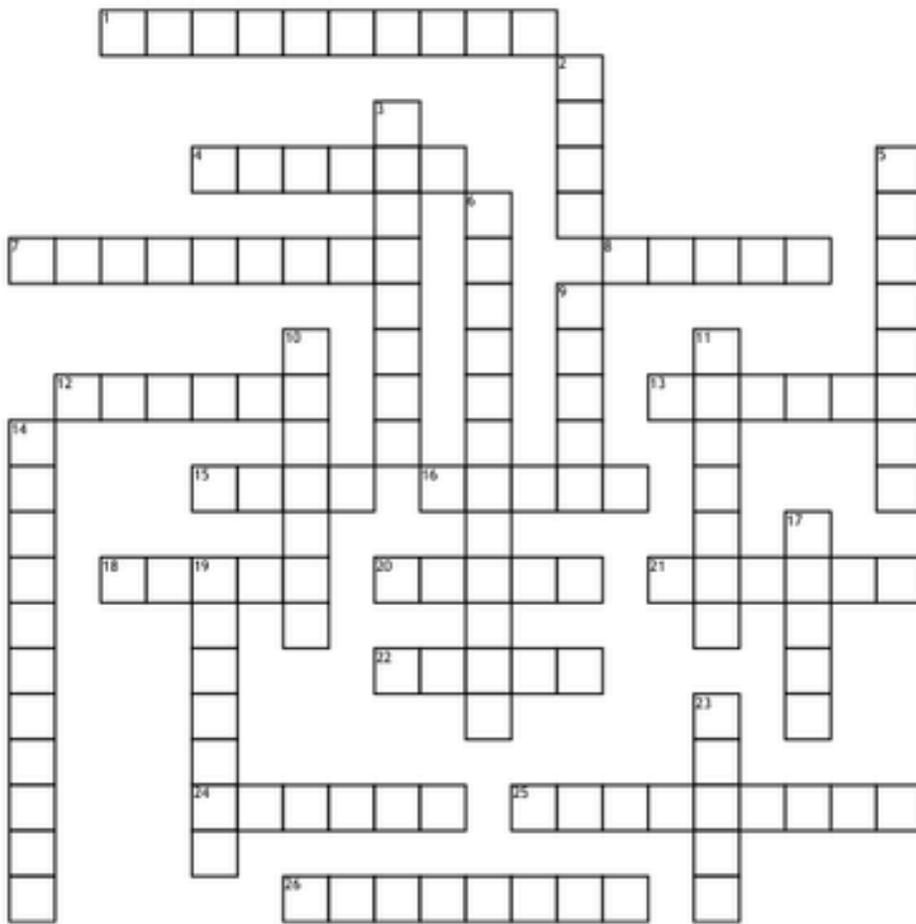
11. LOGD ONSIC

12. BABACEG

13. NAYRBLE ESTNO

14. FLEKROLO

St. Patrick's Day



Across

1. A mischievous elf in Irish Folklore
4. A branch of the Indo-European languages that was spread widely over Europe in the pre-Christian era.
7. To publicly party
8. The Celtic language of Ireland
12. A plant of the genus *Trifolium*
13. March in a procession
15. Something likened to the metal in brightness or preciousness
16. A month of a year
18. Resembling the color of growing grass

20. An occasion on which people can assemble for social interaction and entertainment
21. A staple food of Ireland
22. Occurring by chance
24. A story about mythical or supernatural beings or events
25. An inherited pattern of thought or action
26. Another word for 3-leaf clover

Down

2. Invoke upon
3. A humorous verse form of 5 anapestic lines with a rhyme scheme aabba.
5. A special kind of clover
6. Christian missionary and bishop in Ireland

9. Any art that invokes supernatural powers
10. Achieved independence from the UK in 1921
11. An arc of colored light in the sky caused by refraction of the sun's rays by rain
14. The day of the month of St Patrick's day
17. A small being, human in form, playful and having magical powers
19. Highly valued as a gemstone
23. A form of money

