

COVID-19 UPDATE

HANDS and FACE

- Wash your hands often, with soap and water. Wash for at least 20 seconds.
- Always wash your hands after being in a public place.
- Always wash your hands after blowing your nose, coughing, or sneezing.
- If soap and water are not available, use hand sanitizer that is at least 60% alcohol.
- Use hand sanitizers on the hands only. Never use them on larger body surfaces, and never swallow or breathe them in.
- Do not make hand sanitizers into something you can spray into the air. This is dangerous to your health and can catch fire.

MASKS

As of July 25, 2020, per the Governor's Executive Order, people in Minnesota will be required to wear a face covering in all indoor businesses and public indoor spaces, unless you are alone. Face coverings, often called masks, can help stop your germs from infecting others. Research has shown that wearing masks reduces the risk of infection, especially when combined with other prevention efforts such as washing your hands often and staying 6 feet away from others.

Source: Minnesota Department of Health
<https://www.health.state.mn.us/diseases/coronavirus/prevention.html#slow>

of Positive Cases at Arbor Terrace

# of Staff	3
# of Residents	0

We recently had another staff member test positive but did not come in contact with any residents or other staff members during the infectious period. MDH is aware and we are monitoring closely for any signs & symptoms daily for residents and staff.

COVID-19 continues to spread in the community and we are taking every precaution recommended by MDH and the CDC. Please remember to be cautious of where you travel to and always per-



Communication is key. We will continue to update you on any news, emerging issues, or additional changes in our operations via phone, email, or mail. We also have a new link on <https://www.samaritanbethany.com/> Home Page for COVID updates, just click the yellow **Learn More** button. If you have issues or concerns, please let us know or you can also call the Office of Ombudsman for Long-Term Care at 800-657-3591.

ESSENTIAL CAREGIVER UPDATE

IMPORTANT INFORMATION | PLEASE READ

If you want to be an Essential Caregiver (EC) at Arbor Terrace for a resident we need you to submit an application. When we receive your application our team will review the request and approve or deny based on the need and criteria from Minnesota Department of Health.

Please make sure you read the agreement on the link below so you understand the expectations and know what our guidelines are.

Go to this web link to submit your application:

<https://congregatecare.na.rapidbiz.com/cloud/login.do?mode=loadLoginScreen&appId=7&orgId=22&z99=2F0WoDkrKtYQM33F1SMP5BRmgoCD4QQb>

If you are approved you will receive an email which contains a 4 digit pin number and a new link that will allow you to reserve a time slot.

Our first day for Essential Caregivers to enter the facility will be on September 8th, 2020.

- For each resident a caregiver is allowed 2 scheduled days per week. If there are multiple caregivers they must alternate weeks.
- A reservation for a timeslot must be made 48 hours in advance. We will not accept same day make up times if you miss your reservation.
- We are starting the schedule with 3 hour blocks morning, afternoon, and evening in each neighborhood. Arbor Terrace is starting slow to test the process and will consider opening the schedule up to weekends and later evening shifts if all guidelines are followed.
- All Essential Caregivers must wear a face mask and eye protection. You must provide your own PPE.

We are **NOT** opening the building up to visitors indoors!

Contact Shane Hoffman for outdoor visits, window visits, and video calls. Please remember to keep the outdoor visits to a reasonable time frame and try not to exceed 3-4 people at these visits.