

The background is a warm, golden-yellow gradient with a bokeh effect of soft, out-of-focus light circles. Scattered throughout are various maple leaves in shades of orange, yellow, and red. Some leaves are floating in the air, while others are piled up at the bottom of the frame.

ARBOR TERRACE *Newsletter*

Falling Into
September
Bliss!

IN THIS EDITION:

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COMMUNITY LEADER

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JAZZY AFTERNOON

MEET GRACE

LOOK BACK AT AUGUST

GAMES & ACTIVITIES

SEPTEMBER FOOTBALL LINE UP



- A Message from the - Housing Community Leader

Hello Arbor Terrace Friends!



The first day of autumn arrives on September 22nd, and with it comes all the cozy joys of the season—pumpkin spice, sweater weather, and the perfect excuse to curl up with a good book.

Football season is also here, with the Minnesota Vikings kicking off on September 8th. We're especially excited to welcome home Adam Thielen as he returns to the field alongside our new QB, JJ McCarthy.

Looking back at August, we had a wonderful time at our Annual Family Picnic, with over 200 guests in attendance! Even though the rain made an appearance, we made the best of it and enjoyed great food, laughter, and memories together. A big thank-you goes out to everyone who supported our basket raffle fundraiser—we're thrilled to share that over 3,000 raffle tickets were sold!

As September unfolds, we're turning our attention to supporting our Samaritan Bethany staff and their families. September is Food Safety Month, and we're replenishing our community food pantry. Donations of non-perishable food items are welcomed at our front desks.

The best is yet to come this fall, and we look forward to enjoying the season together with all the warmth and spirit of our community.

Looking ahead October 4th is the Walk to End Alzheimer's if you would like to join our walk team please let Rachael or Janet know!



ALZHEIMER'S BASKET RAFFLE WINNERS

**TICKLED PINK
HEATHER GILLUND**

**BENJAMIN \$100
KARI CUMMINGS**

**DOGGY BAG
SUE SCHINKE**

**VIKINGS
VALERIE AUSTIN**

**FOR THE MAN
JILL OFTEDAHL**

**FOR THE ENEMY
KEN RANDALL**

**GRILLING SEASON
STACEY ZELL**

**POKER NIGHT
JEFF EK**

**BOOK LOVERS
SARAH OSWALD**

**SERENITY & SASS COLORING
JUSTINA NAYLOR**

**CAFFEINE PLEASE
GLENNA KALAHAR**

**RELAX & UNWIND
MICHELLE TELLIER**

**THE BIG SCOOP
BETTE CARSON**

**SERENITY SET
SHANNON SVENDSEN**

**BAKING BASKET
JOAN WIEBOLD**

**TAKE IT EASY
PHYLLIS JACOBS**

**THANK YOU EVERYONE FOR YOUR SUPPOT WE RAISED
\$2,170 THROUGHT THE BASKET RAFFLE FOR THE
WALK TO END ALZHEIMER'S**



ACTIVITY HIGHLIGHTS

9/3 12:30PM

ALZ BASKET RAFFLE DRAWING
(SB LIVINGROOM)

9/10

9:00AM WOMEN'S BREAKFAST
(CHAPEL)

1:00PM NEW JAZZ MUSICIAN!
NINY SALEM (SB LIVINGROOM)

9/11 10:30AM

"WE REMEMBER"
9/11 REMEMBRANCE CEREMONY
(CHAPEL)

9/22 2:30PM

ICE CREAM SOCIAL (IL)

9/23 1:30PM

SING-A-LONG W/ BETHEL LUTHERAN
(CHAPEL)

9/24 1:00PM

MONTHLY BIRTHDAY PARTY (IL)

9/26 9:00AM

MEN'S BREAKFAST (CHAPEL)

9/29 1:30PM

TEXAS HOLD 'EM (CHAPEL)

9/30 11:00AM

HUNAN GARDEN LUNCH BUNCH OUTING

SEPTEMBER IS NATIONAL FOOD SAFETY MONTH!

You can make a real difference by donating nonperishables like canned goods, cereal, and freezer meals, or by giving a monetary contribution to help us keep the shelves full.

Donations are being accepted at the front desks, making it easy to drop off and share your support.

Every single item and dollar goes directly to stocking the shelves and ensuring that those in need have access to nutritious meals.



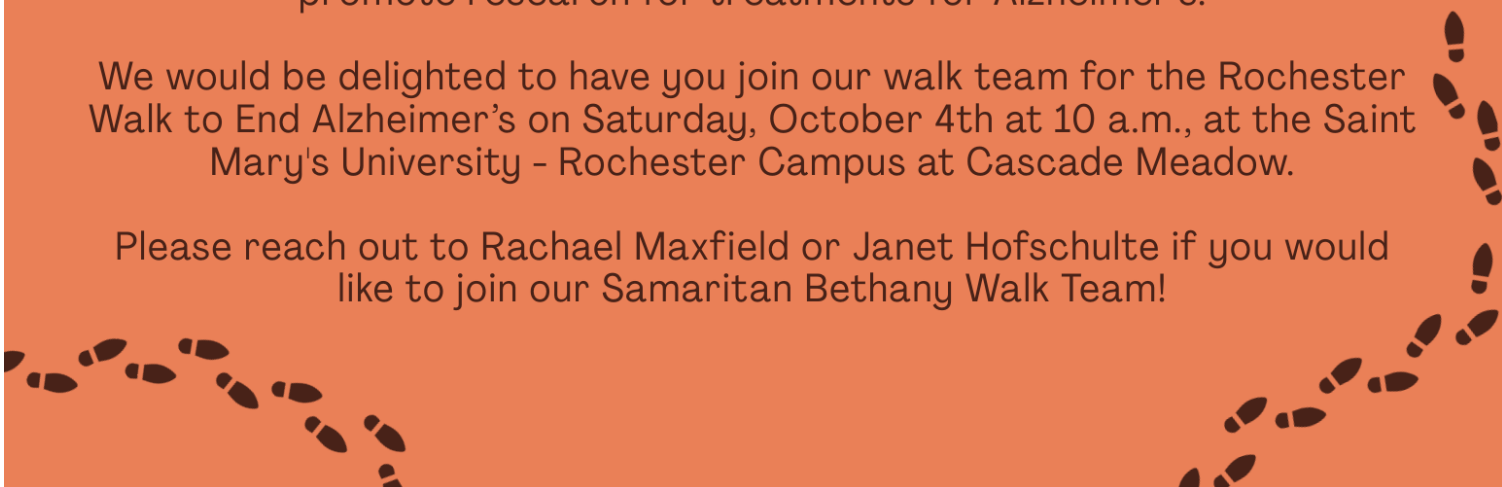
WALK TO END ALZHIEMER'S

We have exceeded our goal of \$1,750 by a significant margin, and we are thrilled to announce that we have raised \$2,429.25!

Samaritan Bethany will be forming a walk team and contributing our fundraising efforts to support the Walk to End Alzheimer's. We are incredibly thankful for everyone's support in this vital cause, helping to promote research for treatments for Alzheimer's.

We would be delighted to have you join our walk team for the Rochester Walk to End Alzheimer's on Saturday, October 4th at 10 a.m., at the Saint Mary's University - Rochester Campus at Cascade Meadow.

Please reach out to Rachael Maxfield or Janet Hofschulte if you would like to join our Samaritan Bethany Walk Team!



MUSIC NEWS

Swing into the afternoon with



JAZZ!

Wednesday, September 10, 2025 | 1:00pm

Samaritan Bethany Livingroom

Featuring the Enchanting Sounds of Niny Salem

Salem is a seasoned jazz performer, known for her soulful interpretations of classic from the Great American Songbook. A Southeast Asian immigrant who has lived on three continents, she blends personal stories with musical history. All in attendance will have a fun time singing along and listening to stories about the music they've grown to know and love.

Salem accompanies herself with backing tracks, which allows her to explore a variety of genres beyond jazz, offering a dynamic and versatile show. With a mix of familiar tunes and unexpected surprises, her performances often include sing-alongs, inviting the audience to connect with the music, celebrate its timeless legacy, and share in the joy of live performance.

AN UNFORGETTABLE AFTERNOON OF MUSIC & MERRIMENT!



Meet Grace

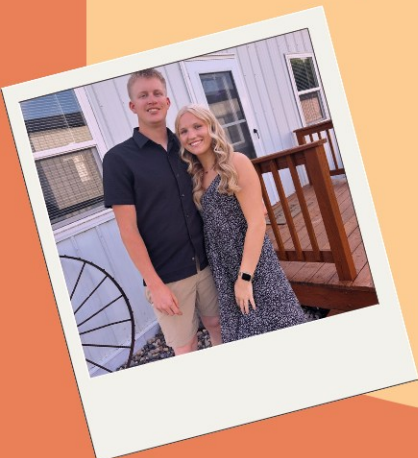
Administrative Intern

Hi everyone! My name is Grace, and I'm so excited to be here at Samaritan Bethany as I finish my senior year in the Health Care Administration program at UW-Eau Claire. I grew up in Caledonia, Minnesota, a small town in the southeast corner of the state, and it's where I first developed my interest in working with older adults.

I've already felt so welcomed since starting here, and I'm really looking forward to getting to know residents, families, and staff throughout the year. I chose this field because of my past experiences working in long-term care as both a dietary aide and a caregiver. I loved the environment, the connections I was able to build, and the chance to work with such wonderful people, which made me realize this is the field I want to grow in.

During the first few months of my internship, I have been spending time in rotations, learning about each department and the important role every single person plays in making Samaritan Bethany such a great place. For the rest of the year, I'll be working on leadership projects, many of which focus on quality improvement, to help support the work that's already being done here.

I hope to continue learning from all of you, not just about health care, but also about the stories, experiences, and wisdom that make Samaritan Bethany such a special place. If you see me be sure to say hello!



AUGUST





AUTUMN



Q L W E J M E D I R Y A H K Z B N U T C V P
H N P G I B T S C U E T S O R F D R O S A M
R B S A Z D E P Q N J W I V G X T L E K F H
Y Q U I L T K J F U B H O A E C O L Q D B S
A K X L C V N R E D I P S L M R B H U Z I F
V W D O E J A P B G Z R Q H F A S M I T Y C
M O G F T W L E V S N B R U T N I A N P H Q
X R V R A K B Z J C H I L E P B U F O G W N
T C E J R H S A U Q S Y G W L K O S X H D M
D E H A G L I U M T F E B N O S R N E J P U
S R J C I Q P N O H V L U C A D M E F O K T
G A F K M J D L T U C S E O N H L P B I X U
U C R E T A E W S P D F M Z I B C O H N R A
J S M T P N F C Z R O I W Y A Q H D I L U E
I D Y U N S E V A E L Z C R H P O K M Q S B
B Z R A K E Q H D M X N R E S J P I C E T O
E I L S H Y C B G U K O P T D M F L A R L Z
P F R Q Y R O T X Z W J N B U L A S E M I D
W X B D O J H A R V E S T P C I O Q Y S N L
L H Z M S I J F W O R C A Q Y N K B P U G X

apples

autumn

birds

blanket

bonfire

changing

cider

colorful

cozy

crow

deciduous

equinox

flannel

foliage

frost

harvest

hayride

jacket

leaves

migrate

orchards

pumpkin

quilt

rake

rustling

scarecrow

season

spider

squash

squirrel

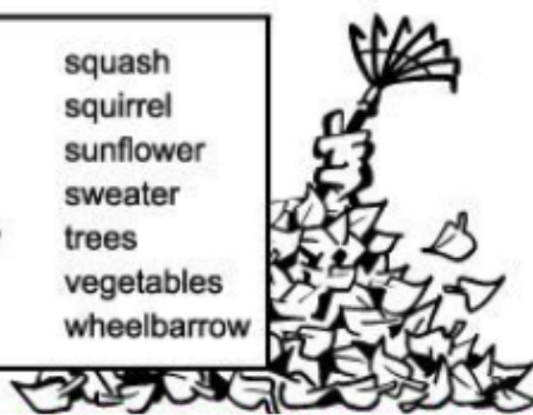
sunflower

sweater

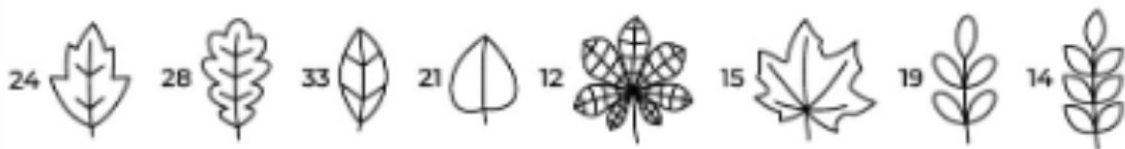
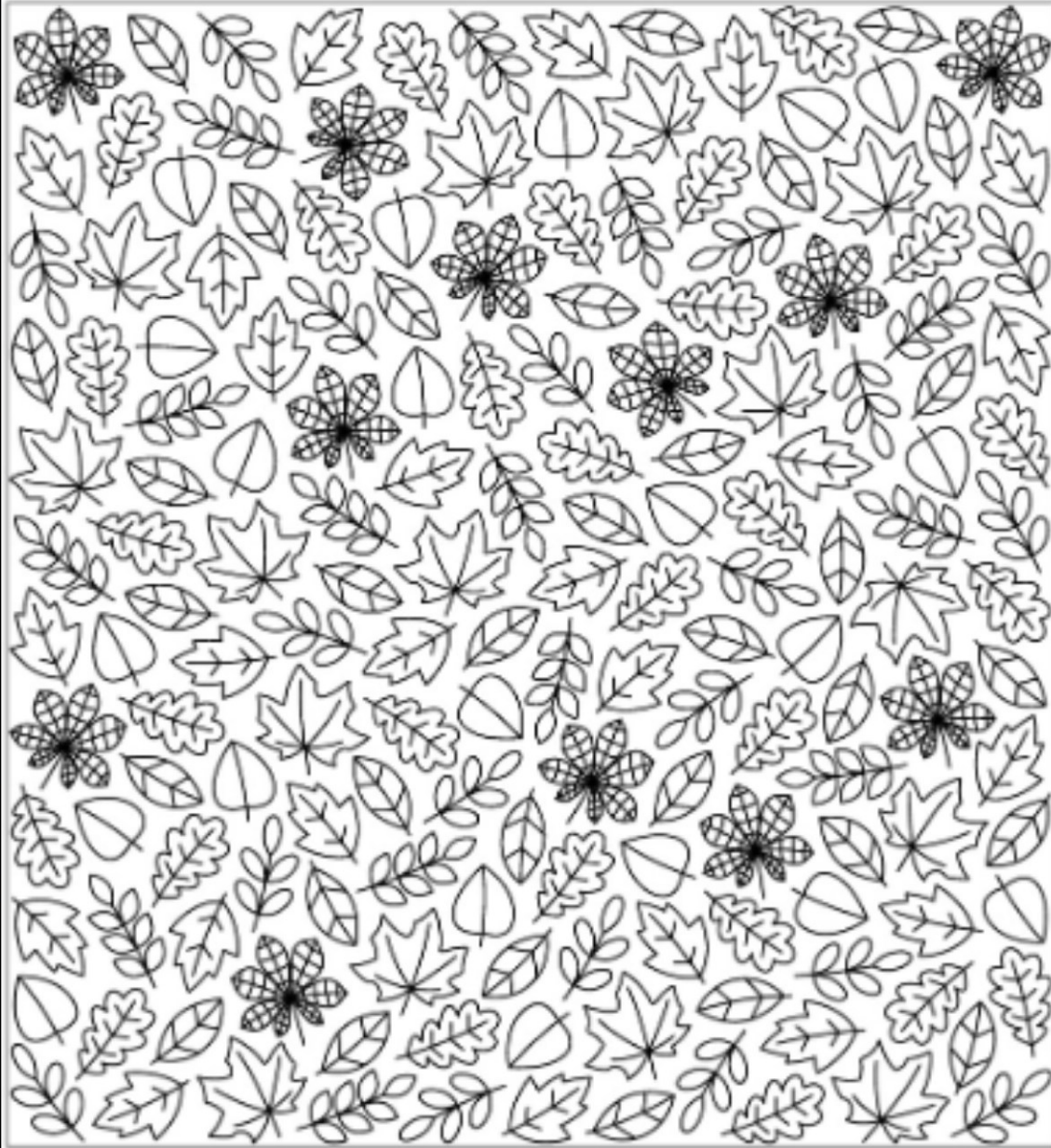
trees

vegetables

wheelbarrow



I SPY FALL LEAVES



FALL

WORD SCRAMBLE

PREMBESET _____

EPALP _____

YHCATSKA _____

ERBOMENV _____

AROCN _____

CUSENTHT _____

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EHTVSAR _____

KTAECJ _____

OEBCTOR _____

LAFL _____

RSAEETW _____

NMPUIKP _____

TULIQ _____

SEALEV _____

Minnesota Vikings September Line-up

9/8 Monday Night

7:15pm

Broadcasted on ABC

Vikings AWAY against the Bears

9/14 Sunday Night

7:20pm

Broadcasted on NBC

Vikings HOME against the Falcons

9/21 Sunday Noon

12:00pm

Broadcasted on CBS

Vikings HOME against the Bengals



SKOL

