



2026

ARBOR TERRACE
Newsletter
January

May the upcoming year be filled with
happiness, success, and new opportunities.

IN THIS EDITION:

- **MESSAGE FROM THE HOUSING COMMUNITY LEADER**

- **ACTIVITY HIGHLIGHTS**

- **NEW YEAR MESSAGE**

- **IL PARTY PICS**

- **AL/MC PARTY PICS**

- **NEW YEAR BLESSING**

- **RONNIE'S LAST CALL**

- **KEEP YOUR HEAD UP MN SPORTS FANS**

- **NEW YEAR GOALS**

- **GAMES & ACTIVITIES**

- **THE YEAR OF THE FIRE HORSE**

2026

- A Message from the - Housing Community Leader

Happy New Year from all of us at Arbor Terrace!



As we step into a brand-new year, it's the perfect time to reflect, refresh, and look forward to what's ahead.

At Arbor Terrace, the year ahead brings exciting updates and new beginnings for our community.

We're thrilled to share that renovations are coming soon! Our exercise room will be refreshed to better support active lifestyles, and the main floor of Arbor Terrace will be getting a brand-new look. These updates are designed to create inviting, energizing spaces where residents can connect, move, and enjoy everyday moments together.

The New Year is often a time for resolutions—big or small. Whether it's cleaning out a closet, becoming more active, meeting new neighbors, or simply trying something again, every effort to begin, stop, or refresh can be a powerful step toward a wonderful year ahead. We encourage everyone to find their own way to "refresh" and make the most of 2026.

We also currently have two Independent Living openings available. If you know a friend or loved one who may be looking for a welcoming place to call home, please reach out and consider referring them to Arbor Terrace. We would love to welcome them into our community.

Thank you for being part of Arbor Terrace. Here's to a year of renewal, connection, and new opportunities. We look forward to sharing this exciting journey with you.

Warm Regards,
Rachael Maxfield

Happy
New Year

Activity **HIGHLIGHTS**

1/13-2:30pm (IL)

Happy Hour Music: Colby Tushaus

1/14-9:00am (Chapel)

Women's Breakfast

1/14-2:30pm (Chapel)

Bee Presentation

1/15-2:30pm (IL)

Happy Hour Music: Mellow Fellows

1/19-2:30pm (IL)

Ice cream Social

1/21-3:00pm (SB Livingroom)

Music: Hans Meyer

1/23-9:00am (Chapel)

Men's Breakfast

1/22-2:30pm (IL)

Happy Hour Music: Kim Cote

1/28-3:00pm (Chapel)

Texas Hold 'Em

1/26-2:30pm (IL)

January Birthday Party

2026

notes

As we welcome a new year, everyone at Samaritan Bethany would like to wish you happiness, good health, and peace in the months ahead.

You are the heart of our community. The friendships, stories, and moments you share each day make Samaritan Bethany a truly special place to call home. We are grateful for the trust you place in us and for the opportunity to walk alongside you.

The year ahead brings new opportunities for connection, comfort, and joy. Our dedicated team remains committed to supporting your well-being, creating meaningful moments, and ensuring that Samaritan Bethany continues to be a welcoming, caring home for all.

Thank you for being part of our community. We look forward to another year together—filled with kindness, companionship, and moments that matter most.

~Sincerely, Arbor Terrace

CHRISTMAS PARTY: INDEPENDENT LIVING



CHRISTMAS PARTY: ASSISTED LIVING AND MEMORY CARE



WARMTH THAT NEVER FADES

Dear Residents,

January often brings chilly mornings, frosted windows, and shorter days. While the cold may settle in outside, there is a deeper warmth that remains with us—one that no winter can take away.

There is the warmth of God's love, steady and faithful through every season of our lives. Scripture reminds us that the Lord never changes. Just as He was present in the joyful Summers of our youth, He is equally present in the quieter Winters. His love surrounds us on the brightest days and carries us through the coldest nights.

There is also the warmth of family and friends—the smiles, conversations, shared laughter, and moments of companionship that bring comfort to our hearts. A kind word, a listening ear, or a simple visit can warm the soul more than any blanket can. These connections remind us that we are never truly alone.

And then there is the warmth of remembrance and faith. Looking back over our lives, we can see how God has been faithful through every chapter—through times of abundance and times of challenge, through beginnings and endings, through seasons we expected and those we did not. Each season has carried its own lessons, blessings, and signs of His care.

And Winter teaches us something important: that rest is part of life's rhythm. It is a time to reflect, to slow down, and to trust that new growth will come in its own time. Just as Spring always follows Winter, God's promises continue to unfold, even when we cannot yet see what lies ahead.

As we begin this new year, may you feel comforted by the warmth that truly matters—the love of God, the presence of one another, and the assurance that the Lord remains faithful through all seasons of life.

May your days be filled with peace, comfort, and a warm, quiet joy this winter.

*Blessings,
Chaplain Olson*



RONNIE'S

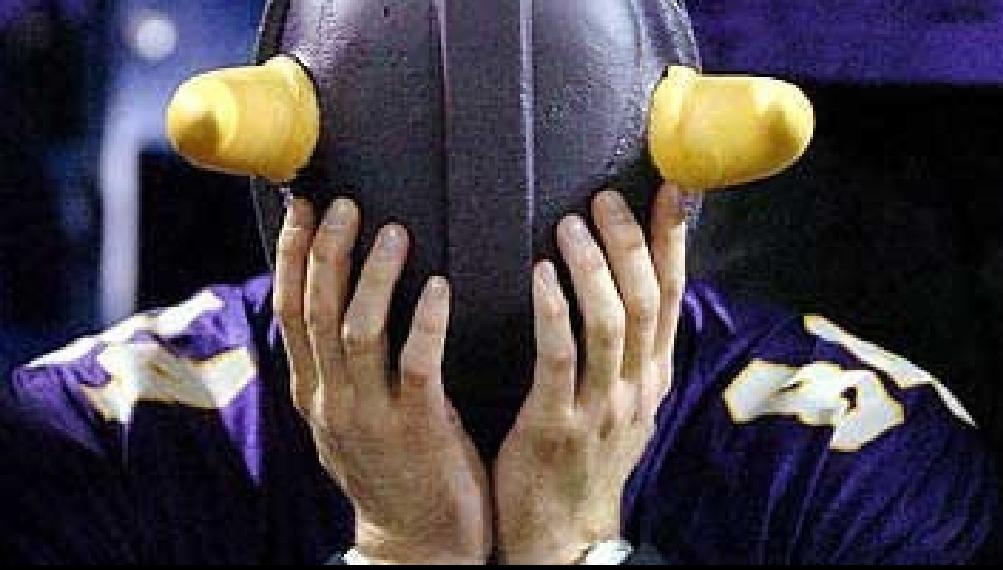
Last call



JOIN US FOR ONE FINAL ROUND AS WE
TOAST RONNIE'S RETIREMENT!

JANUARY 30
FRIDAY

2:30 | HAPPY HOUR
PUB/LIVINGROOM



We won on
Christmas Day -
HOORAY!
But overall end the
season 3rd in the
NFC North

AT LEAST WE STILL HAVE



Timberwolves are having a strong 2025-26 season, highlighted by superstar Anthony Edwards' dominant scoring (often 30+ points), big wins against top teams like the Thunder, and positive developments like signing veteran Mike Conley and re-signing Bones Hyland.



The Minnesota Wild are on a hot streak, riding a significant winning streak (at least 6-7 games recently), thanks to superstar performances from Kirill Kaprizov, Matt Boldy, and the arrival of defenseman Quinn Hughes, who is already making huge impacts, scoring and racking up assists, while the team looks dominant at home and is considered a strong contender, with their odds improving for the Stanley Cup

USE THIS PAGE FOR 2026 PLANNING
AND RESOLUTIONS!

THIS YEAR I WILL:

Start

Stop

Learn

Try

NEW YEAR'S EVE

WORD SEARCH

C	G	E	H	S	S	Y	S	M	J	P	A	R	T	Y	
Q	O	U	T	L	R	Q	R	A	P	L	G	I	H	X	
O	M	N	A	A	Z	E	N	P	L	C	K	P	N	U	
M	G	O	F	H	R	R	U	E	R	J	C	S	J	W	B
F	G	N	N	E	A	B	A	H	R	V	I	V	O	A	
E	O	H	X	R	T	D	E	E	C	K	T	L	D	L	
K	L	T	Y	X	N	T	S	L	J	U	T	A	T	L	
C	D	J	U	E	X	O	I	K	E	Y	Z	V	N	O	
O	L	R	L	N	L	L	K	X	U	C	V	W	U	O	
L	Q	A	N	U	R	E	K	A	M	E	S	I	O	N	
C	C	D	T	M	I	D	N	I	G	H	T	U	C	S	
V	I	I	R	A	E	Y	W	E	N	V	A	M	H	H	
A	O	B	S	Z	E	U	W	S	X	F	C	P	V	I	
N	Z	F	P	A	H	J	A	G	L	M	C	G	P	U	
M	H	A	N	L	G	A	H	G	R	J	Q	D	O	Y	

BALLOONS

CONFETTI

MIDNIGHT

CALENDAR

COUNTDOWN

NEW YEAR

CELEBRATE

GOALS

NOISEMAKER

CHEERS

HAPPY

PARTY

CLOCK

JANUARY

RESOLUTION



NEW YEAR'S

WORD SCRAMBLE

KLCCO _____

ECERMEDB _____

ECSRHE _____

NMHIIIGTD _____

WIKEORRFS _____

APYTR _____

ONCWUODTN _____

RFIDNES _____

RCETBLAELINO _____

MNIOEKASRE _____

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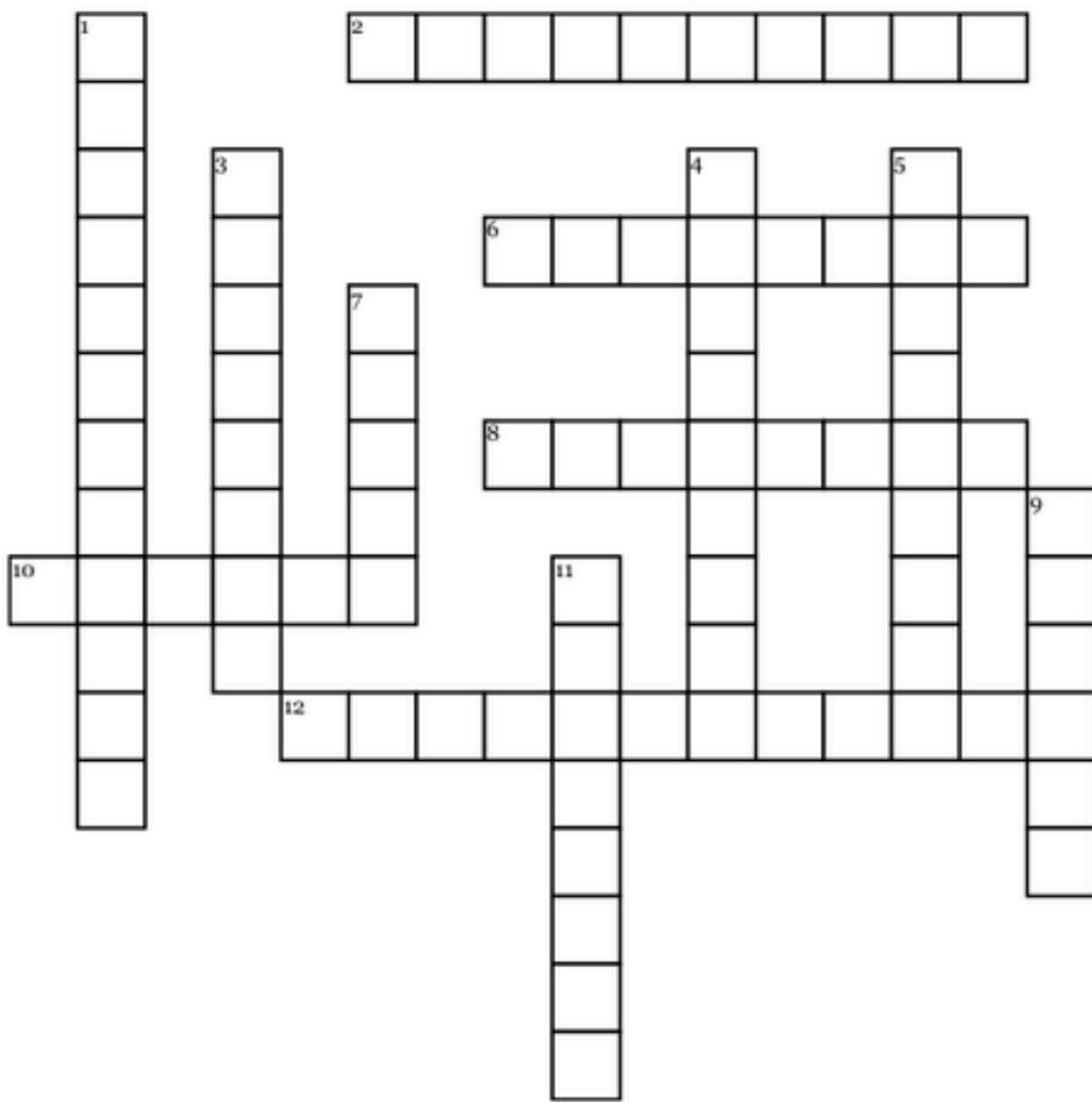
SEROULIONT _____

TCEONIFT _____

LCRDEANA _____

MFIAYL _____

New Year's Eve



Across

2. firm decision to do or not to do something
6. series of recollections
8. feeling or expressing overwhelming joyful excitement

10. lack of rest; feeling drowsy or
12. Popular song of New Years

Down

1. midnight
3. Final month of the year
4. right before midnight

5. activities or events celebrating a special occasion

7. social gathering of invited guests

9. good wishes before drinking

11. chart or series of pages showing the days, weeks and months

HAPPY CHINESE NEW YEAR

YEAR OF THE FIRE HORSE

THIS COMBINATION EMPHASIZES DYNAMISM, PASSION, INDEPENDENCE, AND A CALL FOR SIGNIFICANT CHANGE AND PROGRESS, ENCOURAGING CREATIVITY AND BREAKING FROM STAGNATION.

TRADITIONS

- FAMILIES CLEAN THEIR HOMES BEFORE THE NEW YEAR (BUT AVOID IT ON THE DAY ITSELF TO KEEP GOOD LUCK).
- DECORATING WITH RED LANTERNS, PAPER CUTTINGS, AND COUPLETS.
- ENJOYING FESTIVE FOODS, WATCHING LION DANCES, AND SPENDING TIME WITH FAMILY.