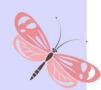


#### **In this Edition:**



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**Happy Mother's Day** 

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**Happy Memorial Day** 

**Fun & Games** 

**Stress Less Month** 



### ~ A Message from the ~ <u>Housing Community Leader</u>

May Day! May Day! Big News Ahead!

April was a beautiful month here at Arbor Terrace! We celebrated Easter and enjoyed two inspiring Sunday services led by Peace United Church of Christ. A big thank you to all our amazing vo

of Christ. A big thank you to all our amazing volunteers—you help make our community so special!

We also had a blast with some fun activities around the building, including terrarium-making, painting sessions, and a lively game of Texas Hold 'Em.

Now, as we jump into May, there's so much to look forward to! From May 12–16, we'll be celebrating Homes for the Aging Week—and this year, we're entering our Renaissance Era! Get ready for a week full of royal fun as we honor the incredible staff, residents, and families of Samaritan Bethany.

We're still collecting items for our upcoming Garage Sale, which helps raise funds for Arbor Terrace. If you have donations or would like to volunteer, let me know—we'd love your help!

Big news: we're stepping into the 21st century! Residents and families now have the option to make monthly payments online. Check out the info in your May bill for a quick guide on how to set up your account.

And don't forget—the 18th Annual Golf Classic is coming up! There's still time to register your foursome or join us just for the dinner reception. Head over to <a href="https://www.samaritanbethany.com">www.samaritanbethany.com</a> to sign up!

Sincerely,

Rachael Maxfield



Big thank you to everyone who have do accept. We do accept donated bird seed! We summer! donation all throughout the summer!



## TIONS AGGE APRIL 1ST - MAY 30

#### **WE ACCEPT**

- BOOKS
- PUZZLES & GAMES
- FURNITURE
- SMALL KITCHEN APPLIANCES
- KITCHEN ITEMS (DISHES, UTENSILS, POTS & PANS)
- HOME DECOR

- LAMPS
- ART/PICTURES
- CLOTHES (NOT STAINED OR DECORATIVE PILLOWS
- SHOES (GENTLY USED)
- BAGS & PURSES
- ELECTRONICS (HUMIDIFIER, FANS, GAMING)
- LINENS (TOWELS, SHEETS, BEDDING)
- OFFICE SUPPLIES
- HOLIDAY STUFF
  - JEWLERY
  - CRAFTING
  - KIDS TOYS, FRUNITURE & CLOTHING

ALL DONATIONS ARE GIVEN AT THE ARBOR TERRACE FRONT DESK AND MUST BE HANDED TO RECEPTIONIST!

DO NOT DROP DONATIONS WITHOUT STAFF TO ACCEPT.

- CLOTHES
- BOOKS
- FURNITURE
- KITCHEN ITEMS
- AND MORE!

#### FRIDAY

JUNE 6TH 9AM - 4PM SATURDAY

JUNE 7TH 9AM - 1PM

700 2ND AVE NW, ROCHESTER MN 55901

**GREAT DEALS FOR A GREAT CAUSE!** 

IF YOU WANT TO VOLUNTEER TO HELP AT THE SALE, PLEASE CONTACT RACHAEL



Samaritan & Bethany

mes for the Aging Week

A Tapestry of Life

Celebrating the residents who call this place home, the dedicated staff who work tirelessly, and the families and friends who support them.



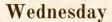
Tourism to the Renaissance Fair

Casual, sightseeing, elements of the fair



Craftsman, Merchants, and Maidens

Blacksmith, Farmers, Barmaid, Seamstresses



Your Kingdom's Color

5/14

Blue, Green, Red, Yellow, or Gray

Thursday

Nobility & Royal Kingdoms

5/15

Kings, Queens, Lords & Ladies

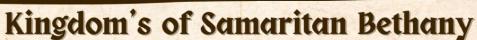
Friday 5/16

Jewels, Gems, Crowns, and Hats

Accessorize with fair ears, jewelry, hats, & purses







Blue - Assisted Living & Memory Care

Green - Independent Living

Red - CityView 3 & 4

Yellow - CityView 5

Silver - City View 6

#### Medieval Trivia Competition:

Questions are on
Channel 2 after 12:30pm
& 6:00pm program MonThu

All Questions will be rerun Friday morning @ 9:00am. Answer sheet given to your Kingdoms Governor to be returned by 12:30pm Friday.

<u>Victory to the kingdom with the highest score</u>: your scores will be determined based on participation in events, kingdom's dressing up, and winning medals in the week's activities!

















## **AMERICORP TERRARIUM PROJECT**



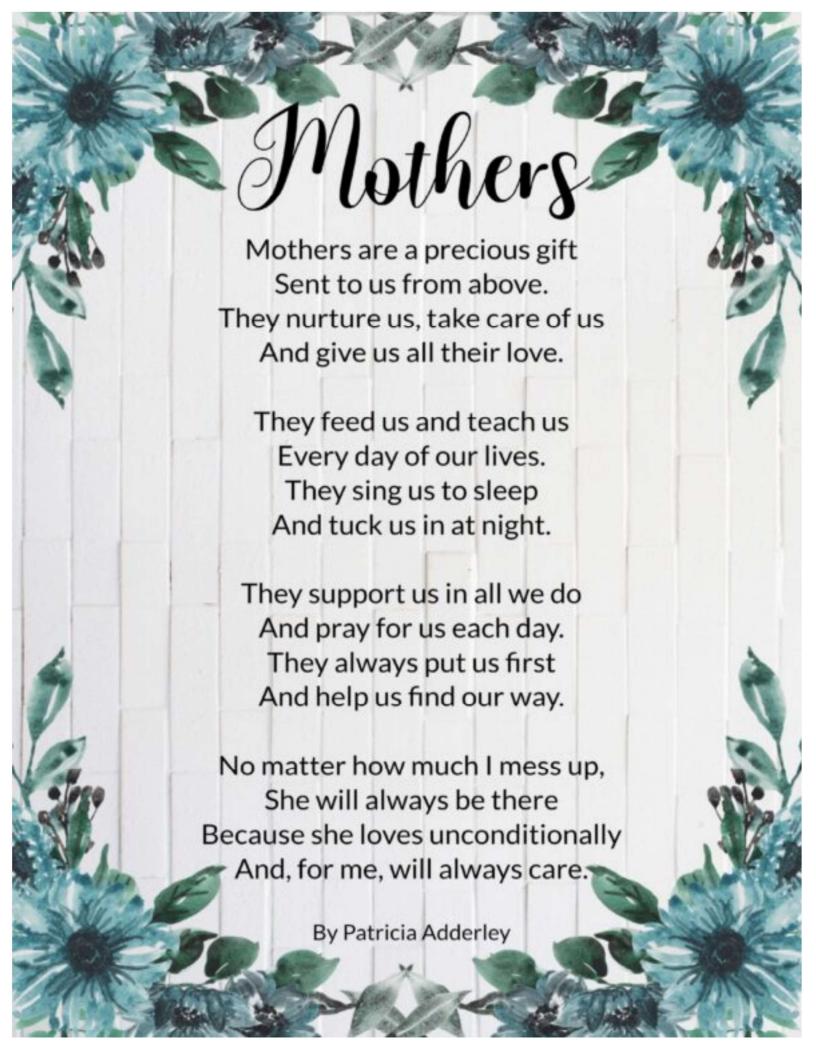












# Some Other Activity Highlights

#### Wednesday, May 7

Music: Dan Geiger (3:00 PM, Livingroom)

#### **Thursday, May 8**

Happy Hour Music: Steven Strange (2:30 PM) IL)

#### Friday, May 16

Music: Allen Carson (2:30 PM, IL)

#### Wednesday, May 21

Movie Matinee (2:15 PM, Chapel)

#### **Tuesday, May 27**

Heidi Hansin Karaoke (10:30 AM, Livingroom)

#### Wednesday, May 28

Monthly Birthday Party (1:00 PM, IL) CBB Jazz (3:00 PM, Livingroom)

# WE HONOR OUR FALLEN HEROES

A hero is someone who has given his or her life for something bigger than oneself

-Joseph Campbell



Z C R Р Ε Z Ε D C S M R W В S Ε O F R N В Υ A S M P R D Е R Т В U R R S Α C Х S M В F х Q т X Н E т G 0 S G D G В S Р z Q 0 Т X F N 0 o В N E S т Ε R Q F R Ε E W 0 E U Ε W R 0 M Υ S K R Υ 0 Α 0 В Ε 0

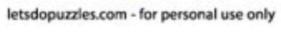
MUSIC FESTIVAL PUEBLA MARIACHI BURRITOS PINATA
FIESTA
MEXICO
CELEBRATION
PARADE

SOMBRERO
AMIGO
TACOS
MAY
MAYO

HOLIDAY VICTORY MARACAS PRIDE FOOD









#### **WORD SCRAMBLE**

1.	SFOEWRL
	MHORET
	UALFIEBTU
	SISSEK
	SUHG
	RAAIIOPEPNTC
	ECRDNIHL
	LAMYFI
	AGNCIR
0.	LOHIDAY
11.	ANPTRE
2.	EATELRBEC
3.	RTUEURN
	FRUETGAL
	PCSIAFI

# STRESS LESS MENTAL HEALTH AWARENESS MONTH

During the month of May, we encourage staff and residents to stress less and engage in some relaxing activities.

May  $19^{th} - 30^{th}$ 

Located at the Home on Eighth by the indoor tree/courtyard entrance and Arbor Terrace main floor.

Paint a rock to decorate outside around Samaritan Bethany, these always brighten someone's day when on a walk!

Stop by during your break!

Coloring can ease the mind and stimulate creativity. We will work to get a jumbo coloring piece done together!

Be creative!

Are you a master puzzler?

Come together to complete a relaxing puzzle!

Samaritan 🗈 Bethany