



# *Arbor Terrace Newsletter*

September 2026



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# ~ A Message from the ~ Housing Community Leader

It's hard to believe summer is already winding down, but we certainly made the most of it! We had such a wonderful time at our Annual Arbor Terrace Family Picnic. There's nothing better than seeing residents, families, and staff come together to enjoy good food, plenty of laughs, and quality time with one another. Thank you to everyone who joined us and helped make the evening so special!

We're keeping the fun going this month with our Labor Day Garage Sale! A HUGE thank you to everyone who generously donated items to help make the sale possible. Every treasure that finds a new home will help support our Resident Fun Fund!

September is also an extra meaningful month as Samaritan Bethany team gets ready to participate in the Walk to End Alzheimer's on September 26th! We are incredibly grateful for the support we received through our raffle and T-shirt sales. Together, we raised more than \$1,800 for the Alzheimer's Association! We can't wait to proudly wear our shirts, walk together, and support a cause that is so close to the hearts of our residents, families, and team members. 💜

Of course, September also means one very important thing in Minnesota... VIKINGS FOOTBALL IS BACK! 💜🏈 Our team is ready to cheer on the Vikings for the season opener on September 13th. And whatever you do, don't tell Marciela—our Packers superfan—but we have a feeling those cheeseheads are going down this year! 😊🧀 SKOL!

Finally, as we head into fall, we're already starting to gear up for the busy holiday season ahead. With more gatherings around the corner, this is a great time to remember the basics: good hand hygiene, covering coughs and sneezes, and staying home or in your apartment when you aren't feeling well. If you receive your seasonal vaccinations outside of Arbor Terrace, please remember to let our nursing team know so we can keep your records up to date!

HAPPY SEPTEMBER!

*Rachael Maxfield*





# UPCOMING EVENTS

**THURS  
3RD**

**2:30pm  
IL DINING  
ROOM**

***NEW MUSIC DURING HAPPY HOUR!***  
*12 MILES FROM IOWA*

**TUES  
8TH**

**11:00AM  
DEPARTURE**

***LUNCH BUNCH OUTING***  
*NEWT'S SOUTH*  
*SIGN UP SHEET IN LOBBY*

**WED  
9TH**

**9:00AM  
CHAPEL**

***WOMEN'S BREAKFAST***  
*GOOD FOOD. EVEN BETTER FELLOWSHIP.*

**SAT  
12TH**

**2:30PM  
IL DINING  
ROOM**

***NEW WEEKEND MUSIC!***  
*RANDY LAVOY*

**MON  
14TH**

**2:00PM  
IL DINING  
ROOM**

***BIRTHDAY PARTY!***  
*JOIN US TO CELEBRATE SEPTEMBER BIRTHDAYS*

**SAT  
19TH**

**1:30PM  
CHAPEL**

***MOVIE MATINEE***  
*THE BEST EXOTIC MARIGOLD HOTEL*

**MON  
21ST**

**2:00PM  
IL DINING  
ROOM**

***ICE CREAM SOCIAL***  
*JOIN US FOR A SWEET AFTERNOON TREAT!*

**FRI  
25TH**

**9:00AM  
CHAPEL**

***MEN'S BREAKFAST***  
*GOOD EATS TO START YOUR WEEKEND!*

**MON  
28TH**

**2:00PM  
COURTYARD**

***WARM SLICES & COZY SIPS***  
*THIS EVENT IS IN CONJUNCTION WITH THE HOME ON 8<sup>TH</sup>*  
*JOIN US TO EXPERIENCE FALL FLAVORS!*



# NEW MERCIES EVERY MORNING

September is a time of change. We see leaves changing, the days becoming a little shorter, and the familiar rhythm of summer giving way to a new season. Change is a natural part of life, and we can be thankful that God's mercy never changes.

Years ago, I used to send out an email called "Word for the Day." One day, the Word was from Lamentations 3:22–23: "The steadfast love of the LORD never ceases; His mercies never come to an end; they are new every morning; great is Your faithfulness."

I remember someone responding with a comment that has stayed with me through the years: "I'm glad God's mercies never run out because I'm sure that I use up my daily allotment by about noon!" I had to smile. Perhaps we can all relate.

Some days we get impatient. Some days we say something we wish we hadn't said. Sometimes we worry too much, complain too quickly, or simply fall short of being the person we want to be. And then there are the things we carry from yesterday—mistakes, regrets, disappointments, or things we wish we could do over.

But Scripture gives us wonderful news: God's mercy does not run out. We don't have to make yesterday's supply of mercy last forever. We don't have to save enough grace to get us through the rest of the week. Every morning, God meets us again with fresh mercy. What a beautiful promise for a new season!

So as we begin this September, may you let go of yesterday's regrets and not worry about having enough strength, patience, or grace for everything that lies ahead, because we can trust God to provide what we need—one day at a time.

And if, by noon, you discover that you've already used up your daily allotment of mercy, you can smile and remember: tomorrow morning, there will be a new supply. His mercies never come to an end. They are new every morning. Great is His faithfulness.

What a wonderful way to begin a new day—and a new season.'

Blessings,

*Chaplain Darin*





*Samaritan*  *Bethany*

ARBOR TERRACE

# GARAGE SALE

**ALL PROCEEDS GO  
TOWARDS THE  
RESIDENT FUN  
FUND!**

- CLOTHES
- BOOKS
- FURNITURE
- KITCHEN ITEMS
- HOME DECOR
- AND MORE!

VOTING BALLOTS  
WILL BE DELIVERED  
TO THE RESIDENTS  
MAILBOXES FOR  
WHAT TO SPEND THE  
PROCEEDS ON!



FRIDAY

SEPTEMBER 4<sup>TH</sup> 9 AM - 3 PM

SATURDAY

SEPTEMBER 5<sup>TH</sup> 9 AM - 1 PM

700 2ND AVE NW, ROCHESTER MN 55901

GREAT DEALS FOR A GREAT CAUSE!

# COMING SOON

 TELL  
YOUR  
FRIENDS!



HERITAGE  
ASSISTED LIVING



13 NEW  
ROOMS!



# New Neighborhood **NEW TECHNOLOGY** Designed for better living



Samaritan Bethany has been partnering with Hope Technologies to introduce a new technological smart board called a WonderWall. This is a tool to benefit those living with dementia for reminders, cuing, reminiscing and more. This wall has features like music therapy, video calls with family, & today's schedule of events. All the settings, pictures, and preferences can be controlled individually for each resident by family or caregivers through their App. We are excited to have one of these rooms available in the new Heritage Assisted Living!

**POWERS**  
FOR  
**MAYOR**

★ ROCHESTER, MN ★



# Open Forum

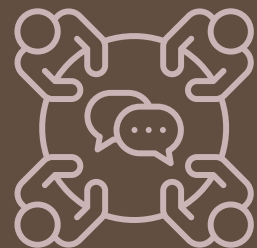
## Meet and Greet with Joe Powers

Wednesday September 9<sup>th</sup>, 2026

1pm

In the Chapel

Joe will be here to introduce himself and answer questions you may have about his priorities and initiatives if he becomes the next Mayor of Rochester.



Bring a question, do some research or simply come to listen





MINNESOTA VIKINGS

# 2026 SEASON SCHEDULE

## PRESEASON

| WEEK | DAY      | DATE           | OPPONENT                | TIME (CT)   | TV           | RADIO            |
|------|----------|----------------|-------------------------|-------------|--------------|------------------|
| P1   | SATURDAY | AUG. 15        | AT NEW YORK GIANTS      | NOON        | FOX 9        | KFAN/KTLK        |
| P2   | SATURDAY | <b>AUG. 22</b> | <b>BALTIMORE RAVENS</b> | <b>NOON</b> | <b>FOX 9</b> | <b>KFAN/KTLK</b> |
| P3   | TBD      | AUG. 27-30     | AT DENVER BRONCOS       | TBD         | FOX 9        | KFAN/KTLK        |

## REGULAR SEASON

| WEEK | DAY      | DATE           | OPPONENT                                 | TIME (CT)        | TV          | RADIO            |
|------|----------|----------------|------------------------------------------|------------------|-------------|------------------|
| 1    | SUNDAY   | SEPT. 13       | GREEN BAY PACKERS                        | 3:25 P.M.        | CBS         | KFAN/KTLK        |
| 2    | SUNDAY   | SEPT. 20       | AT CHICAGO BEARS                         | NOON             | FOX         | KFAN/KTLK        |
| 3    | SUNDAY   | SEPT. 27       | AT TAMPA BAY BUCCAENERS                  | 3:05 P.M.        | FOX         | KFAN/KTLK        |
| 4    | SUNDAY   | <b>OCT. 4</b>  | <b>MIAMI DOLPHINS</b>                    | <b>3:05 P.M.</b> | <b>FOX</b>  | <b>KFAN/KTLK</b> |
| 5    | SUNDAY   | OCT. 11        | AT NEW ORLEANS SAINTS                    | NOON             | FOX         | KFAN/KTLK        |
| 6    |          |                | BYE                                      |                  |             |                  |
| 7    | SUNDAY   | <b>OCT. 25</b> | <b>INDIANAPOLIS COLTS</b>                | <b>NOON</b>      | <b>CBS</b>  | <b>KFAN/KTLK</b> |
| 8    | SUNDAY   | NOV. 1         | AT DETROIT LIONS                         | NOON             | FOX         | KFAN/KTLK        |
| 9    | MONDAY   | <b>NOV. 9</b>  | <b>BUFFALO BILLS</b>                     | <b>7:15 P.M.</b> | <b>ESPN</b> | <b>KFAN/KTLK</b> |
| 10   | SUNDAY   | NOV. 15        | AT GREEN BAY PACKERS                     | NOON             | FOX         | KFAN/KTLK        |
| 11   | SUNDAY   | NOV. 22        | VS. SAN FRANCISCO 49ERS<br>(MEXICO CITY) | 7:20 P.M.        | NBC         | KFAN/KTLK        |
| 12   | SUNDAY   | <b>NOV. 29</b> | <b>ATLANTA FALCONS</b>                   | <b>NOON</b>      | <b>FOX</b>  | <b>KFAN/KTLK</b> |
| 13   | SUNDAY   | <b>DEC. 6</b>  | <b>CAROLINA PANTHERS</b>                 | <b>3:25 P.M.</b> | <b>CBS</b>  | <b>KFAN/KTLK</b> |
| 14   | THURSDAY | DEC. 10        | AT NEW ENGLAND PATRIOTS                  | 7:20 P.M.        | PRIME       | KFAN/KTLK        |
| 15   | SUNDAY   | <b>DEC. 20</b> | <b>DETROIT LIONS</b>                     | <b>7:20 P.M.</b> | <b>NBC</b>  | <b>KFAN/KTLK</b> |
| 16   | TBD      | TBD            | WASHINGTON COMMANDERS                    | TBD              | TBD         | KFAN/KTLK        |
| 17   | SUNDAY   | JAN. 3         | AT NEW YORK JETS                         | NOON             | CBS         | KFAN/KTLK        |
| 18   | TBD      | TBD            | CHICAGO BEARS                            | TBD              | TBD         | KFAN/KTLK        |

Vikings home games in bold // Select game times subject to change due to flexible scheduling

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# September

## Word Search



September's here, and so is a word search packed with seasonal fun! Can you find all the hidden words scattered in every direction—forward, backward, up, down, and diagonal? Circle each word as you find it and cross it off the list.

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| K | J | L | L | A | B | T | O | O | F | S | E | Q | U | I | N | O | X |
| S | X | G | H | A | Y | R | I | D | E | D | R | F | R | Q | D | P | M |
| P | E | Q | S | C | H | O | O | L | S | N | I | K | P | M | U | P | V |
| T | L | P | G | L | X | F | P | B | J | R | F | G | W | C | T | Q | M |
| K | E | S | T | C | A | P | L | T | A | O | W | O | R | P | M | I | Q |
| M | A | D | D | E | A | B | N | T | L | C | R | K | S | W | G | L | S |
| K | V | R | R | R | M | L | O | I | K | C | K | I | M | R | W | J | Q |
| S | E | A | C | E | F | B | A | R | E | N | R | P | A | Z | N | B | U |
| N | S | H | K | Q | L | G | E | R | D | C | W | T | A | B | F | O | I |
| R | F | C | N | F | E | O | A | R | N | A | I | N | R | C | T | N | R |
| O | A | R | R | S | A | C | O | T | N | O | Y | E | B | X | K | F | R |
| C | R | O | E | E | S | L | Q | C | N | X | E | Z | T | J | T | I | E |
| A | M | N | T | P | C | M | L | H | K | Z | V | S | R | K | J | R | L |
| M | E | N | A | A | D | E | P | I | Y | W | E | M | D | R | C | E | N |
| N | R | R | E | R | N | P | K | K | N | V | M | J | P | R | B | Q | Y |
| K | S | O | W | G | T | Q | D | A | R | G | C | B | Y | Q | U | M | B |
| H | T | C | S | R | F | L | Q | A | R | A | U | T | U | M | N | O | H |
| K | R | K | T | R | T | M | H | F | R | E | D | I | C | T | T | G | G |

ACORNS

APPLES

AUTUMN

BACKPACK

BONFIRE

BREEZY

CIDER

COOLER

CORN

CRISP

EQUINOX

FALLING

FARMERS

FOLIAGE

FOOTBALL

GOURDS

GRAPES

HARVEST

HAYRIDE

LABOR DAY

LEAVES

MIGRATION

ORCHARDS

PUMPKINS

RAKE

SCARECROW

SCHOOL

SEPTEMBER

SQUIRREL

SWEATER

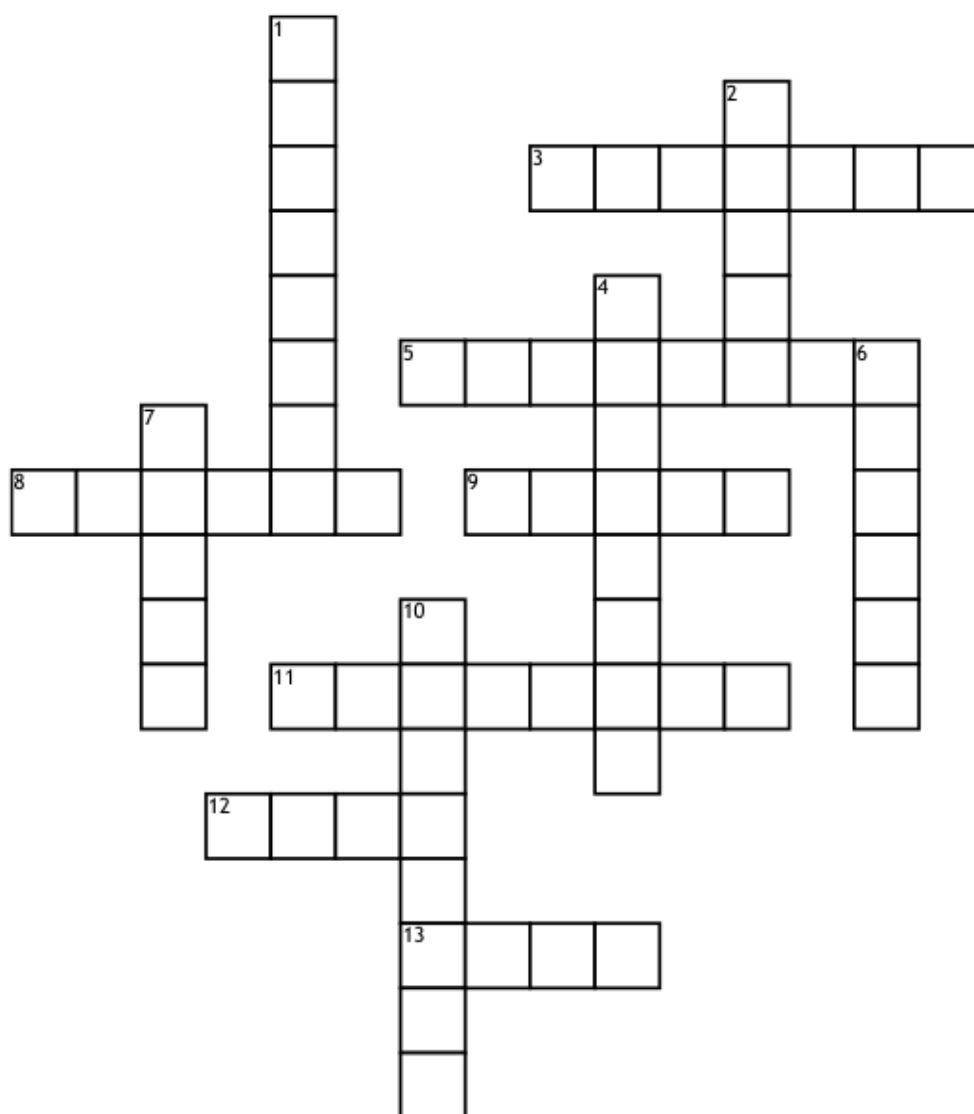




Name: \_\_\_\_\_

Date: \_\_\_\_\_

# September



## Across

3. Vegetable you can carve  
5. something people wear during autumn  
8. a little cold  
9. fruit of the oak tree

11. popular fall sport

12. Use one of these to tidy up fallen leaves

13. the way trees look during autumn

## Down

1. a small rodent  
2. a crisp red fruit

4. the first monday in september

6. where do children go in the fall?

7. a drink you can make from apples

10. another autumn month

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# September

## Word Scramble



September has brought a bit of chaos to these words! Can you help sort things out by unscrambling the letters and filling in the blanks with September-related terms? Give it a try and see what you can uncover!

munuta

\_\_\_\_\_

clsoho

\_\_\_\_\_

selvae

\_\_\_\_\_

taervsh

\_\_\_\_\_

epaslp

\_\_\_\_\_

uimkpn

\_\_\_\_\_

eroocl

\_\_\_\_\_

cakbpac

\_\_\_\_\_

cirsp

\_\_\_\_\_

eesmtrbp

\_\_\_\_\_

crhorad

\_\_\_\_\_

jeatk

\_\_\_\_\_

iedlf

\_\_\_\_\_

ntoebko

\_\_\_\_\_

ceraht

\_\_\_\_\_

asertew

\_\_\_\_\_

niuqoxe

\_\_\_\_\_

loalbt

\_\_\_\_\_

eakr

\_\_\_\_\_

smum

\_\_\_\_\_

esaasnlo

\_\_\_\_\_

sdihloay

\_\_\_\_\_

csasl

\_\_\_\_\_

socnra

\_\_\_\_\_